

CARLOW

UNIVERSITY
MAGAZINE



WINTER 2019



Letter from the PRESIDENT



Dear Friends,

It's often said that everything old is new again. So it is at Carlow University as we celebrate, in ways large and small, our 90th anniversary, while always looking toward the future to how our students will impact the world!

With the Class of 2023 newly arrived on campus, we kicked off our anniversary celebrations in September with a campus-wide community food-packing event. Students, faculty and staff from the university and The Campus Laboratory School gathered in St. Joseph's Hall and packaged more than 20,000 meals for the hungry in Burkina Faso, West Africa, a nation plagued by droughts, flooding and political unrest. The event was energizing for everyone, paying homage to our founders, the Sisters of Mercy, while addressing a current, real-world problem.

We continue to hold fast to the values that were embedded in the university's culture in 1929. They have not changed; indeed, we find them more relevant than ever. Mercy, hospitality, service, discovery and the sacredness of creation. These are the values that call us to serve the poor, welcome the stranger, care for the sick, esteem learning and respect the dignity of all persons.

In the early months of 2019, a team of staff, faculty, trustees and students began the work of developing the university's next strategic plan. It was completed and approved by our board in October. In the plan, *The Carlow Commitment*, we hold fast to our mission, while lighting the fire for the vision that will carry us forward in a time of rapid and unprecedented change. Read about it further in these pages; it is the roadmap for our future.

In support of *The Carlow Commitment*, we plan to construct a new academic building on Fifth Avenue with state-of-the-art classrooms and laboratory space for new graduate health sciences and technology programs that will prepare innumerable students for professions in high demand here and across the country. The building will connect Carlow's lower and upper campus, provide a landmark presence on Fifth Avenue, offer a welcome center for visitors, and establish this area of Oakland as the gateway to the innovation district.

The celebrations of our 90th will continue throughout the year. We were proud to have the Social Justice Institutes and Atkins Center for Ethics sponsor important guest lectures: Ibram X. Kendi, author of "How to Be an Anti Racist" and Yusef Salaam, one of the exonerated from the Central Park Five jogger case. Both of these men give voice to critical issues of racism and justice in our society, and Carlow is proud to participate in elevating their messages.

The year long celebrations will culminate on **April 2, 2020**, at the **Women of Spirit® Gala**, when we honor several women whose lives and careers exemplify our Carlow values. I hope to see you there!

Sincerely,

A handwritten signature in black ink that reads "Suzanne K. Mellon". The script is elegant and cursive, with a long, sweeping underline.

Suzanne K. Mellon, PhD

CARLOW

UNIVERSITY

MAGAZINE

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Carlow University, as an educational institution and as an employer, values equality of opportunity, human dignity, and racial/ethnic and cultural diversity. Accordingly, the university prohibits and will not engage in discrimination or harassment on the basis of race, color, religion, national origin, ancestry, gender, age, marital status, familial status, sexual orientation, disability, or status as a disabled veteran or a veteran of the Vietnam era. Further, the university will continue to take affirmative steps to support and advance these values consistent with the university's mission. This policy applies to admissions, employment, and access to and treatment in university programs and activities. This is a commitment made by the university and is in accordance with federal, state, and/or local laws and regulations.



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PLACES *and* SPACES

*an inside look at Carlow's
personal and public spaces*



THE WATERFALL

Adjacent to University Commons, there exists a place of tranquility, a space for reflection, contemplation, and new perspective, removed from the obligations and pace of one's day.

This place where water gently splashes over the rocks is simply called "The Waterfall," yet it serves as a powerful symbol on Carlow University's campus. And during the warm, and not-so-warm, days of the academic year, it's a common ground for students, faculty and staff, possibly drawn to the allure of water, studying, reading, eating lunch or engaging in meaningful conversation.

On the wall above the waterfall is a quote from Catherine McAuley, founder of the Sisters of Mercy. It reads, "We must try to be like those rivers which enter the sea without losing any of the sweetness of the water."

This quote speaks of our call to embody the values of the university, wherever we are, in all that we do.

The values we have chosen to identify ourselves are much larger than Carlow University's 15 acres. In a world aching for the experience of warm hospitality, respect for all creation, the power of imagination and merciful service, we carry the responsibility of giving life to these values on our campus and beyond.

The rushing of the waterfall is a reminder of the power of such a commitment to change our world.

—Includes excerpt from "Our Mercy Heritage"

NOTED — and — QUOTED

"They need to learn to talk and be empathetic, it's just not a given anymore in society. Anybody can run a machine ... so I would much rather have a nurse that would hold my hand and show empathy to me than knowing how to run the monitor."

+ Deborah Evers, an assistant professor, nursing, quoted in a *Pittsburgh Post-Gazette* story about the use of actors to portray patients for nursing and medical students, November 11.

"I found the connection fascinating. Despite all the criticism it became a smash hit. We hope it spurs some interest in the younger generation. We have been advertising it on campus because we want to share the story of the history of this university."

+ Steve Fatla, Carlow's theater manager and director of *Abie's Irish Rose*, a play that was playing in Pittsburgh when Carlow opened its doors on September 24, 1929, September 21.

"These are the stories and everything that I really yearned for throughout my life, and then to have the honor of being in the position to actually create it, to create something that's so everlasting—I'm just very honored."

+ Carlow senior art therapy major Jasmine Cho, speaking of the Outdoor Art Gallery on the Fifth Floor of University Commons to CBS News This Morning in a story about her cookie art depicting history-making Asian-Americans, October 24.

"It really fits into our mission of service. We have a value of sacredness of creation, which calls upon us to build a world where everyone can thrive, so having nourishment is part of that."

+ Sister Sheila Carney, RSM, special assistant to the president for Carlow's Office of Mercy Heritage, on the Catholic Relief Services' meal packing. Quoted in *Pittsburgh Catholic*, October 31.

"I can remember vividly looking at them in the incubator. I vividly remember looking at them through the school bus window. Now I'll be at Carlow, looking up at that dorm room."

+ Laura Witt, mother of incoming first-year nursing student and triplet, Hannah Witt, who—along with her two brothers—moved into three different western Pennsylvania colleges on the same day. Quoted in the *Pittsburgh Post-Gazette*, August 22.

"The work life balance is important to them. They want to be invested in their community."

+ Jennifer O'Toole, Carlow's career development director, commenting on why the Pittsburgh region ranks so highly for new college graduates, quoted in the *Tribune Review*, July 26.

MISSIONS THAT WORK TO INFORM, TRANSFORM AND EMPOWER

Each with a unique focus, yet both aligned with the mission and core values of the university, The Atkins Center for Ethics and the Social Justice Institutes at Carlow University intersect to advance ethical, systemic change toward the creation of a just and merciful world.

