

# CARLOW

UNIVERSITY  
MAGAZINE



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SUMMER 2018





**CARLOW**  
VOLLEYBALL

  
**CARLOW**  
VOLLEYBALL



# Letter from the President

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Dear Friends,

Carlow University has a long tradition of innovation; we were the first educators of Catholic women in Pittsburgh, we lead in our support of diversity and inclusion, and today we are using leading edge technology and progressive educational tools to create innovative programs for today's students.

Higher education and the Greater Pittsburgh Region are experiencing a period of rapid change and growth resulting in new and evolving needs of the regional workforce. This presents an opportunity for those institutions of higher education who can be highly responsive. Because Carlow has always been nimble and innovative, we are able to adapt our programs or build new ones and quickly deliver them in formats that allow students a variety of options. We are confident that this will prove to have a meaningful impact on the region because our career outcomes, at 99% of job-seeking graduates having jobs, coupled with the high percentage of our graduates who remain in Pittsburgh, guarantee it.

So it is with pride that we are launching a new College of Professional Studies, Carlow's answer to the critical needs of the business community and adult and graduate students. This new college has two important missions: (1) to provide adult students with easily accessible programs to upskill or complete a degree, (2) to provide a complement of programs that funnel students to the workforce with the skills, soft and hard, that are needed, when they are needed.

Leading the College of Professional Studies as dean is Jim Ice, EdD, who comes to Carlow after a long career in the corporate sector. In addition, we are celebrating the arrival of a new Provost and Vice President for Academic Affairs, Sibdas Ghosh, PhD, who begins his tenure at Carlow July 1 and comes to Carlow with an established record of accomplishment in research, innovation, and leadership. Together with The Hub for Workforce Development and Innovation, and new academic program development underway, we are moving the university forward.

There are many other exciting things happening on campus, but two of the most visible are the renovations to St. Joseph Hall that will preserve a beautiful building while delivering a contemporary athletic and fitness center to our students and athletes. At the same time, we are renovating the Nursing Simulation Laboratory in Curran Hall and will soon have a state of the art simulation center for our highly regarded College of Health and Wellness.

One of Carlow's most impactful and beloved leaders, Sister Jane Scully, passed away this year. She was known as a trailblazer and as Carlow carries her legacy forward and continues to live our mission, we are empowering our students to excel in their chosen work and become strong ethical leaders. We look to our alumni, donors, and friends to join us as we work to realize the next chapter of innovation at Carlow University.

Sincerely,

A handwritten signature in black ink that reads "Suzanne K. Mellon". The signature is fluid and cursive, with a long, sweeping underline.

Suzanne K. Mellon, PhD

# CARLOW

UNIVERSITY

## MAGAZINE

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Educational Advertising Gold Award  
2016

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Carlow University, as an educational institution and as an employer, values equality of opportunity, human dignity, and racial/ethnic and cultural diversity. Accordingly, the university prohibits and will not engage in discrimination or harassment on the basis of race, color, religion, national origin, ancestry, gender, age, marital status, familial status, sexual orientation, disability, or status as a disabled veteran or a veteran of the Vietnam era. Further, the university will continue to take affirmative steps to support and advance these values consistent with the university's mission. This policy applies to admissions, employment, and access to and treatment in university programs and activities. This is a commitment made by the university and is in accordance with federal, state, and/or local laws and regulations.

*On the cover: Carlow's tranquil waterfall between University Commons and Frances Warde Hall.*



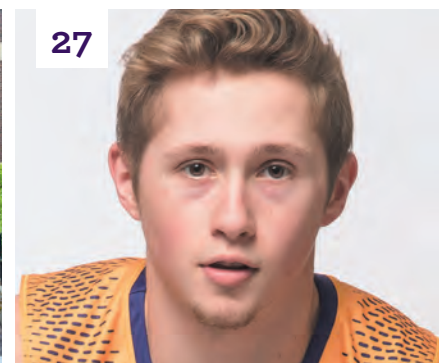
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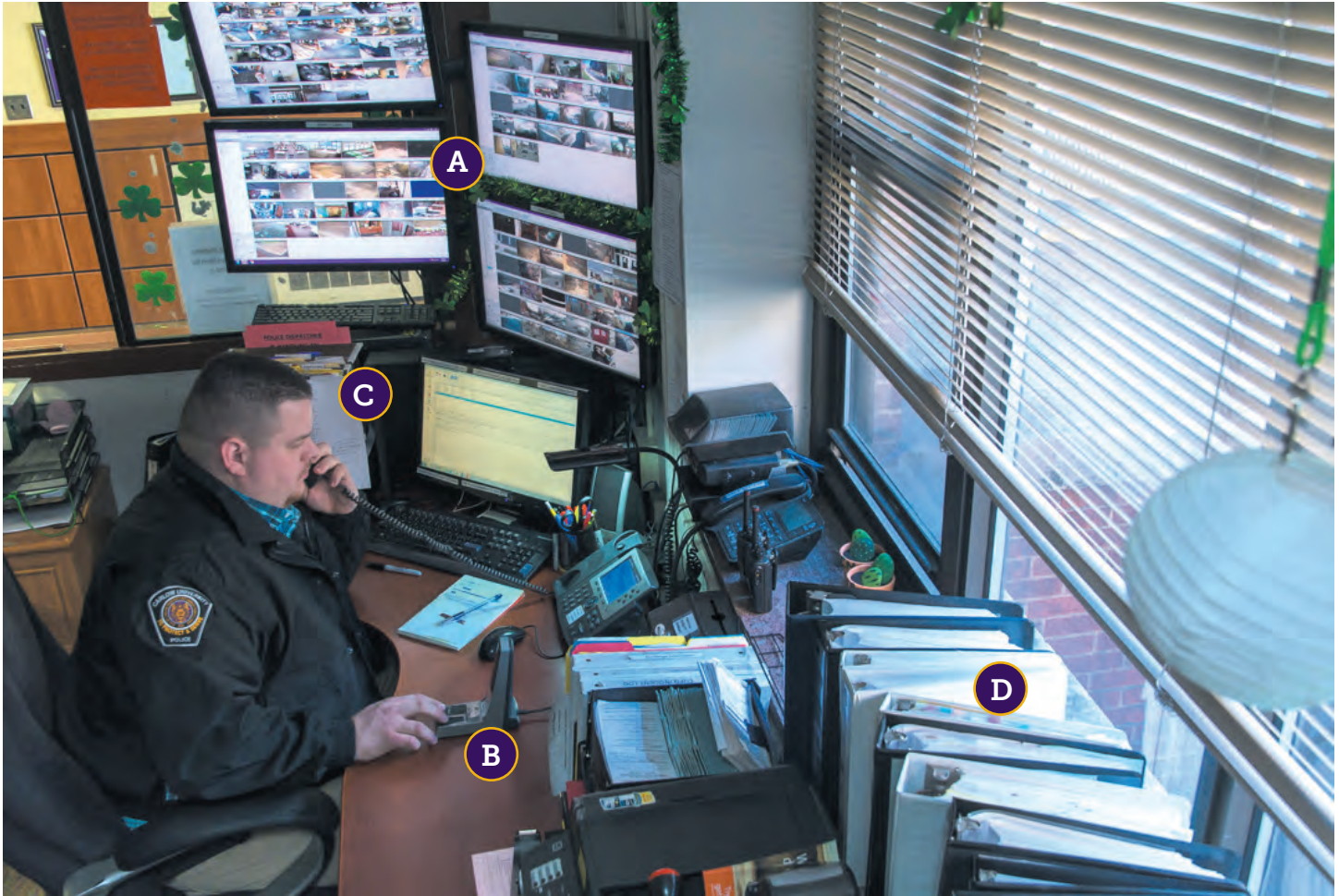
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# PLACES *and* SPACES

*an inside look at Carlow's  
personal and public spaces*



## POLICE DISPATCH OFFICE

Carlow's police department has 10 full-time personnel, which include one chief, two sergeants, and a team of officers, who ensure the protection of the campus 24 hours a day, seven days a week.

The police dispatch office on the second floor of Frances Warde Hall is staffed round-the-clock and serves as a kind of welcome center to visitors, as officers issue parking passes, answer questions from students or visitors, and provide directions to other locations on campus.

**A** The feed from every security camera on campus is located on the four monitors in front of the dispatch officer.

**B** A microphone allows for communication with every Carlow police officer.

**C** Faculty and staff directory printouts are mounted for handy reference.

**D** Reference books and binders are often consulted for key information required at a moment's notice.

# NOTED — and — QUOTED

**"And it will be a deeply subjective process when it's inside the party because it's loaded with a lot of internal workings and questions of 'Who has been active in the party?' and 'Whose turn is it?'"**

✦ Allyson Lowe, PhD, Dean of the College of Leadership and Social Change on the 18th District special election for Congress. (*The Incline*, October 2017)

**"Mary Burke, a professor at Carlow University, said the internet has allowed [human] traffickers to make more money, and they use the internet to recruit, control, and sell victims online."**

✦ WPXI-TV, January 2018

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**"My message to you today is to never lose your dedication to making the world a better place. We can practice and promote mercy, service, and hospitality even in the smallest acts of kindness."**

✦ Devan Stanko, Joseph G. Smith Award winner and one of the 2018 Carlow University valedictorians, during her student address at Commencement.

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**"[Carlow University Social Work Professor Sheila] Roth has spent three decades working with first responders, even becoming one herself to understand the role more."**

✦ From "These Advocates Want to Help Pittsburgh-Area First Responders Deal With Trauma" (*The Incline*, April 2018).

**"Create a community of kinship so that God's own dream for us—that we be one—will come true."**

✦ Father Gregory J. Boyle, SJ, founder of Homeboy Industries in Los Angeles addressing Carlow University's Class of 2018.

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**"We will never have true data security until we start holding companies—and their executives—legally and financially accountable for the security of any kind of consumer data they possess."**

✦ Carlow University faculty Mary Onufer, MS, and Steve Mancini, Chief Technology Officer and Director of Strategic Operations at the National Cyber-Forensics and Training Alliance. (*The-Parallax.com*, March 2018).

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# TALKING ABOUT BULLYING

## COFFEEHOUSE

*Engaging in lively conversation  
over a cup of java*

Bullies seem to be as old as time. We listened in as Carlow University faculty **KEELY BARONAK, EdD**, chair of education, and **JOSEPH ROBERTS, PhD**, chair of graduate psychology, discussed some of the aspects of bullying, and why it can be more complex than it used to be.

**Carlow University Magazine:** How common is bullying? And are there differences in gender and age?

**Baronak:** Approximately 20 percent of children will be bullied or experience bullying. So it ranges in terms of the number of students involved in bullying between 28 and 32 percent depending upon the study or researcher, it really is complex. Some of the nuances are that some of the children who are bullied are also being bullied, so there is some crossover there. Definitely more males are involved, especially in more physical bullying. Boys are more apt to bully boys and girls. More girls are reported as being bullied by boys, but for girls

especially, the relational aggression, while on the surface doesn't seem like it would be as bad, is actually pretty devastating in its consequences.

**Roberts:** Yes, it's funny, you know the old adage "sticks and stones may break your bones, but names can never hurt you"? It doesn't bear out. In longitudinal studies, most people—both boys and girls—find relational bullying more painful over time than physical bullying. That's an interesting shift in the way we understand the complexities of bullying. I think adults are mostly looking for physical bullying, thinking that is of course the thing that can lead to the most damage, but that doesn't seem to fit the longitudinal models.

