

SUCCESS COACHING

For Pittsburgh Promise Students

Sarah is a Success Coach to support Pittsburgh Promise students at Carlow in meeting their goals. Sarah can help you explore your strengths and challenges to become an effective, successful student and can assist you with:

- + Improving study and test-taking strategies
- + Alleviating obstacles to your academic success
- + Setting and meeting your goals
- + Developing time-management and organization skills
- + Self-advocacy
- + Using effective learning strategies specific to your needs
- + Referring you to additional support services/campus resources as needed
- + Ask Sarah about benefits Carlow offers for Pittsburgh Promise students—including incentives for meetings, attending programs and paid internships.



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Schedule an appointment
carlow.mywconline.com

Scan this code to schedule an appointment from your smart phone