Carlow University Magazine sat down with **CHRYG GABRICH**, interim director of The Atkins Center for Ethics, and **RYAN SCOTT**, director of the Social Justice Institutes, to talk about a few of their joint initiatives and the ways in which they work together to bring about social justice.

Carlow University Magazine:

Could you highlight one aspect of your respective missions?

Gabrich: Society continues to be faced with complex, ethical issues. It's become increasingly more difficult to discern

what is right, fair, just, legal and moral in today's ever-changing world. Preparing our students as ethical leaders and giving them opportunities for civil discourse on wide-ranging topics facing our world has never been more critical. A recent initiative was bringing to campus a panel discussion titled "Water and Ethics: A Moral Drought?" which educated attendees about the ethical issues surrounding something we all take for granted.

Scott: The Social Justice Institutes is an umbrella organization that facilitates systemic change by informing and educating for social justice. Through the Grace Ann Geibel Institute, we provide faculty and staff with grants. Recent examples involve the effort to combat human trafficking and supporting people in Uganda by drilling water wells. Through our Youth Media Advocacy, we fund initiatives, such as giving inner-city Pittsburgh students the opportunity to take college-level courses at Carlow.

Carlow University Magazine: Your work intersects. Do you have a shared vision?

Scott: Our hope is that anyone who engages with our initiatives—whether it's faculty, staff, students, community leaders or stakeholders—leaves more informed, transformed and empowered to affect positive change.

Carlow University Magazine: Could you share two examples of initiatives you've co-sponsored and their outcomes?

Scott: We sponsored Yusef Salaam, one of the Central Park Five who was falsely

imprisoned and then exonerated, at the campus. I can't tell you the number of people who said his presentation was powerful and life-changing—and that it brought to light the prejudice people experience after they're released from prison from wrongful convictions. Another collaboration was a panel discussion last year that addressed hate and discrimination after the Squirrel Hill Tree of Life tragedy, which was a powerful demonstration of our community's desire to express its compassion and solidarity with the greater Pittsburgh community.

Carlow University Magazine: How can people get involved?

Gabrich: Attend events. If our goal is to raise awareness and educate people about the injustices of social issues, one way to do that is by participating in these events and being an active part of the dialogue.

Scott: It's also important for people to know that we're receptive to their ideas and can take them into the Pittsburgh community to partner on initiatives.

Carlow University Magazine: How would one learn more about this?

Gabrich and Scott: Contact us directly at 412.578.6104, cgabrich@carlow.edu, or 412.578.2043, rsscott@carlow.edu, respectively. ■

Compiled by Elizabeth Fazzini



3333 FIFTH

news + notes



► AUTHOR IBRAM KENDI DISCUSSES 'HOW TO BE AN ANTIRACIST' AT CARLOW

Carlow University hosted best-selling author Ibram X. Kendi for a discussion of his book *How to Be an Antiracist* Oct. 14 in the Gailliot Center.

"The only way to undo racism is to consistently identify and describe it, and then dismantle it," he said, pointing out that much of racism can be found in systemic roots that pervade American society.

In his book, Kendi, a professor of history and international relations and founding director of the Antiracist Research and Policy Center at American University, offers new ways of thinking about how an anti-racist society might look and how individuals can play a part in building such a society.

Kendi appeared at Carlow in conjunction with his appearance as part of the Pittsburgh Arts & Lectures series, which the university sponsored.

► CARLOW NAMED IN US NEWS AND WORLD REPORT'S COLLEGE RANKINGS

U.S. News and World Report has ranked Carlow University at No. 75 on its Best Regional Universities North list of nearly 200 schools. *U.S. News & World Report's* rankings, now in their 35th year, group schools into 10 categories based on their academic missions and rank them using 15 indicators of academic quality.



► CARLOW RECOGNIZED AS A COLLEGE OF DISTINCTION FOR 2019-2020

For the fourth consecutive year, Carlow University has been recognized as a College of Distinction by Colleges of Distinction (collegesofdistinction.com).

This year, in addition to the overall honor, Carlow was named a Catholic College of Distinction and a Pennsylvania College of Distinction, and received special certifications for its programs in business, education and nursing.

Colleges of Distinction is a trusted resource for more than 5 million students, parents and guidance counselors across the United States. The organization's mission is to help parents and students find not just the "best college," but the right college.

Colleges of Distinction's Abound initiative (abound.college), geared toward adults seeking undergraduate or graduate degrees, ranks Carlow University among the best colleges in America for adults.

► CARLOW INCLUDED ON MONEY MAGAZINE'S 2019-2020 LIST OF BEST COLLEGES FOR YOUR MONEY

Carlow University is among the 744 colleges and universities on *Money Magazine's* annual list of Best Colleges for Your Money. The magazine ranks colleges that successfully combine quality and affordability, based on such factors as tuition and fees, family borrowing, and career earnings.

► INCOMING BOARD OF TRUSTEES

Six new members of the Board of Trustees were welcomed at the October board meeting. For Michele Atkins and Theresa Scotti, who were designated trustees emerita at the conclusion of their previous terms on the board, it wasn't so much "welcome" as "welcome back."

"Our six new trustees bring valuable experience and expertise to our board, as well as a passion for Carlow and our community," said Suzanne K. Mellon, PhD, president of Carlow University. "I am excited to welcome them to the board, and look forward to

working with them to further the mission of the university."

The new board members are:

- + Michele Atkins, chair, Development and Alumni Engagement Committee
- + Patricia Donohoe, registered nurse, nurse educator, entrepreneur and innovator
- + Sister Mary Fanning, RSM, retired faculty member of Notre Dame of Maryland University's Department of Business and Economics and former president and CEO of Our Lady of the Way Hospital in Martin, Ky.

- + The Hon. Katherine Fredriksen, angel investor and former president of Consol Energy Inc.
- + Diane Gilworth, senior vice president of clinical services for Highmark and a geriatric nurse practitioner specializing in cardiology
- + Theresa Scotti, serving on the Investment and Benefit Subcommittee, Financial Oversight Committee and Oversight Task Force for P3 Partnership and Lower Campus Development

PROGRAM UPDATES/PARTNERSHIPS

► AHN, CARLOW PARTNER ON BRADDOCK NURSE PRACTITIONER RESIDENCY

Funded by a \$1.8 million grant from the U.S. Health Resources and Services Administration, Allegheny Health Network (AHN) and Carlow University are embarking on a four-year project based in Braddock, Pa., that will train newly graduated nurse practitioners to care for patients in underserved and disadvantaged communities.