**Baronak:** Long-term ramifications occur even into adulthood for those individuals who have experienced that type of bullying, loss of self-esteem and struggling in relationships, and a whole host of negative consequences. Interestingly, the majority of children being bullied are younger. It peaks in late elementary school age and statistically it seems to decline. Although the shift is that it becomes more relational and less physical.

**Carlow University Magazine:** So getting pushed down on the playground is not necessarily as traumatic as being made fun of or some other constant cruel behavior like making fun of your name?

**Baronak:** Or (teasing about) physical attributes or like making up rumors about you that aren't even true....

**Roberts:** Think of it as exclusion. In relational aggression exclusion is the byproduct. Getting pushed down on the playground or intimidated physically is stressful in the moment; however,

over time what seems to be the worst culprit for developing depression or anxiety disorders with teenagers is if they were excluded from events like parties, or the entire class is attending an event but one person specifically has had the knowledge [of the event] kept from them. I think that those have much more lasting effects of people's perceptions of themselves and if they are even worthy of friendship. It's more insidious across the lifespan.

**Baronak:** These are pretty sophisticated social structures that a lot of bullies operate in. Bullies for the most part are no longer what we used to think of as the poor children with low self-esteem—not poor in the socioeconomic sense—but [in the sense] he is acting out because he doesn't feel good about himself so he has to tear me down. The truth is most of those who bully have elevated self-esteem and are actually pretty aggressive and/or strong, and are considered to be top students. That makes it even more difficult because then they negotiate a pretty sophisticated social structure. It is an intentional design of 'we're going to target this particular student and we're all going to coalesce around it.' I think that's where bullying gets its power, is in the silence of those who are the bystanders or are participating in a peripheral sort of way. Because they tend to target those who don't have a lot of social supports or who already are isolated in some way. ■

*To listen to more of this conversation between Dr. Roberts and Dr. Baronak, please visit [carlow.edu/magazine](http://carlow.edu/magazine).*





# 3333 FIFTH

news + notes



Suzanne K. Mellon, PhD (left) standing with the Carlow Laureates: (L-R) John M. O'Donnell, LaTrenda Leonard-Sherrill, and E. Jeanne Gleason. Seated: Diana Lynn Pakstis and Sandra Bihary-Waltz.

## ► 2018 CARLOW LAUREATES

On May 11, Carlow University honored five distinguished alumni as its 2018 Carlow Laureates, the university's most prestigious alumni award.

Carlow Laureates are alumni whose work, thought, and action demonstrate the highest standards of professional accomplishment and leadership, whether it is in their chosen discipline, in academics, or through community service.

### The 2018 Carlow Laureates are:

Sandra Bihary-Waltz DBA, MSN, RN 1980

Sherry Konick Hoback, MBA, MSN, RN 1996

Diana Lynn Pakstis, MBA, BSN, RN 1988, 1999

John O'Donnell, DrPH, MSN, RN, CRNA, CHSE 1983

Young Laureate Award:

LaTrenda Leonard-Sherrill, MBA 2012

## FACULTY PROMOTIONS

At the Honors Convocation in May, six faculty members were promoted in rank and/or tenure:

**Clara Cheng, PhD**, counseling and psychology, **Jennifer Snyder-Duch, PhD**, communication, and **Howard Stern, PhD**, business administration, all from the College of Leadership and Social Change, were promoted to full professor.

**Joshua Bernstein, PhD**, and **Travis Schermer, PhD**, both from counseling and psychology in the College of Leadership and Social Change, were promoted to associate professor and awarded tenure.

**Patricia Jameson, PhD**, counseling and psychology, and **Cynthia Karaffa, PhD**, political science, both from the College of Leadership and Social Change, were promoted to associate professor.

## ► THREE NAMED TRUSTEE EMERITI

Three members of the Carlow University Board of Trustees completed their service on the board and were awarded Trustee Emeriti status: **Michele R. Atkins** '82, a former chair of the board; **Patricia Mary Hespelein, RSM**; **Paula J. Hasbach**.

They were recognized for exemplary service, unwavering loyalty and leadership, and steadfast dedication to the mission of Carlow University. The university thanks them for their contributions of time, talent, and personal resources for the furtherance of the mission of Carlow University.



## ► NEW FUNDING FOR EDUCATION, NURSING, AND CHEMISTRY

### Department of Education Awards Early Education Grant

Carlow University was one of only three universities to receive a \$330,000 grant from Pennsylvania's Department of Education to fund higher education for early childhood educators. The competitive award, made available through Pennsylvania's Race to the Top Early Learning Challenge grant, also went to Drexel University and Shippensburg University and will support partnership opportunities to identify and reduce barriers on the path to early childhood education degrees.

### Loan Forgiveness Program To Benefit Future Nurse Educators

Carlow University has received a grant for \$150,000 from the Health Resources and Services Administration (HRSA) to provide student loan forgiveness for graduate nursing students who become nurse educators. The grant, known formally as the HRSA's Nursing Faculty Loan Forgiveness Program (NFLP) but called the HRSA NFLP Award, provides up to 85 percent of loan forgiveness over the course of four years beginning after the student graduates and assumes a teaching role.

### Benedum Foundation Grant To Support Out-of-School Learning

Carlow University has received a \$173,000 grant from the Claude Worthington Benedum Foundation that will uncover new career opportunities for education majors in settings outside the formal school structure, at places such as museums, science centers, arts organizations, youth ministry programs, and libraries. Through this grant, Carlow will develop partnerships with key consultants, such as The Children's Museum of Pittsburgh, to develop the first undergraduate experiential learning/out-of-school learning undergraduate and graduate major.

### DEA Grant Supports Chemistry Research

The Drug Enforcement Administration (DEA) awarded Carlow's Department of Chemistry a major instrumentation grant under the Stevenson-Wydler Technology Innovation Act. The department received an Agilent gas chromatograph/mass spectrometer (GC/MS) instrument with autosampler and autoinjector, valued at over \$90,000. The instrument will be used to support the department's curriculum and mentored undergraduate research projects.

# 100% 2017 NCLEX PASS RATE!

In 2017, 43 out of 43 Bachelor of Science in Nursing graduates from Carlow passed the NCLEX exam on their first try—a perfect pass rate and the highest in the Pittsburgh region. The exam allows graduates from pre-licensure programs to be licensed to practice nursing. Carlow has been the region's leader in pass rate for the past four years.

## STUDENT SUCCESS

*Carlow students are earning recognition for their accomplishments.*

► Enrique Mu, PhD, and two groups of MBA students presented their research at international conferences. Sarah Snyder, Hailey Mancuso, and Allison Cox went to Zagreb, Croatia to present "Design Thinking in Action: Membership Renewal at the Training Center Gym" at the 8th Student Symposium: Research Topics and Intercultural Learning in the International Context, hosted by the Faculty of Organization and Informatics. Two students from the MBA in Healthcare Management, Abigail Hebb and Julie Forbes, both nurses at UPMC, presented "Ethical Decision Making in Action: Evaluating Patient Care Approaches" at the International Society of Analytical Hierarchy Process (ISAHP2018) conference in Hong Kong in July.

► Devan Stanko '18 is the recipient of the Joseph G. Smith Award, Carlow University's highest academic honor, named after a former chairman of the Board of Trustees. Stanko recently received a Bachelor of Science in Nursing degree and was nominated for the award by the entire nursing faculty for her impressive record of academic success and service to others.

► Carlow softball player Kelsey Geyer was named to the 2018 Daktronics-NAIA Women's Softball Scholar-Athlete team. The award is given to those who maintain a minimum grade point average of 3.5 and have achieved junior academic status. Geyer was also named a River States Conference Scholar-Athlete and a USCAA Scholar-Athlete.

► Doctor of Nursing Practice student Maureen Dunn presented her research "The Effect of Benson's Relaxation Response on Perception of Sleep and Quality of Life in Patients on Hemodialysis" at the Eastern Nursing Research Society 30th Annual Scientific Conference, in Newark, New Jersey.

► In March, English students Karlee Arendt (who presented a paper), Alese Gwinn (who chaired a panel), Taylore Nacey and Anna Havrilla attended the Sigma Tau Delta International Convention for English Honors students in Cincinnati.



## ► 2018 WOMEN OF SPIRIT® AWARDS

The 14th Women of Spirit® Awards Gala was held on April 5 and honored six women for their unwavering commitment to the good of their community. The program honors outstanding female leaders and also supports high-school programs and need-based scholarships at Carlow.

### The 2018 Women of Spirit® Award recipients:

(shown from left to right in the above photo)

Diane P. Holder

Executive Vice President, UPMC President, UPMC Insurance Services Division,  
President and CEO, UPMC Health Plan

National Woman of Spirit®

Teresa A. Sullivan, PhD  
President, University of Virginia

Colonel Jeannette E. South-Paul, MD

Andrew W. Mathieson Professor and Chair, Family Medicine,  
University of Pittsburgh

Lenore Blum, PhD

Distinguished Career Professor of Computer Science,  
Carnegie Mellon University

Margaret "Peggy" Rosenzweig, PhD, FNP-BC, AOCNP, FAAN

Professor, University of Pittsburgh School of Nursing, Vice Chair,  
Acute and Tertiary Care

Deborah Acklin

President and CEO, WQED Multimedia

## EUREKA!

Research highlights from  
the desk, lab, and field

► Professional counseling professor Josh Bernstein, PhD, NCSP presented "Communication and Frustration Management" to a group of gifted students from Burrell Middle School.

► Jan Beatty, MFA won the Paterson Prize for her collection of poetry titled *Jackknife*.

► Sigrid King, PhD, Anne Rashid, PhD, and Judith Touré, EdD, from the College of Learning and Innovation, presented papers at the National Women's Studies Association Conference in Baltimore.

► Jennifer Snyder-Duch, PhD, professor in the communication department, participated in a panel discussion on the live webcast, *iQsmartparent* in March. The webcast, produced by WQED and distributed nationally, focused on how youth consume media in the digital era. Snyder-Duch contributed advice on youth media making, based on her work as co-facilitator of the Youth Media Advocacy Project (YMAP) at Carlow. YMAP began at Carlow University in 2010 supported by a grant from The Heinz Endowments Education Program.

► Renee Ingel, PhD, in collaboration with McAllister and Quinn, successfully submitted a HRSA grant to provide nursing faculty loan forgiveness to graduates of our doctoral program in nursing who take positions as nurse educators.

Online extra!

For more faculty research, visit  
[www.carlow.edu/research](http://www.carlow.edu/research).





## CARLOW UNIVERSITY NAMES NEW **PROVOST AND VICE PRESIDENT** FOR ACADEMIC AFFAIRS

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**SIBDAS GHOSH, PHD, COMES  
TO CARLOW FROM IONA  
COLLEGE IN NEW YORK**

Following a nationwide search, Carlow University has named Sibdas Ghosh, PhD, as the new provost and vice president for academic affairs, effective July 1, 2018.

Ghosh is a visionary thinker with a strong record of accomplishment in establishing and implementing innovative programs and partnerships to advance both public and private Catholic institutions in the United States, Canada, Nigeria, the United Kingdom, and India. Prior to Carlow, he served as dean of the School of Arts and Sciences and a professor of biology at Iona College in New York.

"I consider it an honor and a privilege to serve as the next Provost and to embrace and support the mission of fostering students to become independent, thoughtful, and responsible citizens and leaders who are informed risk-takers to serve in this ever-changing world," said Ghosh. "I am excited to begin a new chapter in my professional journey and am looking forward to leading the dedicated faculty and students at Carlow University."

"Dr. Ghosh is a visionary thinker and experienced academic leader with excellent communication and collaborative skills," said Suzanne K. Mellon, PhD, president of Carlow University. "He has a broad understanding of the changing higher education landscape and the opportunities that are

present for institutions such as ours. In his career, he has demonstrated a clear commitment to the values of inclusive excellence, service, and justice grounded in our Mercy heritage and Catholic intellectual tradition."

Before his position at Iona, Ghosh was an associate dean of the School of Health and Natural Sciences at Dominican University of California. As a seasoned academician and researcher, he has demonstrated leadership in promoting undergraduate research, securing external grants and resources, and advancing the academic profile of the institutions with whom he has been affiliated.

Ghosh received a PhD in Molecular Biology from the University of Waterloo, Canada, a Master of Science in Crop Physiology from the University of Reading (U.K.), a Bachelor of Science in Biological Sciences from the University of Lancaster (U.K.), and a Bachelor of Science in Botany Honors from City College, University of Calcutta, India. Ghosh is well published, with both personal and collaborative work, including 52 articles/chapters and two edited books, 60 percent of which are co-authored with his students. ■



# ANNOUNCING: **THE COLLEGE of PROFESSIONAL STUDIES**

**With a focus exclusively on the adult learner, the new college offers specialized learning and support to equip students with in-demand skills to meet the region's demand.**

The new College of Professional Studies will launch in 2018 with a dedicated focus on the needs of the adult learner. This major strategic initiative is a reflection of the university's commitment to leadership in innovative education, our dedication to academic excellence, and our persistence to be nimble and responsive to a rapidly changing economy.

A primary objective of the new college will be to establish a significant and talented pipeline of skilled workers to the Greater Pittsburgh region. Essential

to success, the university will strive to build upon partnerships with employers and expand upon relationships in the community.

Complementing our mission and values as a Catholic university and a Mercy institution, the College of Professional Studies plans to deliver options for accelerated, evening, and weekend programs to address the needs of adult learners who are often balancing work and family responsibilities with their studies. The unique educational opportunities will be grounded in values and inspire graduates to make an impact on the world.







## JIM ICE, EdD

EXECUTIVE DIRECTOR AND DEAN,  
COLLEGE OF PROFESSIONAL STUDIES

In May 2018, Carlow University named James "Jim" W. Ice, EdD as the senior executive director and the dean of the new College of Professional Studies, effective June 18. Most recently, Ice was the founder and CEO of jim ice & associates/NorthStar Learning, a talent and change management consulting practice that helps clients align their workforce to their business strategy, drive strategic change initiatives, and prepare effective leaders.

Ice has more than thirty years of experience in organizational development, talent development, and management consulting. As a talent development executive, he has worked for Allegheny Power Corporation, Harmarville Rehabilitation Center, ALCOA, and Respironics in the Pittsburgh area, and also has consulted to dozens of leading global companies (e.g., Ford Motor Company, Harley-Davidson, Bank of America, Textron, Mine Safety Appliances, H.J. Heinz Company, and NEP) on matters of strategy and change management. He also served as an executive on the start-up team for Success Factors, a human resources software and consulting company (now an SAP company). In his last corporate position, at Westinghouse Electric Corporation, he was the architect and executive director of the award-winning Westinghouse University, the senior human resources executive, and the leader of the global Talent Management Center of Excellence.

He has a proven track record in organizational development, strategy implementation, and operational leadership. Ice brings with him relationships throughout the Pittsburgh business community built over a thirty-year career as a trusted advisor to area business leaders. His practical understanding and experience with adult learners as well as his business experience, developing and implementing adult learning strategies, will be an asset for the execution of the new model for the College of Professional Studies and our vision for Carlow's future.

Ice received a Bachelor of Arts in Psychology and Speech Communication from West Virginia University, and a Master of Science in Organizational Communication from Purdue University. He also completed doctoral work (ABD) at the University of Pittsburgh in Instructional Design and Adult Learning on his way to completing a Doctor of Education in Leadership and Administration from the School of Education at Point Park University. He holds many professional certifications related to strategy and people development. He has served as an adjunct professor at both Penn State University and Point Park University in their graduate and adult learning programs. ■

# 2018

## CARLOW UNIVERSITY COMMENCEMENT

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### A TIME TO CELEBRATE

BY DREW WILSON

For Carlow University's May 12 Commencement ceremony, celebration, fittingly, was the order of the day as more than 350 students walked in the ceremony at Soldiers and Sailors Memorial Hall in Oakland, but there were also several reminders of what more they could accomplish.

While congratulating the graduates in her address, Suzanne K. Mellon, PhD, Carlow's president, reminded them that they did not get to this point on their own, and asked them to stand and thank

their families, the faculty, and staff at the university. She also issued a challenge: "On this day when we celebrate your academic achievement, I also ask you to look beyond careers and make a commitment to make a meaningful difference in the lives of others."

That difference can be large or small, graduates were reminded during the student address by one of the three class valedictorians, Devan Stanko, who received Carlow's highest academic honor, the Joseph G. Smith Award.











"I have realized on multiple occasions that our Carlow University values are just as essential to my career as the textbook knowledge I have gained," said Stanko, who earned her BSN and related an experience from her nursing clinicals when she calmed a patient by taking the time to talk with him. "My message to you today is to never lose your dedication to making the world a better place. We can practice and promote mercy, service, and hospitality even in the smallest acts of kindness."

In the Commencement address, Father Gregory Boyle, a Jesuit priest, published author, and the founder and director of Homeboy Industries, Inc., a Los Angeles-

based organization, which seeks to employ and train gang members and provide an alternative to gang life, emphasized the need to create a community of kinship in our world today, especially among the people who live at the margins of society.

"You go from Carlow celebrating justice, and go to the margins where some people will say that you are wasting your time," he said. "But you will also hear the voice of mirth and the voice of gladness. Make those voices heard, and may God bless you."

Father Boyle received one of three honorary doctorates from the university. The other honorary doctorates were awarded to Colonel

Jeannette South-Paul, MD, the Andrew W. Mathieson Professor and Chair of Family Medicine at the University of Pittsburgh, and Michele Fabrizi, a Carlow alumna as well as president and CEO of Marc USA, one of the largest independent advertising agencies in the U.S.

In keeping with Carlow tradition and with respect to the university's Catholic heritage, the day began with a Baccalaureate Mass, celebrated by the Most Reverend William J. Waltersheid, Auxiliary Bishop of Pittsburgh, and the oncelebrant was the Reverend Adam M. Verona, Carlow's chaplain. Father Boyle delivered the homily. ■

*Above: Father Gregory Boyle addresses Carlow's Class of 2018 at Soliders and Sailors Memorial Hall  
Opposite page: 1. Anthony Lai 2. Class valedictorian and Joseph G. Smith Award recipient, Devan Stanko  
3. Alyssa Stillwagon; Jennifer Snyder-Duch, Associate Professor, Communication; and Molly Mitchell*



1.



2.



3.







# ETHICALLY SPEAKING

*The new Atkins Endowed Center for Ethics had a banner year.*

By Ann Lyon Ritchie

**When first-years come to Carlow University each fall,** they begin to become closely acquainted with Mercy values. They develop a compassion for their classmates and begin to take a vested interest in Pittsburgh. Their acts of volunteerism and service on Mercy Service Day are evidence of an attitude of caring. And Carlow's faculty and staff are fine examples of Mercy values put into action just about every day of the week.

A major milestone for acts of Mercy, Carlow recently launched the Atkins Endowed Center for Ethics. It was established through the generous \$1.5 million gift of Michele Rehfeld Atkins '82 and her husband, Patrick Atkins, PhD.

The Center will be a go-to resource in the study and application of ethics for the university and the region. With years of experience teaching ethics, the Center's first director is Bill Schweers, JD, a professor of political science. Several years ago he began offering an

ethics course in the College of Health and Wellness that became such a huge hit that, at one point, he was the only non-nursing faculty invited to the nursing students' annual pinning ceremony.

But Schweers is not alone and is among several professors incorporating ethics into courses, including James Carmine, PhD, a philosophy professor, and Mary Anne Basilone, MS, MA, CPA, CFE, a professor in management, accounting, and forensic accounting.

The Center will offer instructors guidance on how to address ethical decision-making in everyday life and how to involve ethics in discussions across disciplines at Carlow.

One of the first programs targeted area youth. The Center hosted the Center hosted an essay contest open to high school juniors and seniors. Entrants addressed the topic "Bleak New World – Ethics and the Dystopian Novel" to explore and question the moral values inherent in dystopian fiction.

The winners of the 2017 Atkins Endowed Center for Ethics' High School Essay Contest were Megan McClymonds, Butler Area High School, awarded first place and \$600; Jillian Kurta, Belle Vernon Area High School, awarded second place and \$300; and Melody Whittaker, Norwin High School, awarded third place and \$100.

The Center also hosted a panel discussion titled "The Ethics and Security of Driverless Cars" in Kresge Center in the fall.

"Robotics is coming and is unstoppable. We're in the early stages of a revolution with significant social, economic, and ethical implications," Schweers said.

The panelists included Dr. Carmine and Chris Valasek, a computer security analyst and driverless car researcher, for the talk that was live-streamed on the Pittsburgh Cable Network (PCNTV).

In January, the Center collaborated with the Association of Certified Fraud Examiners (ACFE) and Schneider Downs to present "Professional Responsibility: Doing the Right Thing Isn't Always the Easy Thing," featuring certified fraud examiner, best-selling author, and 2015 alumna Bernadette L. Harris, MS, MBA, CFE. The event offered continuing professional education credit for accounting. Harris also served as Carlow's 2018 Executive-in-Residence.

New technologies, from robotics to cyber crime, were salient topics during the Center's inaugural year. The events attracted a broad general audience, but importantly the Center is helping to prepare Carlow students. A Carlow education—that crosses the disciplines of ethics, history, science, and politics—prepares students to become ethical leaders and decision-makers in this ever-changing world. ■





## DOING GOOD, HAVING FUN

The Board of Trustees Welcomes New Chair,  
**Dorothy A. Davis, JD '78**

"The board is made up of intelligent, caring, and strategic people coming together to collaborate in a spirited way to further a really important mission. We're having fun and we're doing good things," says Dot Davis, the new chairperson of Carlow University's Board of Trustees.

Since 2004, Davis has practiced law at Eckert Seamans, where she became the first woman to serve as co-CEO. *Carlow University Magazine* caught up with her to learn why she feels driven to not only volunteer on the board but also lead the cause.

**Carlow Magazine:** Let's talk about your time at Carlow as a student. What are your favorite memories?

**Dot Davis:** Hands down, my favorite memory and the person who was most influential in my life was Dr. Ellie Wymard, ['58, the former head of women's studies and former director of the Master of Fine Arts program,] who started Carlow's Madwomen in the Attic writing workshops. She opened my eyes to the importance of feminine authority, of equal rights, and of equal pay; and she is the reason I became a lawyer.