The AHN-Carlow University Primary Care Nurse Practitioner Residency project will provide primary care residency training to 15 family nurse practitioners over four years at AHN Urgent Care Center in Braddock, a community-based, primary care clinic located in a federally designated Medically Underserved Area. It is one of 38 such grants awarded this year, and the only one awarded in Pennsylvania. The project aims to increase the number of primary care providers working in medically underserved or rural areas, train nurse practitioners in using telehealth to screen and assess patients, and improve nurse practitioners' skills in caring for patients struggling with mental illness or opioid abuse.

"This initiative to create a residency for new family nurse practitioner graduates fits Carlow's mission so well," said Deborah Mitchum, DNP, ANP-BC, director of the nurse practitioner program. "During a one-year period, following graduation, the nurse practitioners will function in a supervised setting, full of practice and continuing education opportunities. They will gain skill and acquire new knowledge as advanced care providers while managing acute and chronic conditions, promoting good health through education, and providing counseling services to many in the Braddock community."

Residents of Braddock face numerous health challenges, including high rates of respiratory disorders, homes that are at risk for lead paint on the walls and lead in drinking water, and high rates of disability in people under age 65. An estimated 32% of borough residents live in poverty, and about 13% have no health insurance, both well above state and local averages.

► CARLOW TO LAUNCH FOUR NEW GRADUATE PROGRAMS IN HEALTH SCIENCES

Carlow University plans to launch four new graduate programs in the health sciences—speech pathology, physician's assistant, physical therapy and occupational therapy. The programs are in candidacy for provisional accreditation and not currently recruiting students. Plans call for the speech pathology and physician's assistant programs to hold their first classes in fall 2021 and physical therapy and occupational therapy to see their first students in fall 2024 and fall 2025, respectively.

► CARLOW'S MSW PROGRAM AWARDED CANDIDACY STATUS

Carlow University's Master of Social Work (MSW) has been awarded Candidacy by the Council on Social Work Education's Commission on Accreditation.

Students who enter programs that attain Candidacy in or before the academic year in which they begin their program of study will be retroactively recognized as having graduated from a CSWE-accredited program once the program attains Initial Accreditation.

Candidacy is typically a three-year process, and attaining Candidacy does not guarantee that a program will eventually attain Initial Accreditation.

Candidacy by the Council on Social Work Education's Commission on Accreditation applies to all program sites and program delivery methods of an accredited program. Accreditation provides reasonable assurance about the quality of the program and the competence of students graduating from the program.

Candidacy for a baccalaureate or master's social work program by the Council on Social Work Education's Commission on Accreditation indicates that they have made progress toward meeting criteria for the assessment of program quality evaluated through a peer review process. A program that has attained Candidacy has demonstrated a commitment to meeting the compliance standards set by the Educational Policy and Accreditation Standards, but has not yet demonstrated full compliance.



► **RENEE INGEL HONORED
BY CAMEOS OF CARING
AS CARLOW'S 2019 NURSE
EDUCATOR**

Renee Ingel, PhD, MSN, RN, director of the Doctor of Nursing Practice (DNP) program and MSN in Education Leadership at Carlow University, was named Carlow's 2019 Nurse Educator for the Cameos of Caring, sponsored by the University of Pittsburgh's School of Nursing.

Ingel says she loves many aspects of nursing, but her favorite experiences are when she works with students to impact community health concerns.

"I have had numerous groups of students change consumers' lives through teaching them about wellness and disease prevention," she said. "I enjoy collaborating with many departments and faculty to deliver programs that make a difference."

Ingel earned her master's in nursing from Carlow and her bachelor's and doctoral degrees from the University of Pittsburgh.

She currently teaches in the graduate nursing programs at Carlow, and also has experience working in acute direct care, home care, a doctor's office and research. While she has had the opportunity to make a difference in people's lives in each role, she says patients often impact the nurse as much as the nurse impacts the patient.

"Nursing has been a blessing to me," Ingel said. "Nurses work in so many areas providing direct care, advocating for improved health in community settings and educating future nurses who will continue to drive healthcare. As an educator, I have helped students through exciting, stressful, challenging times, and have seen them succeed. The most rewarding feeling is knowing you have made a difference."



L-R: Suzanne K. Mellon, PhD, Sarah Jacobs, Jasmine Cho, Jeanne Gleason '60, Emily Armstrong

► **TRUSTEES HONOR STUDENTS, FACULTY MEMBER WITH
A MISSION MOMENT**

At the October Board of Trustees meeting, six students and a faculty member were honored for creating a legacy that brings the heritage and mission of Carlow University to life. Students Emily Armstrong, Jasmine Cho, Tori Hirsh, Taylor Humes, Katie Krall and Katie Winter were honored for designing the Outdoor Art Gallery, an installation made of die-cut aluminum and glass panels that surrounds the fifth-floor balcony of University Commons. Sarah Jacobs, instructor for the course Advanced Art and Media Projects they took before creating their designs, was also honored.

The trustees thanked them for their talent, commitment, creativity and dedication.



► **HEINZ HISTORY CENTER
NAMES DALE HUFFMAN
MASTER VISUAL ARTIST**

Dale Huffman, chair of the Art Department at Carlow University, has been chosen by the Senator John Heinz History Center for recognition as a master visual artist. His work will be featured in an exhibition at the history center starting in mid-December through September 2020.

Every five to 10 years, the history center has a master visual artist exhibition that recognizes "artists whose works and contributions to the arts in the Western Pennsylvania region reflect a lifetime of outstanding achievements." Huffman is the only ceramicist being honored as a master visual artist.



► CARLOW COMMUNITY REMEMBERS TREE OF LIFE ONE YEAR LATER

On Nov. 1, the Carlow community gathered in the Gailliot Center to mark the one-year anniversary of the Tree of Life synagogue shooting with a prayer service and remembrance of the 11 lives lost. The service featured reflections from members of the Carlow community, including Jess Gold, Caroline Silver and Marsha Frank, and individual reflections. Silver led the gathering in repeating Psalms 23 and 91 in English after she read in Hebrew.

► CARLOW HOSTS THE DISRUPTING HEALTHCARE CONFERENCE

Carlow University's College of Health and Wellness presented the Disrupting Healthcare Conference Sept. 23. Daniel Weberg, PhD, RN, nationally acclaimed nursing and healthcare innovator, author and scholar, was the keynote speaker.

"Dr. Weberg's guidance helped us challenge healthcare leaders to think outside the box," said Renee Ingel, PhD, MSN, RN, director of Carlow's Doctor of Nursing Practice (DNP) program and MSN in Education Leadership. "The opportunity to integrate this cutting-edge content into our curriculum is exhilarating and refreshing."

Weberg, senior director for nursing innovation and leadership for Kaiser Permanente's National Nursing Leadership and Strategy Team, is an expert on human-centered patient design and simulation and healthcare innovation. He is also on the faculty at The Ohio State University College of Nursing.