I had a lot of fun at Carlow. To this day, I still have good friends that I made there, and it was very much a time for activism. It created my core values—values that I rely on to this day and give me courage in my own convictions.

**CM:** What advice would you like to offer current students?

**DD:** Immerse yourself. Learn as much as you can about as many different subjects as you can. Have as much fun as you can. Meet as many people as you can. Don't sleep! [laughs] Study and work as hard as you can. It is a unique time of your life.

**CM:** Why is community service important to you?

**DD:** There are two main reasons. First, I believe it is every citizen's responsibility to leave the world better than when we entered it. It's an immutable responsibility of every good citizen. Secondly, it is rewarding and fun! Helping others allows you to gain new ideas, to learn new things, to appreciate other people's views and their concerns. You are focusing on them and not your own problems, so it is a great way to be positive and help yourself.

**CM:** What do you see on the horizon for Carlow?

**DD:** Carlow has such a wonderful message and is located in a prime spot in Pittsburgh's innovation corridor. Carlow is different from Carnegie Mellon University and the University of Pittsburgh. If we emphasize social justice, moral aspects, and spiritual aspects of our university, Carlow's place in the innovation corridor is one that only we can fulfill. We are launching the College of Professional Studies and looking at public-private partnerships to enable Carlow to grow; it's a very exciting time to be on the board. There are so many positive opportunities for us. ■

### NEW OFFICERS FOR THE CARLOW UNIVERSITY BOARD OF TRUSTEES

In addition to Dot Davis being the new chair of the Board of Trustees, Carlow University welcomes the following new officers to its Board of Trustees: **Bill Schenck**, one of the co-founders of TriState Capital, and a former executive with PNC, will be the vice chair. **Sister Helen Marie Burns, RSM**, will be the vice chair for mission. **Bryan DiLucente, CPA, CFF, CGMA**, the managing director of LitCon Group, will be the treasurer, and **Mary McGinley**, a partner with the law firm Meyer Unkovic and Scott, will be the secretary.



# REMEMBERING SISTER JANE SCULLY

1917-2018



BY DREW WILSON



**Sister Jane Scully, the sixth president of Carlow University, who became the first woman to serve on boards in the corporate and civic worlds in Pittsburgh, died on Saturday, February 17, 2018, at the Sisters of Mercy Convent in Oakland, located on the Carlow campus.**

Sister Jane, who turned 100 years of age in November, became president of Carlow—then known as Mount Mercy College—in 1966. Three years later, the school underwent a name change to become Carlow College, a name that would last until Carlow achieved university status in 2004 and became Carlow University.

At the time of the change from Mount Mercy to Carlow, according to Sister Jane, a new name had been discussed for 40 years because of confusion with other colleges that shared the same name or something similar. “A college needs to have an identity of its own and that’s what Carlow College will be,” she told a reporter from the *Pittsburgh Post-Gazette* in a 1969 interview about the name change. In a 2004 interview with the *Post-Gazette*, she recalled the name change a bit more colorfully.

“There were more than 30 Mount-Mercy-Mary kind of college names, and I wanted to get this fine school out from the M’s in the middle. Carlow is the name of the town in Ireland where the Mercies came from. It’s short and strong, and right up at the top of the alphabet.”

“Sister Jane Scully was an exceptional leader during a time of great change for the university in particular and for society in general,” said Suzanne K. Mellon, PhD, the tenth and current president of Carlow University.



"One of the first people I heard about when I became president of Carlow was Sister Jane. She was a notable woman leader of her time, setting an example that is still talked about today. She had the ability to create, engage others, and work toward a clear and inspiring vision that others could follow. While she served as a clear trailblazer for women, her work ethic, warmth, and great sense of humor was apparent to all. She will be missed, not just by the Sisters of Mercy and Carlow University, but by many people throughout western Pennsylvania."

Sister Jane was a Carlow graduate who was trained to be a librarian, but she became a leader in the higher education, business, and civic worlds. Leading Carlow until 1982, her service of 16 years as president is the third longest tenure in the university's history.

While president of Carlow University, she was invited to serve on the board of Gulf Oil Corporation. She served ten years on Gulf's board, through its takeover by Chevron in the mid-1980s. She also became the first woman to be a member of the Duquesne Club, Pittsburgh's Economic Development Commission, the board of the Pennsylvania Public Television Network Commission, and the board of the Allegheny County Port Authority.

In an interview with the *United Press International* in 1981, she recalled being asked by a television reporter at the time of her appointment to the Port Authority's board if, as a woman, she felt qualified to be a board member. "I told him I didn't know of a man on the board who had as much business experience as I had," she said sweetly."

As president, Sister Jane is remembered fondly by students and faculty alike.

"I would qualify her as a champion for women, said Cynthia Busin Nicola, PhD, a professor of business management who was a student at Carlow while Sister Jane was president. Nicola told the *Pittsburgh Post-Gazette* that Sister Jane encouraged students to take advantage of the opportunities presented to them. "I believe she followed this herself her whole life."



Jim Kelly, PhD, a professor of social work, interviewed her extensively for an oral history project on the Sisters of Mercy. Kelly described her as unafraid to speak up for her college and for women. "She was one of the feistiest, strongest people I've had a chance to talk with," he told the *Post-Gazette*.

Following her tenure as president, Sister Jane received the Women of Spirit® award and the Carlow Laureate Award. She is survived by her brother, Joseph Scully, Sr., of Squirrel Hill, and many nieces and nephews. ■



# where do

# GRADS



# GO?

For new grads with a diploma in hand, the dizzying excitement of Commencement is exceeded only by one other event: the first day on the job.

BY ANN LYON RITCHIE AND  
CARL ZAPPA III







**99% of Carlow job-seekers** *landed gainful employment after graduation.*

**While the faculty prepare students with job-related skills, knowledge, and hands-on experiences, **Carlow University's Office of Career Development** prepares them for the job hunt by offering job listings and search tools, help with resume writing, appointments for mock job interviews, and career advising every step of the way.**

Jennifer Holbert, the director of career development, describes Carlow's career and professional services as extraordinary.

"The students are our priority. Our office goes the extra mile to assist them," she says.

Last year, the Office of Career Development rolled out a new online tool called Handshake. It offers many benefits to Carlow students and alumni, including the ability to create a profile, upload a resume, and engage with prospective employers.

"Through Handshake, jobseekers have access to 5,805 employers, which is a remarkable number for a university our size," Holbert says.

The employers benefit from gaining access to job and internship applicants who are nearing graduation. Handshake allows the employers

to see the students' programs of study and GPA, if students set their profiles to make that information available. About 80% of Carlow students on Handshake have a profile that can be searched and viewed by prospective employees.

The Office of Career Development handled 756 student appointments between August 2017 and May 2018. Before students can schedule an appointment they must log in to Handshake, according to Holbert who says that extra step to make a Handshake profile ensures that the students are making the most out of the robust career development and professional services available to them at Carlow.

In the end, all of the work, planning, and professional networking pays off. The career outlook for Carlow grads looks great. The 2016-17 statistics show that 99% of all Carlow job-seekers landed gainful employment after graduation.

*Carlow University Magazine* reached out to recent graduates to see how they prepared for their lives after Carlow. The alumni featured in this article successfully secured jobs before graduating, putting an extra spring in their step at Commencement. Here are their thoughts on how Carlow has been a positive influence in their career development.



## JEIMY IBARRA '18

**Criminal Justice and Psychology**  
**Casa San José**

In 2015, Jeimy Ibarra started at Casa San José, a community resource center for Latinos, as a Compass AmeriCorps volunteer and ran an afterschool program at Beechwood Elementary for grades K-2. She observed a gap in services for Latino youth. Having been born in Mexico City and grown up in Pittsburgh for 18 years, she could empathize with others wanting to preserve their native heritage and cultures, and she was inspired to create two after-school programs: Puentes Hacia el Futuro, a Saturday program for youth ages 7-14, and then Jóvenes con Propósito, for high-school students, where she works to guide youth activists to become leaders in their communities and provide them with peer-based training that promotes youth power and community organizing. Having earned two bachelor's degrees from Carlow in criminal justice and psychology in May, she is now the Youth Community Outreach Coordinator at Casa San José.

**WORDS OF WISDOM:** "I chose to come to Carlow because of the small class sizes. While at Carlow I was able to really grow and find a passion in ceramics. The LAI courses really help you tap into inner skills that I didn't know I had."



## DAVID MCDONOUGH '18

**Social Work**  
**Drug and Alcohol Services in Beaver Valley**

Social work is a calling for David McDonough. At age 58, he switched from construction to begin his new career as a substance abuse counseling assistant for Drug and Alcohol Services in Beaver Valley. The new job is a dream come true after years of balancing his work with academics. He chose Carlow upon recommendation of Andrea Connor, an alumna and a sociology professor at Community College of Beaver County where he earned his associate's degree. "My professor just loved Carlow, and I have liked everything about it too," he said.

An intent listener, McDonough loves social work and especially enjoys the one-to-one conversations with clients. Just about the only thing he does not like is paperwork, but he understands it comes with the territory. McDonough took the time to apply and interview for multiple jobs and received a couple of different offers. He appreciated being able to accept the offer that gave him a private office and the better salary. McDonough applied for jobs in the fall, graduated in December, and started his position in January. He plans to advance his social work career and has been accepted in Carlow's new Master of Social Work program.

**WORDS OF WISDOM:** "In social work, it can be tough sometimes to listen to some of the stories people tell you about their lives, but I feel I am exactly in the right place."







## ELIZABETH "LIZZIE" SHUMAKER '18

**Chemistry**  
**Arconic Technology Center**

Lizzie Shumaker transferred to Carlow as an undecided major. She tried her hand at psychology, biology, and then, ultimately, settled on chemistry as her major. "I always say that I'm 'in my element' now (pun intended) because it took me a while to figure out what I wanted to study. But, with chemistry, I couldn't be more sure," Shumaker said. Lizzie graduated in May and spent her last semester completing her undergraduate credits while studying abroad in Rome. She will then start a full-time position as a senior technician within the Analytical Chemistry department at the Arconic Technology Center in New Kensington, Pa.

**WORDS OF WISDOM:** "It is more than okay to not know what you want to be when you grow up. Seek opportunity and you'll eventually find your element."



## WEIWEN WANG '18

**RN to BSN**  
**UPMC Presbyterian**

When Weiwen Wang moved from China to Pittsburgh, she knew that she wanted to become a nurse—despite the language barrier and the challenges of studying in a new country. Weiwen transferred to Carlow's RN to BSN program, as an adult student, in order to develop her skills, gain a bachelor's degree, and to enhance the "true privilege to be trusted to take care of people when they are vulnerable." She completed her bachelor's degree and now works in the lung transplant and step-down unit at UPMC Presbyterian Hospital. Her positive experiences with faculty made Weiwen decide to enroll in Carlow's Family Nurse Practitioner graduate program. Her goals is to help even more people as a healthcare provider in the future.

**WORDS OF WISDOM:** "You might not be where you want to be in life right now, but one day you will be braver, wiser, and stronger than you could ever imagine. When you look back, you will appreciate all the hard work that made you who you are."