With extensive clinical and academic experience, Weberg advocates for teaching clinicians to be competent in leadership behaviors, innovation, team-based care and evidence-informed practice to improve the way healthcare is delivered in the future.



L-R: Lt. Col. Faith M. Chamberlain, Taya McCullough, McKenna Lampe, Madison Lampe, Lucas Smith, Suzanne K. Mellon, PhD

► FOUR CARLOW STUDENTS EARN MINUTEMAN SCHOLARSHIPS THROUGH ROTC

Four Carlow University students—freshmen Madison Lampe, McKenna Lampe and Taya McCullough and sophomore Lucas Smith—have received Minuteman Scholarships, which are awarded to high-caliber students by the U.S. Army Reserve.

Recipients receive two, three or four years of tuition and fees paid in exchange for part-time service after graduation. The Lampes, both nursing majors, and McCullough, an art therapy major, will serve in the U.S. Army Reserve. Smith, a biology major, will serve in the Pennsylvania National Guard.

The students were congratulated on their achievement by Carlow University President Suzanne K. Mellon, PhD at an Oct. 29 ceremony in University Commons.

► CARLOW OFFERS CENTER FOR EXPERIENTIAL LEARNING

Carlow University's new Center for Experiential Learning gives students more opportunities to complement their classroom learning by providing support for different types of experiential learning: internships, service learning, study abroad, undergraduate research and leadership activities.

David Gallaher, PhD, chair of the Department of Chemistry, is faculty coordinator for the center, and Beth Zamboni, PhD, co-chair

of the Humanities Department, is faculty coordinator for research and the Honors program.

"In their leadership roles, Dr. Gallaher and Dr. Zamboni will make a strong team and I am certain their collaborative efforts will distinguish the Center for Experiential Learning as one that provides our students with exceptional opportunities to enhance their learning and develop crucial skills for success," said Sibdas Ghosh, PhD, provost and vice president for Academic Affairs.

GRANTS

► \$1 MILLION GRANT AIDS CREATION OF EARLY CHILDHOOD EDUCATION APPRENTICESHIP PROGRAM

A \$1 million grant from an anonymous donor will assist Carlow University's creation of the Western Pennsylvania Early Childhood Apprenticeship Hub, which is aimed at improving the quality of childcare throughout Pennsylvania by making higher education more accessible to childcare workers.

"The focus of the Apprenticeship Hub is on opening access and reducing barriers to school enrollment and degree attainment for working adults," said Keely Baronak, EdD, executive director of The Campus Laboratory School at Carlow University and chair of the Education Department. "This is especially critical for diversification of the teacher pipelines."

The grant will support Carlow's efforts to encourage more childcare workers to complete their degrees or pursue advanced degrees.

"We are thrilled to receive this funding which has the potential to improve early childhood education throughout Western Pennsylvania," said Baronak. "This work dovetails with our \$1.2 million grant award this past spring awarded by (the National Science Foundation) in support of STEM scholarships for those pursuing teaching certification in biology, chemistry and math."

The hub is the first four-year apprenticeship model in early childhood education approved by Pennsylvania's Department of Labor.

► CARLOW RECEIVES \$173,000 BENEDUM FOUNDATION GRANT

Carlow University has received a \$173,000 grant from the Claude Worthington Benedum Foundation that will help uncover new career opportunities for education majors in settings outside the formal school structure.

"Out-of-school learning environments play a critically important role in the lives of children and the communities in which they reside," said Keely Baronak, EdD, chair of the Education Department. "Through this

grant, we will be able to identify key educator competencies and learning outcomes with community organizations that can play an important role in children learning, but are usually found outside the formal school structure."

Baronak believes any organization that seeks to engage children and young adults—such as museums, science centers, theaters, arts organizations, youth ministry groups, after-school and recreation center programs, and libraries—could benefit from knowledge gained from grant research.

Through this grant, Carlow will develop partnerships in the community to develop the first undergraduate experiential learning/out-of-school learning undergraduate and graduate major, including the Children's Museum of Pittsburgh.

► DOJ GRANT TO COMBAT SEXUAL, DATING AND DOMESTIC VIOLENCE

The U.S. Department of Justice's Office on Violence Against Women has awarded Carlow University a \$289,442 grant to support the development of a coordinated community response team to address issues pertaining to sexual, dating and domestic violence.

In addition to on-campus trainings, the grant will fund a project coordinator who will plan activities, oversee data collection, and serve as the point of contact with internal and external partners, which include Pittsburgh Action Against Rape, the Pittsburgh Bureau of Police, and the Adolescent and Young Adult Medicine Unit at UPMC Children's Hospital of Pittsburgh. The grant proposal also addressed representation of the LGBTQ community and students with disabilities, as research has shown that these groups are disproportionately affected as victims of sexual, dating or domestic violence.

► CARLOW RECEIVES \$75,000 IN SHEA FOUNDATION GRANTS

Carlow University has received \$75,000 in grants from the Irene C. Shea Charitable Foundation that will benefit The Campus Laboratory School of Carlow University, as well as the university's College of Health and Wellness. The grants will be distributed in the following manner:

- + \$25,000: Scholarship assistance for students at The Campus Laboratory School.
- + \$3,000: The Campus Laboratory School Outdoor Learning Garden, providing student learning experiences and general care for the garden.
- + \$2,000: The Campus Laboratory School's Mobile Makerspace Project, where students get to design and build projects for STEM activities.
- + \$45,000: Nursing simulation equipment and standardized patients for the Celtic Simulation Center for Innovative Learning in the College of Health and Wellness.

► CARLOW RECEIVES TWO GRANTS FOR NURSING BEHAVIORAL HEALTH EDUCATION

Carlow University has received two grants totaling \$130,000 that will be used to develop and implement behavioral health experiential activities for its graduate and undergraduate nursing programs.

Carlow will use these grants to enhance the preparation of nurses to meet the behavioral health needs of patients, which are often not well addressed by providers.

"Rather than offer a separate behavioral health class in isolation, Carlow decided that a more holistic approach would be to offer integrated content throughout the undergraduate and graduate nursing programs," said Lynn George, PhD, RN, CNE, dean of the College of Health and Wellness.

The grants—\$100,000 from the Jewish Healthcare Foundation and \$30,000 from the Fine Foundation—will be used to provide a blend of classroom education, simulated interviews with patients and case studies to prepare Carlow family nurse practitioner (FNP) graduate students and pre-licensure bachelor of science in nursing students training to effectively care for patients with behavioral health challenges.

The Fine Foundation grant is specifically targeted toward the FNP program and will focus on women's health, as well as behavioral health.