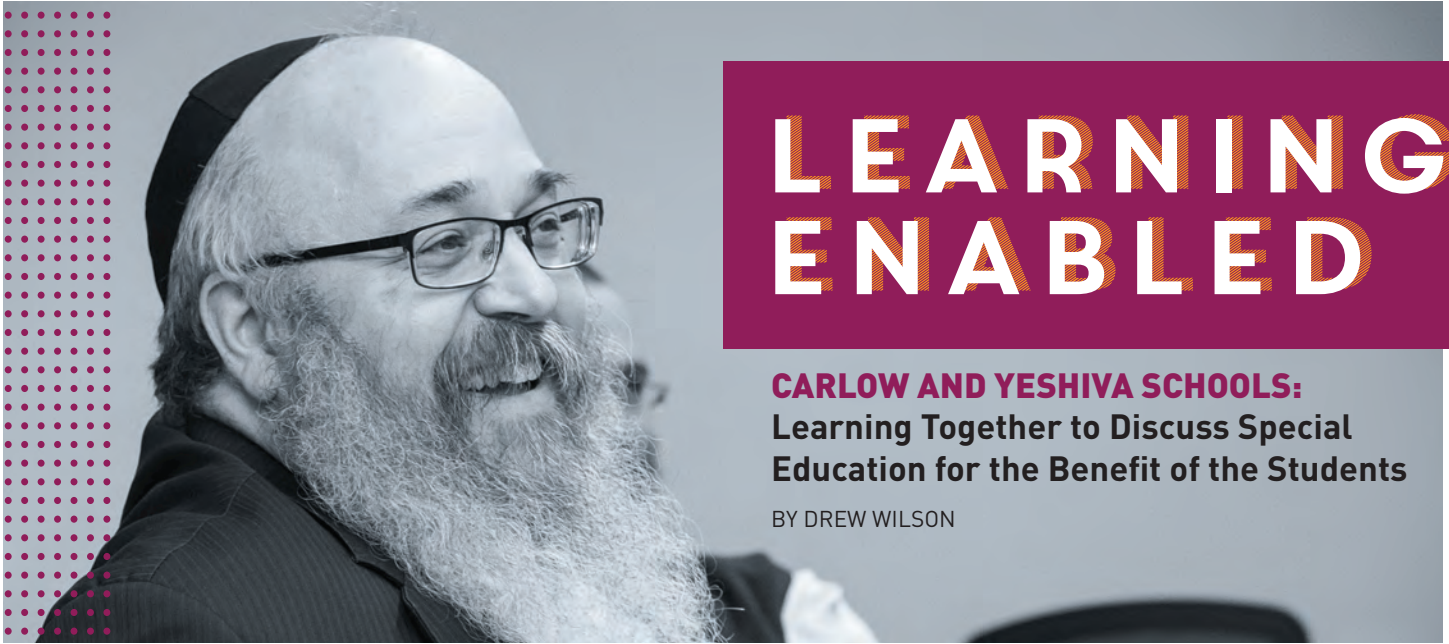


## CHANT ROBINSON '17

**English**  
**Propel Schools**

Born and raised in McKeesport, Pa., Chant Robinson is a teacher at Propel Braddock Hills High School and currently working toward a master's degree at Chatham University on a full scholarship. Robinson is the first to admit her early years were a combination of failures and triumphs that prepared her well for a career in the education field. "Through the struggles and successes, I had an army of supporters at Carlow, including the most supportive and caring advisor, Lou Boyle. What I love most about Carlow is that everyone has the opportunity to find their own Dr. Boyle," she said.

**WORDS OF WISDOM:** "To all Carlow students, including my brother Zion who will be joining in the fall, this is your home away from home. Take these years to really find out who you're destined to be. Fight through the setbacks and smile through the achievements. You are a part of a beautiful community. Allow Carlow to guide you on your journey to your life goals, reach those goals, and then build new ones."



# LEARNING ENABLED

## **CARLOW AND YESHIVA SCHOOLS: Learning Together to Discuss Special Education for the Benefit of the Students**

BY DREW WILSON

It's usually a safe bet that every classroom at Carlow University is quiet and unoccupied on Sunday evenings. During the spring semester 2017, however, one classroom on the fifth floor of Antonian Hall was in session for a very studious, but different, group of students: teachers and administrators from the Yeshiva Schools of Pittsburgh, an ultra-orthodox Jewish school located in Pittsburgh's Squirrel Hill neighborhood.

"At Yeshiva Schools, students are taught in Judaic, as well as general education," said Jonathan King, a doctoral student at Carlow, as well as a member of the ultra-orthodox community. This means that Yeshiva's students are not just taught math, science, and English, but also the Torah, the Talmud, and Jewish traditions.

"Our goal is to provide each student with a meaningful educational experience that is aimed at developing all aspects of the child's well-being, including the social, emotional, intellectual, and spiritual," wrote Rabbi Yisroel Rosenfeld, Yeshiva's dean in a letter to parents. "With this in mind, we have invested a tremendous amount of resources to enhance and strengthen our Special Education Departments for our students in preschool through high school."

This is a big step for a school and community that traditionally has looked to its own members to solve problems and face challenges. But they also

have learned to recognize when they need expertise that exists outside their community, particularly when faced with learning disabilities, personality and temperament issues, and conditions like attention deficit hyperactivity disorder (ADHD).

"The school does not have traditional school counselors, although partners from the community are brought in when needed," said King, who was beginning his studies in the doctoral program when the rabbi asked if he could suggest someone to help the teachers and administrators understand the problems faced by their students. King went to the faculty at Carlow for help and a novel idea for class sessions was born.

Because the Yeshiva School is in session Sunday through Friday, and the Jewish Sabbath is from sundown Friday to sundown on Saturday, Sunday evenings were the only day to gather everyone together. Several times each month, Yeshiva's teachers and administrators would come to Antonian Hall to have class taught by Carlow faculty and doctoral students, among them Joseph Roberts, PhD, the chair of the PsyD program.

"We taught the two-hour sessions on Sundays and introduced some of the psychological theories and concepts related to development and various disorders that impact educational settings," said Roberts. "The Yeshiva faculty was very interested in

considering how they might be able to use what they learned in these classes to help their students."

While Judaic teaching has clear principles about how one is supposed to behave, children and teens who grow up in the culture are not immune from asking difficult questions about their faith or even experiencing what might be called teenage rebellion. The teachers and administrators from the Yeshiva Schools felt better able to address such issues after taking the classes at Carlow.

"The idea for the class is to identify children who may be having problems early, understand what can be done within the school, and then connect them to the resources they need," said King. "In that respect, we are teaching what (behaviors) are normal for a child, what is not normal, and what should I, as a teacher in the classroom, do to address this."

Although the first course sequence was completed in June of 2017, collaborations between the Yeshiva Schools and Carlow's Psychology & Counseling Department continue to evolve. During the 2017-2018 academic year, a doctoral student completed a practicum with the school, engaging in therapy and assessment of children and offering additional support in bridging these two systems. Additional initiatives are planned for the near future between Yeshiva and Carlow University. ■



**Carlow students make a canine connection to help beat speech anxiety.** BY ANN LYON RITCHIE

# "SPEAK"

Dubbed as techy and entrepreneurial, the typical college first-years are part of the post-Millennial group known as Generation Z. A September 2017 article from *The Atlantic* also described them as sheltered and reticent—an odd characterization of kids who never knew life without the World Wide Web.

Although adept with texts, snaps, and other smartphone conveniences, Generation Z lacks experience with in-person communication and, the ultimate test of confidence, public speaking.

Speech anxiety is all too common, affecting two-thirds of the population. Carlow University's Rachel Furman, assistant professor of communication, says chairs were empty when the communication faculty offered speech anxiety workshops in the past.

"For some reason, students refused to work on their public speaking skills," Furman said.

Enter Baloo, a black German shepherd and lab mix who Furman adopted from Paws and Prayers shelter at 10 weeks old. After reading a *Washington Post* article about audience dogs, she started bringing him to campus. Shortly after, students began showing up for help with presentations.

Baloo sits quietly, nonjudgmental, as the students practice. Sometimes he lies at their feet. Off duty, he is known for offering up his belly for a scratch.

"Many shelter dogs are the most submissive dogs you'll ever meet," said Kara Pyo, a trainer at Say It Once Dog Training.

Pyo provided training both at Furman's home and on campus. Baloo became a certified therapy dog in January.

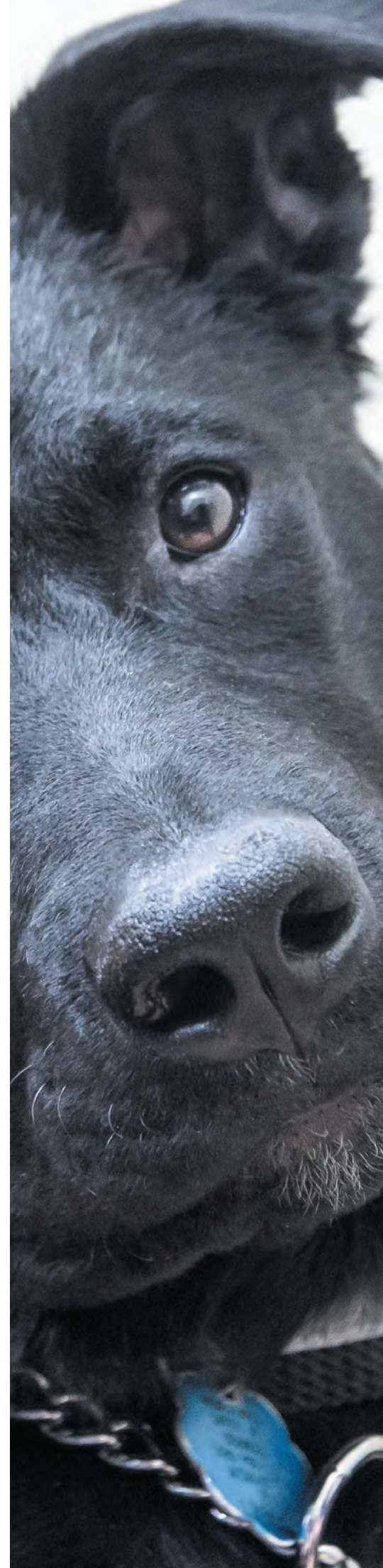
Erika Kellerman '18, a communications and mass media major and a lead tutor in the Hopkins Communications Lab, helped out. Prior to Baloo coming to class, she checked whether any students had a fear of dogs or allergies. So far, those issues have not presented any problems.

"The difference Baloo made was immediate in reducing stress for those who identified with feeling speech anxiety. People's faces lit up. As soon as he entered, the entire classroom brightened," Kellerman said.

While Baloo does his part, Furman and Kellerman record their observations. Furman presented their initial findings at the 2018 conference for National Association of Communication Centers in Virginia. The research could someday encourage further use of audience dogs to help others with public speaking.

"For students, public speaking is critical for career preparation. The skills you use for public speaking are the same skills you need to walk into a job interview and convey yourself to others comfortably," Furman said.

Furman added: "For me, well, I love dogs, so I guess I'm teaching by example. I'm always telling my students to do what they love." ■



# A FEW GOOD MEN

*Men's basketball bids farewell to its founding players.*

BY KRISTIN SEAMON AND  
ANN LYON RITCHIE

## **MOST STUDENTS GO TO COLLEGE**

expecting to make big changes in their lives. An exceptional few go expecting to make a big change at their university, but the 2018 seniors on the Carlow men's basketball team did exactly that.