LITERARY CORNER

► CARLOW'S DISTINGUISHED WRITER IN RESIDENCE WINS 2019 RED HEN PRESS AWARD

Jan Beatty, MFA, Carlow University's Distinguished Writer in Residence, has won the 2019 Red Hen Press Nonfiction Award for her forthcoming memoir, *American Bastard*. Beatty was a presenter for Carlow's Inaugural President's Lecture Series Nov. 12.

► TRAVIS SCHERMER PUBLISHES ARTICLE IN JOURNAL OF HUMANISTIC COUNSELING

Travis Schermer, PhD, LPC, NCC, ACS, associate professor and chair of the master's program in professional counseling, recently published an article, *Will to Masculinity: An Existential Examination of Men's Issues*, in the *Journal of Humanistic Counseling*. Schermer, who co-authored the article with Cornelius Holmes, has worked clinically in college, community, private and research settings since 2004, and began teaching in 2008.

► HARRIET SCHWARTZ PUBLISHES NEW BOOK

Harriet Schwartz, PhD, published a new book, *Connected Teaching: Relationship, Power, and Mattering in Higher Education* (Stylus Publishing). It explores teaching as a relational practice in which connection and disconnection with students and power, identity and emotion shape teaching and learning. Schwartz describes moments of energetic deep learning and considers the impetus for these exchanges, and calls on readers to be open to and seek relationships, understand their own sociocultural identity, and vigilantly explore and recognize emotion in the teaching endeavor. *Connected Teaching* is the first book to explore teaching and higher education from a relational cultural theory perspective.

► BUSINESS PROFESSORS CYNTHIA NICOLA AND ENRIQUE MU CO-AUTHOR JOURNAL ARTICLE

Business management professor Cynthia Nicola, PhD, and MBA and fraud and forensics professor Enrique Mu, PhD, published an article in the *Journal of Business and Systems Research* titled *Managing University Rank and Tenure Decisions Using a Multi-Criteria Decision-Making Approach*.



► FATHER PAUL MERKOVSKY NAMED CHAPLAIN FOR CARLOW UNIVERSITY AND THE CAMPUS LABORATORY SCHOOL

Father Paul Merkovsky has been named chaplain for Carlow University and The

Campus Laboratory School of Carlow University effective Nov. 4. Father Merkovsky has been chaplain for the Sisters of Mercy since July 2019.

Father Merkovsky was born in the greater Pittsburgh area and was ordained in 1990. He has served as parochial vicar and pastor at several parishes in the Diocese of Pittsburgh, spiritual director to those discerning their call to the priesthood and a leader for high school service trips to Appalachia.

Father Merkovsky also has talents outside the realm of spiritual leader: He has worked as an executive chef and acted in a few local parish productions. He said he learned to play guitar because he loves to sing and couldn't find anyone to accompany him.

The Sunday campus Mass schedule will remain the same, with Mass at 6 p.m. Sundays and 12:30 p.m. Wednesdays in McAuley Chapel.

INAUGURAL PRESIDENT'S LECTURE SERIES

CELEBRATING 90 YEARS OF LEADERSHIP IN HIGHER EDUCATION

Sponsored by The Social Justice Institutes and The Atkins Center For Ethics

GAILLIOT CENTER
4:30 P.M.- 5:30 P.M.

TUESDAY, NOVEMBER 12, 2019

JAN BEATTY, MFA
PROFESSOR OF ENGLISH
American Bastard

TUESDAY, NOVEMBER 19, 2019

MARY BURKE, PHD
PROFESSOR OF PSYCHOLOGY
Snapshot on the Status of Human Trafficking

THURSDAY, DECEMBER 5, 2019

PRAHLAD G. MENON, PHD
ASSOCIATE PROFESSOR OF DATA ANALYTICS
The Impact of Big Data on Industry and Society: A Practitioner's Perspective

THURSDAY, JANUARY 16, 2020

CLARA CHENG, PHD
PROFESSOR OF PSYCHOLOGY
Implicit Bias

THURSDAY, FEBRUARY 6, 2020

MARY FRAN REIDELL, MSN, RN
INSTRUCTOR OF NURSING
Poverty Simulation and the Impact on Learners

THURSDAY, FEBRUARY 20, 2020

MICHAEL KISTLER PHD
ASSISTANT PROFESSOR OF HEALTH CARE DATA ANALYTICS
The Expansion and Use of Telemedicine in Today's World

THURSDAY, MARCH 19, 2020

SUSAN O' ROURKE, EDD
PROFESSOR OF EDUCATION
Clean Water: How it Changes Outcomes for Rural African Villages



IT WILL TAKE COMMITMENT:

A Message from Suzanne K. Mellon, PhD on Carlow University's Strategic Plan

"Imagination is more important than knowledge. For knowledge is limited to all we now know and understand, while imagination embraces the entire world, and all there ever will be to know and understand."— Albert Einstein

THIS QUOTATION OPENS CARLOW'S NEW STRATEGIC PLAN.

Albert Einstein made his famous observation about the importance of imagination in the same year that the Sisters of Mercy established Mount Mercy College. His belief in the power of imagination was certainly shared by the Sisters, whose groundbreaking vision led them to be leaders in education for women, innovators in adult instruction and fierce advocates for our shared humanity during the civil rights movement. Their commitment to a more just and merciful world was their bedrock and continues with us today, as relevant as ever in the midst of our 21st Century challenges.

In early 2019, as Carlow's five-year strategic plan was coming to an end, I charged a committee to undertake the endeavor of developing the university's next plan. The team, which included our board vice-chair, Bill Schenck, and a selection of faculty, staff and students, worked tirelessly throughout the year to create what will be our critical path forward. It renews our commitment to building a more just and merciful world and sets this as the guidepost for the work ahead. We call it **The Carlow Commitment**.

As we look at the challenges ahead for higher education, they include a continuation of the unprecedented pace of change as influenced by new technologies and innovations, future job creation for which new skills and knowledge will be needed, a workforce environment that

requires both high tech and data skills coupled with cultural agility and critical thinking, questions about higher education's value proposition, and a declining population of high school graduates. Our plan for the future must respond to all of these issues, and we believe it does. And it will require one thing above all from all of us at Carlow. Commitment.

The Carlow Commitment involves four strategic principles that will be at the center of all of our decision-making, investment and use of resources:

- + Invest where we believe we can be a recognized leader in three to five years
- + Focus delivery of education, programs and services on the needs of the 2025 student
- + Seek strategic partnerships to improve our ability to grow quickly and nimbly while maintaining our standards for high-quality education
- + Capitalize on our unique heritage and traditions in the interest of our students

Carlow has invested considerable effort in recent years in assuring academic excellence, aligning our programs to the needs of the workforce, evolving our delivery models for online learning and

"To accomplish this project, we are seeking a partner(s) who would like to be based in Oakland, with all of the obvious advantages of the location, on one of the last remaining pieces of property on Fifth Avenue."

growing a culture of innovation among our faculty. As we turn to the future, we will build upon our strengths and invest in ways that will allow Carlow to grow and continue to provide a high-quality, highly relevant education.