Seniors Zach Bryan (Irwin, Pa.), Charlie Scharbo (Jefferson Hills, Pa.), and Miles Sunder (Jeannette, Pa.) are the foundation of the Carlow men's basketball program under head coach Tim Keefe. They were freshmen on the inaugural team in 2014-15, and they make up the first graduating class to spend four years with the program.

Alumnus Jehosha Wright '15 was also a founding player. The Heinz History Center honored his involvement in starting Carlow's first men's basketball team with a ceremony to retire his basketball jersey in the museum's galleries in 2017.



MILES  
SUNDER '18



CHARLIE  
SCHARBO '18



ZACH  
BRYAN '18

"In the beginning we faced many challenges. Nobody on the team had any college basketball experience, and we had never played against that level of competition. None of the players on the team had really played with each other so it was tough to build chemistry that quickly," said Scharbo.

Scharbo added: "I'm confident that the program is headed in the right direction. I think the program will continue to improve and make great strides."

The Carlow men's basketball team defeated Rio Grande, 76-70, on Saturday, Feb. 17, at Oakland Catholic, to advance to the River States Conference playoffs for the first time in program history.

Both the RedStorm (10-20/5-12) and the Celtics (6-20/6-12) entered the winner-take-all contest with a 5-11

conference record. With the victory, the Celtics finished the regular season with six conference wins and claimed the tournament's No. 4 seed in the East Division.

The players agree that Coach Keefe is not only a great coach but also a role model for the men.

"Keef has taught me some life lessons that I will hold on to for the rest of my life," Scharbo said.

The graduating seniors are ready for their next big life change, but they leave Carlow with the confidence of champions. Not only did they make the team, they made a difference. ■





◆ The Carlow softball team finished in third place at the USCAA Small College World Series! It was the fourth straight season the Celtics have qualified for the national tournament and finished in the top three teams.

Abby Tatgenhorst '20

# CELTIC PRIDE

Carlow's athletics teams have given us plenty of reasons to cheer.



▲ Carlow completed its first-ever indoor track and field season and outdoor track and field season. 30 women and 20 men competed for the Celtics. **Javondii Myers '20** hit the NAIA National Indoor Standard in the men's high jump and qualified to compete at NAIA Nationals!



▲ **Natalie Abt '20** won the USCAA Women's Golf National Championship. It was the first national championship for any team or athlete in Carlow history. She was also named the USCAA Women's Golf Student-Athlete of the Year for academic achievement and community service.





# RENOVATING ST. JOE'S

**The university is undertaking an ambitious project to expand and refresh the athletic and fitness center.**

**ST. JOSEPH'S HALL**, known by all as St. Joe's, is one of the most frequented buildings on campus. It has served all generations of the Carlow community since it was established in 1929. As the headquarters for the Celtics athletic teams and as the center for fitness and wellness, St. Joe's is a vital resource to just about everybody on campus.

2018 will launch an exciting renovation to St. Joe's. Today's athletic and fitness needs on campus are demanding—more than the 27,275-square-foot building can adequately serve. The \$8 million dollar project will help to expand the facilities to accommodate growing enrollment and to provide modern upgrades throughout.

"Today's students care about health and wellness and have a lifestyle that includes regular fitness regimens. Moreover, we know that the attractive, modern, athletic facilities now found on university campuses attract students and athletes, and help to build enrollment. Our renovation plans for St. Joseph's Hall will deliver a state-of-the-art athletic and fitness facility, outfitted with contemporary, best-in-class

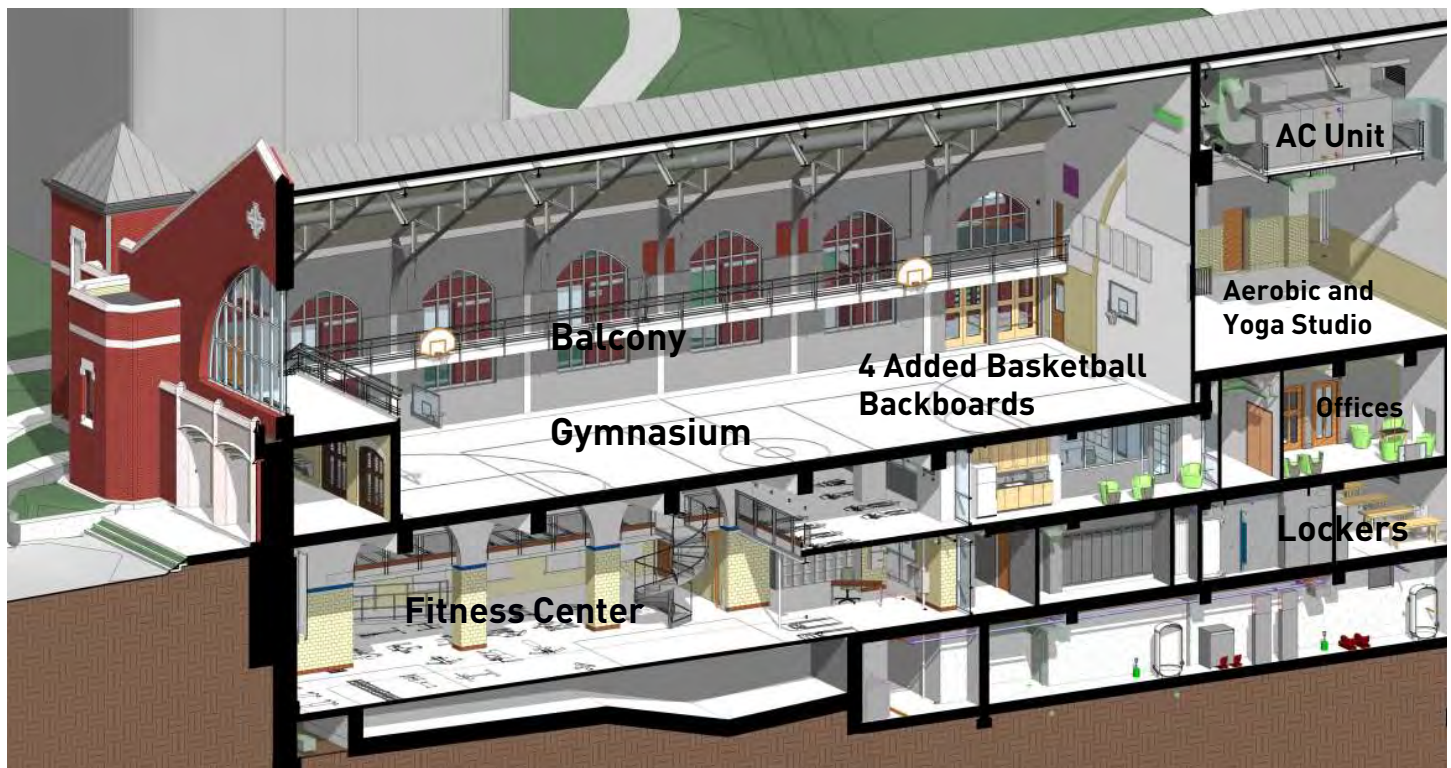
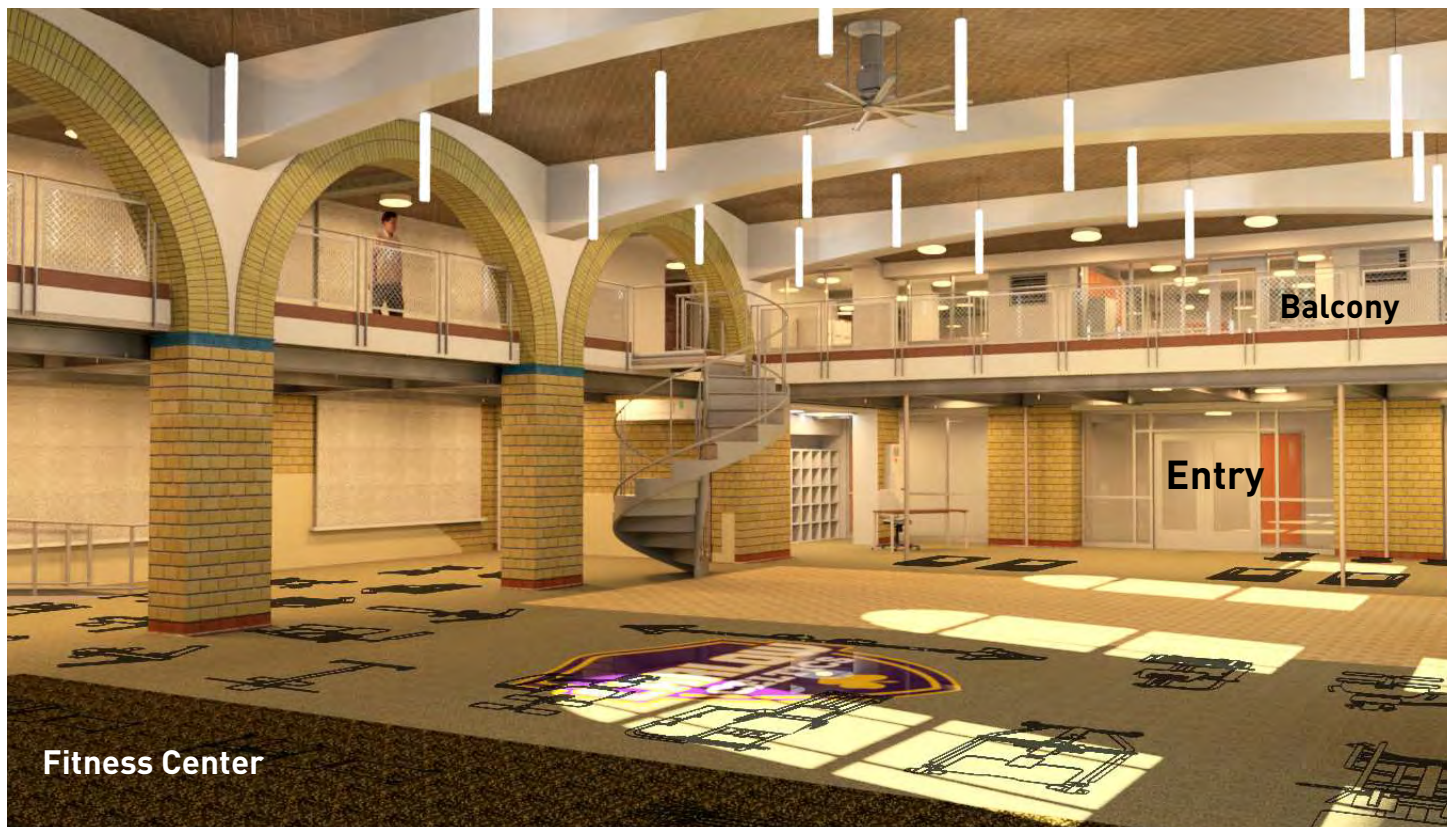
equipment, while also providing a community center the entire campus can enjoy," Dr. Mellon explained.

The renovation will benefit a wide array of exercise and wellness activities. St. Joe's will enjoy a new cardiovascular center and strength training space and an area for group fitness classes. A new studio will serve non-credit dance, aerobic, and yoga classes and offer practice space to the cheer squad, dance team, and theatre group. Additional enhancements include a massage and relaxation suite and a recovery room for athletes and trainers.