One such investment to which we have committed is the addition of four new graduate health sciences programs which will equip students for professions that will be in demand for many years to come: physical therapy, occupational therapy, speech pathology and physician's assistant. Given our highly successful track record in the health sciences, we are confident that we can be a leader in providing these programs and serve students with the same excellence for which we are known.

To support these programs, and others in the technology and data management fields, we plan to construct a new academic building on our property on Fifth Avenue. The building will provide state-of-the-art classroom and laboratory space and reinvigorate our lower campus and presence in Pittsburgh's innovation district. Our location at the entryway to Oakland is a short distance from downtown, numerous hospitals and the parkway system; it is also a gift to our students who can rely on public transportation for travel to internships and clinical programs.

To accomplish this project, we are seeking a partner(s) who would like to be based in Oakland, with all of the obvious advantages of the location, on one of the last remaining pieces of property on Fifth Avenue.

These initiatives are examples of investments we are making in the students we have today, as well as those who will come after them. This is our commitment to them. The world is on the move.

So is Carlow. ■





HIGHLIGHTING 90 YEARS OF EXCELLENCE: LOOKING BACK AND IMAGINING WHAT LIES AHEAD

CARLOW UNIVERSITY CAN TRACE ITS HISTORY back to Sept. 24, 1929, when 24 young women became the first students at what was then known as Mount Mercy College. At a time when little value was placed on higher education for women, the two dozen women and seven faculty members who taught them were pioneers of a sort, and their spirit matched the spirit of Mount Mercy's founders, the Sisters of Mercy. Together, these students and their instructors quietly set out to change the world.

Those first students had a choice of two courses of study, which were indicative of the role of women at that time: a bachelor of arts in secretarial science or a bachelor of science in household administration. However, as part of their education, they had to choose between two minors from the following list: languages, literature, mathematics, religion, history, philosophy, English, biology and chemistry. It's in those choices that echoes of the current course offerings can be seen.

Over the decades, great transformation has taken place at the university. Now coed, nearly 20,000 men and women have graduated from this Mercy institution.

Mount Mercy College became Carlow College in 1969, the first two male students graduated in 1972, and it became Carlow University in 2004. The college now offers more than 40 undergraduate programs, 20 master's programs, 2 doctoral programs and 11 certificate programs—as well as 13 varsity athletic teams.

In 2015, Pittsburgh Mayor Bill Peduto said of the newly renovated University Commons Building, "The University Commons transformation is symbolic of all that's happening in this little corner of Pittsburgh ... a true renaissance. We will be seeing the spinoff for years to come."

In addition to strong academic growth and the delivery of coursework digitally and in accelerated formats, the university has continued to exemplify positive, strategic change in response to the needs of the workforce and region.

Recognizing that today's higher education requires close working relationships with industry, the university created the Carlow Hub for Workforce Development and Innovation to ensure that new graduates, as well as those currently employed, are adequately prepared for the jobs of the future.

In 2018, Carlow created the College of Professional Studies, whose primary objective is to establish a pipeline of talented, skilled workers. Its focus is on adult learners, equipping them with in-demand skills to meet the region's needs, as well as partnering with companies to develop and advance their workforce through customized educational offerings.

Forthcoming is a new academic building on Fifth Avenue with state-of-the-art classrooms and laboratory space that will house four new graduate health sciences programs: speech pathology, physician's assistant, physical therapy, and occupational therapy—all of which will help address the shortage of healthcare workers in the future.

These initiatives are preparing students not just for today's jobs, but for the jobs in the years ahead.

Those founding Sisters of Mercy would be very proud. ■

by ANDREW WILSON



► Visit carlow.edu for more vintage images from the decades.

MEMORABLE MOMENTS

Compiled by MARIA GUZZO

Carlow University, formerly Mount Mercy College, has seen thousands of graduates walk its halls since 1929. During this 90th anniversary year, a few took pause to reflect upon their decisions to attend Carlow and the ways in which their formal education at this Mercy institution prepared them well for not only their careers, but for their life's journeys.

AMY JOHNSTON ALLEN, 2000

Bachelor's degree in philosophy

Carlow's principal mission of educating its students, in all disciplines, with an eye toward justice and mercy prepared me well for my chosen career in the legal profession. During my 14 years as a prosecutor, I was faced daily with challenges that brought those tenets that were instilled in me at Carlow to the forefront of my decision-making.

Carlow adheres to providing a holistic education with the highest of ethical standards in mind. I have never regretted my decision to attend Carlow. I highly recommend this university to anyone with a desire to engage in transformational learning experiences in which they can realize their full potential and become career-ready ethical leaders committed to a just and merciful world.

Allen went on to receive a law degree and work as an assistant U.S. attorney and as a prosecutor in the Allegheny County District Attorney's office. She's currently a senior litigation attorney for FedEx Ground Package System, Inc. and is enrolled in Carlow's E-MBA program.

CYNTHIA BUSIN NICOLA, EdD, 1978

Bachelor's degree in business management

My aunt, a Sister of Mercy, encouraged me to attend Carlow for one of their newest majors, business management. At the time, women were just beginning to enter management positions in the corporate world. The small environment, supportive faculty (many of whom were Sisters of Mercy) and an involved department chair, Dr. Emerson Milligram, provided me with direction and encouragement.

Looking back, there are several aspects that prepared me exceptionally well: high standards for assignments and class conduct; the liberal arts foundation; and the required internship experience. The college culture was one of respect, encouragement and quality.

As the years have gone on and my life has experienced its own challenges and changes, I credit Carlow with providing me with the skills that have carried me through.

Nicola went on to earn a master's degree in adult education and a doctorate in higher education administration. She currently serves as a professor in Carlow's School of Management



THELMA LOVETTE MORRIS, 1970

Bachelor's degree in speech pathology

When I selected Mount Mercy, I said I wanted to be a name and not a number. I was a name, and people knew me. I wasn't just another student in a class like someplace very large. We had great relationships and fond memories. For example, I saw Sister Jane Scully at a Carlow event, and I started introducing myself. She said, 'Thelma, I know who you are.' And she was the (sixth) president of Mount Mercy!

Sister Rita Alice Fitzgerald prepared us so well that when I went to graduate school, there were many things I did not have to take because I was prepared. My experience there gave me a greater appreciation for the field I chose to go into. I really value the experiences I had at Carlow.