The project will be sure to make a positive impact on the lives of all Carlow students. For those who would like to be a part of the St. Joe's renovation project, donations can be made at any and all levels, with naming opportunities starting at \$25,000.

Anyone who feels inspired to give to the renovation is encouraged to contact Kimberley A. Hammer, Esq., Vice President of University Advancement, at 412.578.6294 or [kahammer@carlow.edu](mailto:kahammer@carlow.edu) for more information. ■





## RENOVATION HIGHLIGHTS:

- ✦ State-of-the-art fitness center
- ✦ Space for teams to practice and for competition volleyball
- ✦ New aerobic and yoga studio
- ✦ Designated training areas and locker rooms for the athletic teams
- ✦ New energy efficient, heating and cooling upgrades
- ✦ A new elevator tower to all floors and Americans with Disabilities Act upgrades





↑ Curran Hall Third Floor Control Room and Fourth Floor Skills Lab

# EXPANSION *in* HEALTH CARE TRAINING

BY JAMES FOREMAN

The special care of a Carlow nurse comes from a combination of learning from books and, importantly, many hours of practice. Similar to a fighter pilot learning to fly, a large component of training is hands on. But fighter jets, like human bodies in need of very specific medical care, are not available for training. This is why we need simulators.

To meet the ever-evolving needs of motivated and tech-savvy healthcare providers, Carlow is heading into 2018 with a major upgrade to its already voluminous offerings in nursing simulation.

The name of the Sim Lab got an upgrade, too: It's now called the Celtic Simulation Center for Innovative Learning (CSCIL). The 2,000 square feet of simulation was getting crowded for the growing number of students in the College of Health and Wellness, which includes the nursing and respiratory care programs. To accommodate the increasing

number of students (at least 3% more each year), the space provided for simulation will grow to 4,000 square feet. The simulation space, currently occupying the fourth floor of Curran Hall, will be expanded to include the floor below.

Some of the exciting new additions include mannequins in hospital-like conditions monitored by instructors in a centralized control room. A high-fidelity mannequin like SimMan can be controlled remotely while students are faced with a series of issues they are likely to encounter in the real world. A SimMan can present a wide variety of symptoms with varying degrees of responsiveness depending on the needs of the lesson and the skill level of the student.

Above all, the CSCIL is a learning tool that will enable the university to train more nurses than ever before, bringing that famous Carlow touch to communities all over Pittsburgh and beyond. ■

→ If you would like to make a gift to support the Curran Hall renovation, please contact Kimberley A. Hammer, Esq., Vice President of University Advancement, at 412.578.6294 or [kahammer@carlow.edu](mailto:kahammer@carlow.edu) for more information.





# GOING BEYOND TEACHING:

**DEBORAH TALARICO '73**

Deborah Talarico's reach as an educator has touched thousands of students who have gone on to apply their communications knowledge in a wide range of fields, from the arts to the sciences to business.

At Carlow in the early 1970s, she fulfilled many roles as a resident advisor, the student representative on the alumni association, a member of the theater group, and the student manager in the cafeteria. In 1973, she earned a communications arts degree and became a teacher.

She taught in Hookstown, Pa., during her first year after college and then accepted a position in the Woodland Hills School District located east of Pittsburgh.

"In only four years of studying liberal arts at Carlow, I received a very broad education. When I became an educator, I taught new topics without hesitation. I had the courage to create my own classes on many interesting subjects such as *Othello*, *Taming of the Shrew*, journalism, and philosophy," she said.

Talarico holds dear her memories of the Sisters of Mercy as brilliant professors and forward-thinking role models. She was in attendance at the funeral for Sister Jane Scully in February.

"We need to encourage students to follow service-oriented profession—teaching, counseling, social work, nursing—without feeling burdened by too much student debt. I joined the Callaghan Society because it's important to make it possible for this university to thrive and make a Carlow education attainable for young people," she said.

At Woodland Hills, Talarico taught language arts from 1974 until her retirement. She remains active in the arts, theater, and education. ■

BY ANN LYON RITCHIE

## ***In Her Own Words—A Callaghan Society Member***

*One spring, I volunteered to cover the desk in Frances Warde Hall for Tuition Freedom Day. As busy students passed by, we asked them to write notes to alumni to thank them for their support. Many students were surprised to learn that after March 28 the rest of their tuition is covered by generous donations. They were all truly grateful for the financial aid that made their education possible. I was also thrilled to run into many of my former students from Woodland Hills. These young women were as happy with Carlow as I was long ago. In their rush between classes, they took the time to share with me how happy they were at Carlow and how hopeful they felt for the future awaiting them upon graduation. As we know, with a solid education anything is possible especially for students whose education is enriched by the spirit of humility, service, and excellence, which is ever the mission of Carlow.*

*After that day, my late husband and I decided to become members of the Callaghan Society. The Venerable Mother Catherine McAuley founded the Sisters of Mercy through the legacy of her adopted Callaghan family. The continued generosity of the Callaghan Society members will keep the spirit of Carlow alive for generations to come. In the words of Mother McAuley, "No matter how small the gift, God gives the increase."*

- Deborah Talarico, Class of 1973

## **THE CALLAGHAN SOCIETY**

Callaghan Society members are part of the Carlow University tradition that began in 1822, when the Callaghans, for whom Catherine McAuley, founder of the Sisters of Mercy served as caretaker, made her the sole heir of their estate in Dublin. At that moment, they could not possibly have imagined the enormous good which would result from their bequest over the next two centuries. Today, legacy commitments from Callaghan Society members through their wills, trusts, or other estate gifts ensure the vitality and development of Carlow University and its Mercy-based mission from one generation to the next. To learn more about how you can join the Callaghan Society and make a difference in the lives of students, please contact Nicole DeMartino, Director of Major Gifts at 412.578.6343 or [nmdemartino@carlow.edu](mailto:nmdemartino@carlow.edu).

# Alumni ACTIVITIES

For information on upcoming events,  
visit [www.carlow.edu/alumni](http://www.carlow.edu/alumni).

## NEWS

### 60s

**Geraldine Pociboreck Petrack '64** was chosen to represent retirees for the Presidential Selection Committee for Wright State University. The committee helped to select the first female president in the university's history.

**Anita Sammartino Dacal '69** retired on December 1, 2017 as the Executive Director of Philanthropy for the Carlow University Office of University Advancement after 36 years of loyal and dedicated service to her alma mater.

### 70s

**Susan E. Kral '70** led a service project to Zambia, Africa, in July 2017 through the Ignatian Volunteer Corps and in partnership with Kasisi Children's Home, which is located just outside

the capital of Lusaka. Kasisi was founded in 1926 and is operated by nuns from the order of The Little Servants of Mary Immaculate.

### 80s

**John M. O'Donnell, DrPH, MSN, RN, CRNA '83** was named a 2017 Nurse Educator of the Year by *Pittsburgh Magazine*. Dr. O'Donnell is professor and chair of the Department of Nurse Anesthesia and director of the Nurse Anesthesia Program at the University of Pittsburgh. Dr. O'Donnell has received numerous honors and awards, including the Pitt Chancellor's Distinguished Teaching Award (2011), Cameos of Caring Nurse Educator Award (2010), and the AANA National Program Director of the Year (2006). He was the lead author of the 2009 AHA Structured and Supported Debriefing Course and developed the GAS Debriefing Tool; this debriefing method was adopted in the AHA Core Curriculum for ACLS and PALS.

**Susan Wallace Carnes, CRNP '85** was named the Clinical Director of the Health and Wellness Center at Penn State Behrend.

**Linda Whitehead Carter, MSN, AOCN '86** retired from UPMC Home Health on March 1, 2015. Following retirement she taught Life Science at the East End Cooperative Ministry and volunteered at the Sheep, Inc. free health clinic in Monroeville, Pa., for patients without health insurance. She also continues to be a learner through the Osher Lifelong Learning Institute at Carnegie Mellon University.

**Barbara Luccino, RN '87** celebrated 30 years of working in the Cardiovascular Intensive Care Unit at UPMC Mercy.

**Lisa Paugh Mathey '88** was promoted to the associate director of NewFound Families in Virginia, the statewide adoption, foster, and kinship association.



**Fab40.** L-R: Alonna J. Carter '08, Lachelle Binion '03 '11 '18, Briana White '06, and Natasha Williams '11 were named to *The New Pittsburgh Courier's* Fab40 2018 class. The Fab40 honors local individuals under the age of 40 who are contributing to the community in a positive manner.



Anita Sammartino Dacal '69 at her retirement celebration in Carlow's Gailliot Center.



## 00s

**Mia (Hendricks) Bailey '03** was recently selected to be a part of the Presidential Management Council Interagency Rotation Program. Prior to this honor, Mia was a part of the Excellence in Government Fellows Program. To top it off, she recently celebrated one decade as a federal government employee.

**Lachelle N. Binion, MBA '03, '11, '13, Alonna J. Carter '08 and Briana L. White '06** were named in the distinctive Fab 40 list for 2018 by the *New Pittsburgh Courier*.

**Keri Rebuck Cimarolli '03** accepted a position as energy services division manager at The Markosky Engineering Group, Inc. in Canonsburg, Pa., in January 2018. She has a wealth of experience in the environmental consulting industry working for both public and private clients, including many oil and gas companies. Her responsibilities at Markosky include providing oversight and technical guidance to the Energy Services Department staff, monitoring financial performance, and cultivating new client relationships and business opportunities.

**David Onufer, Jr. '04** was nominated for the 2018 Junior Achievement Young Professionals Luncheon and Inspiring Success Awards.

**Renee Ingel, PhD, MSN '05** became director of Carlow University's Doctor of Nursing Practice and Master of Science in Nursing Education and Leadership programs in January 2016.

**Brianna L. White '06** was honored by the Cystic Fibrosis Foundation as one of Pittsburgh's 50 Finest at the foundation's annual gala on August 12, 2017.

**Misti McKeehen, MS '07** became executive director of the Center for Social Concern at Johns Hopkins University.

**Megan Walsh '08** was named director of consulting at Sisterson & Co., LLP in January 2018, making her the youngest person to hold the title of director in the company's history. Walsh has spent nearly 10 years rising through the ranks of consulting services at the accounting firm.

**Erica Fields Pullen '09** published a children's book in February 2018 titled, *Believing in Myself!*, based on a

dark-skinned, African American girl who refuses to give up on her dream despite rejections from multiple auditions. Pullen plans a second book geared toward boys to be penned at a later date.

## 10s

**Debra Brewer '17** attended the Sigma Theta Tau International Honor Society of Nursing conference in Ireland to present her work "Standardized Reporting of Functional Loss in Disability Examinations." Debra is a nurse practitioner in the VA Medical Center.

**Jessica Fiori Huber, MSN, RN '10** was honored by the Cystic Fibrosis Foundation as one of Pittsburgh's 50 Finest at the foundation's annual gala on August 12, 2017.

**Jacqueline Dixon '11** established the Jackie Dixon Scholarship. This scholarship is awarded through the NEED Foundation to a student pursuing higher education at either Carlow University or Alabama A&M University.

**Jacqueline Dixon '11** has been selected by Get Involved, Inc. as a

Visit Carlow's Alumni photostream on Flickr at [www.carlow.edu/alumphotos](http://www.carlow.edu/alumphotos).



**Alumni Scholarship Benefit.** Ashley Kunkle '11 and Yazmin Bennett-Kelly '19, recipient of the 2018-2019 Sister Rose Marie Hauber, RSM Endowed Scholarship.



**Wigle Whiskey Event.** Carlow alumni enjoyed an evening of food, fun, and games with proceeds benefiting the Carlow Fund.



**Breakfast with Santa Event.** Valerie Mazza '00 and her son got into the holiday spirit during a visit with Santa.

Woman of the Year. Get Involved!, Inc. provides leadership and development programs and initiatives that engage, energize, educate, and empower students, young professionals, and lifelong learners to make a positive difference in their communities and to become civically engaged. The award was presented on March 27, 2018 at the 9th Annual Pittsburgh Service Summit.

**Terri Shields '12** established JADA House International, Inc. in October 2014. This faith-based, community outreach, nonprofit ministry provides a space for people of all ages—adults, teenagers (13-17), and juniors (6-12)—to discuss their social and spiritual challenges. There are no judgments or judging inside of fellowship together. They eat, share, heal, and learn, as Terri fervently works to improve the wellbeing of her community.

**Ginny Jacob '13** was among the "The 20s of 2018 Pittsburgh" featured in the April issue of *Whirl Magazine*. Jacob is the executive assistant at Visit Lawrence County, where she helps promote the area for tourism and residential growth. She is also the treasurer of Young Professionals of Lawrence County and sits on the local committees of Donut DAZE, Mardi Gras Masquerade, and New Visions for Lawrence County.

**Heather Kaczorowski '13** was among the "The 20s of 2018 Pittsburgh" featured in the April issue of *Whirl Magazine*. Kaczorowski is a realtor for the Berkshire Hathaway Home Services West/Airport Regional Office where she is a multi-million dollar producing agent.

**Rebekah Stern, MEd, JD '13** earned her Doctorate of Jurisprudence from the University of Colorado's Law School on May 11, 2018, exactly five years after graduating with a bachelor's degree from Carlow.

**Jessica Hobson '14** was nominated for the 2018 Junior Achievement Young Professionals Luncheon and Inspiring Success Awards.

**Julie L. Decker, DNP, RN '15** presented at the Sigma Theta Tau's 28th International Nursing Research Congress, which was hosted in Dublin, Ireland, July 26-31, 2017. Dr. Decker coauthored and presented the research study titled "Understanding the Lived Experiences of Veterans Entering Pre-licensure Nursing Programs in the United States," with Dr. Teresa Shellenbarger, a nursing professor from the Indiana University of Pennsylvania.

**Tina M. Boni, PsyD '16** accepted a position in July 2017 with Meridian Behavioral Health Services (MBHS) in Brentwood, Tenn., as the assistant vice president of quality assurance. Boni completed her residency in Health Psychology at Conemaugh Memorial Hospital in Johnstown, Pa., and completed her pediatric fellowship at the Children's Institute of Pittsburgh. She has relocated from Pittsburgh to the Nashville area to begin her career with MBHS.

**Francis Feld, DNP, CRNA '16** was recently deployed by the Department of Health and Human Services to Texas for Hurricane Harvey and to Puerto Rico for Hurricane Maria as part of the National Disaster Medical System. Assigned to NY 4 Disaster Medical Assistance Team, he worked with other team members in providing emergency and primary care to citizens requiring medical treatment. Francis was also named Advanced Practice: Excellence in Nursing Honoree 2017 by *Pittsburgh Magazine*. Francis works at UPMC Passavant Hospital as a nurse anesthetist.

**Stephanie Annarumo Bailey, MSN, FNP '17 and Shannon Myers, MSN, FNP '17** began new roles as Family Nurse Practitioners for Ellwood Medical Center. The recently renovated facility will offer

the rural community a pediatrician, gastroenterologist, and gynecologist all under one roof.

**Morgan Boyer '17** published a chapbook "The Serotonin Cradle" by Finishing Line Press.

## BIRTHS

**Rudi Lynd McLane '10** and her spouse, Michael, welcomed their first child, Haley Lynn McLane, into the world on March 6, 2018.

**Rachel Blonski McKee '13, '16** and her spouse, Ryan, welcomed a little girl, Kaylee Rae, in December 2017.

## MARRIAGES

### 00s

**Kristen Marie Kirsch '09** married John James Baker on October 21, 2017.

### 10s

**Melissa Jackson '10** married Jake McMillen on March 25, 2017.

**Alyssa Pfeifer '15** married Glenn Moyer on October 13, 2016.

## IN MEMORIAM

### 30s

**Alice McKeever Riley '33**, March 17, 2018.

**Eileen Entress McVey '37**, October 27, 2017.

**Anne Roberts Duff '38**, October 4, 2017.

**Rosemary Houlihan Linsley '38**, December 4, 2017.

**Sister Jane Scully, RSM '39**, February 17, 2018.



## 40s

**Lois Brown Gaffney '41,**  
November 2, 2017.

**Sister Mary Schmidt, RSM '42,**  
February 17, 2018.

**Rosemary Mazon '44,**  
January 18, 2015.

**Marjorie Weimerskirch Montgomery '46,** September 22, 2017.

**Mary Rowan Capenos, PhD '48,**  
March 28, 2018.

**Helen "Ruth" Crowley Engle '48,**  
April 5, 2018.

**Margaret Carlin '49,**  
January 19, 2018.

**Mary DiLucente Cassinelli '49,**  
March 15, 2018.

## 50s

**Doris Marie Benzenhoefer Tobin, MD '50,** January 3, 2018.

**Patricia Keegan '50,** October 23, 2017.

**Dolores "Dolly" Strauss Kelly '50,**  
November 25, 2017.

**Mary Jean Roth Goehring '51,**  
October 26, 2016.

**Margaret Ann Gordon Herald '51,**  
July 9, 2015.

**Jane Nash Purtill '51,** July 28, 2017.

**Sister M. Gretchen Weigl, RSM '53,**  
November 21, 2017.

**Sister Mary Antoinette Popovic, OSF '53,** January 26, 2018.

**Sister M. Rosalia Caulfield, CDP '54,**  
December 23, 2017.

**Catherine Mahoney Flanary '54,**  
October 2, 2017.

**Margaret Cauley Kluk '54,**  
August 9, 2017.

**Norma Wandrisco Very '55,**  
November 7, 2017.

**Clara Conte Weiler '55,**  
August 7, 2017.

**Gertrude Geneske Farrell '56,**  
March 29, 2018.

**Sister Carolyn Capobianco, ASCJ '58,**  
February 13, 2017.

## 60s

**Marcia Meyer Frack '60,**  
September 2, 2017.

**Sister Barbara Mary Marshall, RSM '60,** November 9, 2017.

**Veronica Dobies Scardon '60,**  
July 19, 2017.

**Irene Totin Estocin '61,**  
December 28, 2017.

**Carol Boyle McGinnis '61,**  
January 28, 2018.

**Patricia Slogan Wilson '62,**  
August 7, 2017.

**Rosemarie Cusano Swiderski '63,**  
September 5, 2017.

**Helen Sivak Lenney '64,**  
August 8, 2017.

**Sister Francis Xavier O'Neill, RSM '64,** July 30, 2017.

**Eileen McPeak Cook '65,**  
December 13, 2011.

**Sister Jane Fadgen, RSM, '65,**  
January 9, 2018.

**Sister Rita Keshock, OSBM '64,**  
November 19, 2017.

**Diane Piscitelli Warren '65,**  
July 29, 2017.

**Catherine Grenci McDonough '66,**  
July 13, 2017.

**Marjorie Ellen Cohen Posner '67,**  
April 24, 2018.

**Linda Williams Avolio '68,**  
January 23, 2013.

**Patricia Ann Black '68,**  
December 14, 2017.

**Sister Anne Carville, OSF '68,**  
February 3, 2018.

**Gloria J. Miket '68,** May 7, 2017.

## 70s

**Sister Eileen Chlebowski, SHS '72**  
(formerly Sister Madalyn Francine Chlebowski), March 9, 2015.

**Denise Koslin Chapes '75,**  
May 20, 2017.

**Mary Beth Homer '75,**  
August 14, 2017.

**Glenda Griffith '76,** March 13, 2018.

**Joseph P. Miele '77,** March 7, 2018.

**Concetta E. "Connie" Rotondo '78,**  
October 11, 2017.

## 80s

**Patricia Minko Gregor '81,**  
July 21, 2017.

**Norma Jean McClain '81,**  
December 25, 2014.

**Virginia Varley Donihi '82,**  
December 24, 2015.

**Christine Allen Murray '82,**  
December 12, 2017.

**Sharon McCLung Kirk '85,**  
February 1, 2018.

**Cleora Thomas Pugh '87,**  
October 17, 2017.

**Marsha Palmer Roenigk '88,**  
March 24, 2016.

## 90s

**Mildred Taylor Greene '92,**  
November 10, 2011.

**Janet Salley Rakoczy '92,**  
February 12, 2018.

**Karen L. Davis '96, '98,**  
September 8, 2012.

**Debra Karr Jablonsky '96,**  
September 11, 2017.

**Karen Michalski '96,**  
December 14, 2017.

**Beverly Ann Gilbert '97,**  
October 22, 2017.

**Mary Kinney '98,** May 7, 2017.

**Stanley R. Mozina, Jr., '98,**  
October 2, 2015.

## 00s

**Cynthia L. Grable Davis '00,**  
October 26, 2017.

**Mary Beth Lorenzetty '02,**  
July 25, 2016.

## FRIENDS

**Marilyn Pfohl Donnelly,** January 7, 2018. Marilyn was a founding member of Madwomen in the Attic and an honoree of The Marilyn P. Donnelly Distinguished Writer in Residence Program Endowment, which was established by her late husband, Thomas J. Donnelly.

## SYMPATHY TO

### 40s

**Sister Mary Schmidt, RSM '42** for the loss of her sister, Catherine Schmidt Williams, October 13, 2017.

### 50s

**Kathleen McClain Lee '55** for the loss of her daughter, Maria Lee, March 15, 2018.

**Joan Alfieri Gannon '57** for the loss of her husband, Dr. Norbert O. Gannon, August 10, 2017.

### 60s

**Jean Similo Baldwin '61** for the loss of her husband, Wilmer K. "Bill" Baldwin, December 23, 2017.

**Mary Jean Conroy Coughlin '62** for the loss of her husband, James, February 14, 2018.

## 70s

**Georgia Homer '70** for the loss of her sister, Mary Beth Homer '75, August 14, 2017.

**Virginia "Ginger" Martin Monaghan '74** for the loss of her husband, E. J. Monaghan, April 5, 2018.

**Mary Kathleen Scully '75** for the loss of her aunt, **Sister Jane Scully, RSM '39,** February 17, 2018.

**Susan E. Lee '79** for the loss of her father, George A. Ley, Jr., August 11, 2017.

## 90s

**Barbara Knaus Mistick, PhD '90** for the loss of her father, William A. "Bill" Knaus, February 25, 2018.

**Susan Banaszak Catena '97** for the loss of her brother, Alan W. Banaszak, February 22, 2017.

**SAVE THE DATE!**  
**HOMEcoming**  
**WEEKEND 2018**  
**September 21-23, 2018**  
*It's good to be home!*





# EXPRESSIONS

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*Summer Babies*, oil, by Carlow art major **John Freund**.

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