Morris went on to earn a master's degree in speech pathology and served as a speech and language pathologist and assistant director of human resources for Pittsburgh Public Schools.



Jeanne Daugherty Lese (back row, left) and her fellow MMC Glee Club members on their way to a concert.

JEANNE DAUGHERTY LESE, 1961

Bachelor's degree in English, sociology/psychology minor

I came to Carlow (then Mount Mercy College) because I was offered a partial scholarship and I could attend while living at home. I was the first girl in my extended family to go to college. We had little disposable income. With no car or even a bus available, I took the 77/54 streetcar to school every day! Most of the students were just like me—first generation girls of limited means—so I felt right at home.

Carlow brought out the best in me and gave me a good foundation for writing, research, critical thinking, graduate school and life. I am grateful for the experience I had there.

Lese went on to earn a master's degree in English and taught at Rosemont College, Penn State Extension in McKeesport and Mount Mercy College. She also worked as a copywriter for Federated Investors, Pittsburgh.

FROM BEATLES TO CAMELOT: MUSICAL REFLECTIONS FROM CARLOW'S SONGFEST

by MARIA GUZZO



MANY PEOPLE have fond recollections of their college days, but some Carlow alumni can say they put those memories to music.

Fifty years ago, alumna Diana Babnich Colaianne '69 and Sister of Mercy Sheila Carney, special assistant to the president for Mercy Heritage, were part of an annual tradition called Songfest, where students reflected life at their beloved school through the creation of 15-minute Broadway-like shows with music, dancing, scenery and costumes.

"It was based on the contemporary life of the university, performing about things going on at the time," said Sister Sheila, a 1967 graduate. "It was familiar songs with alternate words."

At their recent 1969 class reunion, Colaianne said alumni performed some of the songs.

"It was like 50 years melted away," she said, recalling that one year featured parodies of Beatles songs, and another included a

"Camelot" spoof in which she dressed as a king and a friend portrayed Merlin, throwing glitter for a fairy-dust effect.

Sister Sheila said the event was an "incredible spirit-builder on campus."

Students wrote and practiced skits throughout the year, and in March, they performed and the faculty voted.

"It ruled the campus for a significant segment of the year," Sister Sheila said. "It was a lot of work."

She said some of the presentations were highly developed.

"My class, which was never elaborate, never won once, but the class of 1969 was (elaborate) and they won four years in a row," Sister Sheila said.

"Winning freshman year was unusual," Colaianne agreed. "But we didn't know

any better. We used our high school theater experience."

Sister Sheila said there was secrecy involved, too.

"You didn't want other classes to know what it was or see you practicing," she said.

Neither Sister Sheila nor Colaianne know when Songfest began. But Alyson Koenig, a Carlow librarian, has been researching the school's archives for the 90th anniversary, and came across theater scrapbooks from the '40s and '50s.

"I don't recall Songfest referenced then, but there was a glee club, and I feel like that turned into Songfest at some point later, based on other photographs," Koenig said.

Steve Fatla, Carlow's theater manager and English professor, said when he arrived in 1989, students were still creating huge backdrops for Songfest performances. ■



CARLOW UNIVERSITY THEATRE TURNS BACK THE CLOCK TO 1929 WITH *ABIE'S IRISH ROSE*

by ANDREW WILSON

TO COMMEMORATE THE 90TH ANNIVERSARY of the founding of Carlow University (first known as Mount Mercy College), Carlow University Theatre was looking to perform something special the week of Sept. 24-28.

"In 1929, the year Carlow was founded, Pittsburgh was inordinately rich in theater. All the current downtown theaters were there, but they went by different names," said Steve Fatla, Carlow University Theatre's artistic director. "Live theater was still the predominant form of entertainment then. Radio was in its infancy, TV hadn't been invented, so people attended the theater regularly."

Fatla said he and Carlow librarian Alyson Koenig researched plays that were being performed in Pittsburgh in September 1929, and one play stood out.

Abie's Irish Rose was a popular comedy about an Irish Catholic girl and a young Jewish man who marry over the objection of their families. Written by Anne Nichols, the play opened on Broadway in May 1922 and ran for 2,327 performances until October 1927. At the time, it was the longest running play in Broadway theater history, nearly doubling the previous record, and is now the 32nd longest running play on Broadway. It was playing in Pittsburgh Sept. 24, 1929, the day the university first held classes.

Fatla said that despite its popularity and longevity, many theater veterans are only vaguely familiar with the play because critics and comedians of the day often demeaned it, and it has rarely been performed in recent years.

Some involved in the production feared its humor would seem dated.

"Being that *Abie's Irish Rose* is a much older show than we would typically do and one that is set in a very different time, a major concern was that the audience would have trouble connecting to it, especially when it comes to humor," said Zachary Cynkar, a sophomore nursing major and Carlow University Theatre veteran who played Abraham "Abie" Levy in the show.

"I think that the audiences that came to see the show especially enjoyed the comedic side of the production. I feel that the show exhibits a certain type of comedy that is timeless, and the audience responded accordingly," Cynkar said.

The theme of interfaith marriage and the reactions to it by the characters were an accurate reflection of the times, Fatla said, noting that the cast felt that the audience would respond to the play's themes of intolerance.

"I think that this play really proves that, unfortunately, intolerance is and has been a major societal issue for so long, both then and now," said Cynkar. "Hopefully the show persuaded the audience to reflect on their own lives and how they can be more tolerant of other people and their beliefs."

In addition to the performances, Carlow University Theatre also presented Time Capsule 1929, which provided a look into what the world was like in September 1929. It included information about how Mount Mercy was founded, the reaction in the press, what Oakland looked like and what was popular in Pittsburgh at the time, plus exhibitions of memorabilia, press clippings, archival material, old photos and other ephemera. And because Prohibition was in full force in 1929, the Theatre Department re-created a speakeasy.

"The idea of a speakeasy was natural," said Fatla. "Based on our research, Penn Avenue, downtown, was known as the wettest street in Pittsburgh because of all the speakeasies."

With actors and crew from the local theater community joining Carlow students on stage and behind the scenes, *Abie's Irish Rose* proved to be a success.

"The theater community is usually tight—whether our community or the larger community in Pittsburgh—and the number of alumni who come back to help out is always appreciated," said Fatla.

In addition to Cynkar, Carlow student Laurelin Todd, alumnus Rachel Urso and her daughter Lorelei, and high school students Brooke Bergamasco and Carys Blough performed. The speakeasy singers and staff were Carlow students Britt Haefeli, Rachel Smrekar, Kara Miller, Caitlin Hoag, Ashley Anderson, Mary Agnes Rider and Miya Gossett. Carlow alumni Angelica Bondy (stage manager), Sarah Rosenberger (lighting designer), Monika Martin (lighting crew), Ryan Stemple (run crew) and Danielle LaCava-Stemple worked behind the scenes, as did students Marquella Wagle and Todd. ■

MERCY, SERVICE REMAIN HALLMARKS

by MARIA GUZZO



SPORTING ORANGE HAIR NETS and crinkly plastic gloves, hundreds of students, staff, faculty and administrators came together and packed 20,000 meals that were then sent to people in need in Africa.

The meal-packaging event in September was one of many activities commemorating the 90th anniversary and evoking the university's mission.

"It really fits into our mission of service," said Sister of Mercy Sheila Carney, special assistant to the president for Mercy Heritage. "We have a value of sacredness of creation, which calls upon us to build a world where everyone can thrive, so having nourishment is part of that."

The meals were part of Catholic Relief Services' (CRS) Helping Hands program, which partners with Rise Against Hunger, an international hunger relief agency that provides the supplies and staff for CRS Helping Hands' events at churches and schools across the country, said Mary Peirce, CRS church engagement coordinator for Helping Hands.

Sister Sheila said volunteers performed specific tasks—one held a plastic bag under a funnel, another poured in rice, another poured soy, another dehydrated vegetables, and yet another a vitamin packet. Other volunteers heat-sealed each bag, boxed the bags, taped the boxes and loaded them onto pallets for shipping.

Laurie Petty, director of special programs and events at Carlow, said upbeat music helped volunteers keep up the pace.

"Then at intervals of 2,000-meals-made there was a gong; 4,000 meals a gong, 6,000 another gong," Petty said. "It was motivational."

Sister Sheila agrees.

"It's a really frenetic atmosphere, but in two hours we packed 20,000 meals," Sister Sheila said. "The process is genius."

The process continued as CRS sent the packaged meals to Burkina Faso, a West African country plagued by droughts, flooding, political unrest and terrorism, Peirce said.

"It's a really challenging place to help," Peirce said. "There's a lot of violence and security concerns."

CRS ships the meals to alleviate immediate malnutrition and use funds raised by the meal-packing hosts to support longer-term income-generating programs in Africa, such as those that teach sewing, soap-making and enhanced farm practices.

In addition to feeding the hungry, Sister Sheila said the meal-packaging event fed the spirit of the Carlow community.

"And those hair nets really are the great leveler," Sister Sheila said. "It's amazing. Everybody looks silly. There's a lot of fun that goes on around that. It breaks down barriers between faculty, staff and students. Everybody is working together toward one goal."

Additionally, The Campus Laboratory School of Carlow University sent its eighth graders to assist in meal packing.

"They were a significant part of the energy in the room," Sister Sheila said.

Another benefit of the event, Sister Sheila said, is that some people might look on service as something that is not appealing.

"But this is an example of the fact that you can really enjoy yourself while you're doing something that is very beneficial to so many people," she said.

Sister Sheila said it's also a great opportunity to volunteer in the community ones moves around in every day.

"I could go out this Saturday and do service by myself, but there's an added bonus that enriches the encounter to do it with whom you work or study. It's a shared experience to look back on," she said. ■

CARLOW CAMPUS LABORATORY SCHOOL BUILDING PARTNERSHIPS WITH UNIVERSITY, COMMUNITY

by MARIA GUZZO



JEN ROBERTS, PHD, professor of criminology and criminal justice at Indiana University of Pennsylvania, recently helped an eighth-grader at The Campus Laboratory School of Carlow University shape his experimental plan for his science fair project.

"His project entails whether music impacts concentration when studying," Roberts said. "He wants to try a wide variety of music, including whether holiday music is particularly distracting. We had a really good discussion."

Roberts is the parent of another lab school student and one of dozens of professional scientists and Carlow University faculty who have been paired with lab school students to enhance the science fair experience this year. Head of School Jessica Webster said both university and parent scientists were enthusiastic about participating.

"Professors have thanked us for this opportunity," Webster said. "They don't see it as another obligation they have to fulfill. The university is very welcoming and interested in how we can work together and support the campus school."

The science fair mentoring program is just one of many new facets making the campus school shine.

Keely Baronak, EdD, executive director of The Campus Laboratory School of Carlow University and chair of the Department of

Education at Carlow University, said it's her goal to grow enrollment at both the lab school and the university, and to build partnerships between both entities and with the community at large.

"We are really working to ensure our school is known for the true gem it is," Baronak said.

One polishing job is going on in the lab school's library, which received a \$50,000 Grable Foundation grant for a renovation; students are helping in the design.

"Students on the committee collected input from their peers, created sketches of what they want, made measurements for furniture, worked on budgeting," Webster said. "It's been fun to work with them on this real-world project."

The school also is enhancing its Makerspace, where students can create projects that are paired with curriculum. A recent example involved students creating birdfeeders for use on Carlow's campus. Plans are in the works for after-school and summer dyslexia literacy programming; and Val Piccini, reading specialist and instructor, together with Sarah Sora, director of the Reading and Literacy Center at the lab school, are coordinating literacy coaching with lab school teachers. Baronak sees her recent appointment as executive director of the lab school and this July's hiring of Webster as the perfect chemistry for growth.

"I can interface with the university system of higher education, while Jessica leads day-to-day school operations. Together we work closely to integrate our missions and actualize the strategic plans of the school and Education Department," she said.

Early childhood education undergraduate students spent Wednesdays this fall working alongside teachers and students at the campus school on phonological awareness, phonics-based instruction, vocabulary and comprehension strategies, and writing workshops.

And university nursing students engage in wellness checks with campus school students and a doctoral student in child psychology interfaces with the students and parents. "The entire campus community is part of the lab school," Baronek said.

Another example of a collaboration between the campus school and university is the joint development of a STEM educator workshop series, which will be led by lab school teachers and Rae Ann Hirsh, DEd, associate professor and director of early childhood program at the university, and her students.

"Our campus is a multi-generational learning environment, and our students reap the benefits," Baronek said. ■

ONE OF EXONERATED FIVE RECEIVES COLLECTIVE EMBRACE AT CARLOW PRESENTATION

by ANDREW WILSON

AT AGE 15, Yusef Salaam's dreams of being the next big rap star all but shattered.

"I had an American dream, but I woke up to an American nightmare," said Salaam during a presentation to a near capacity crowd in the Rosemary Heyl Theatre at Carlow University Nov. 12. "But I woke."

Salaam was one of the Central Park Five, a group of teen boys—four African-Americans and one Latino—who were arrested, convicted and sentenced to jail for the rape and near murder of a female jogger in Central Park in 1989. In 2002, DNA evidence showed another man, a serial rapist and murderer, committed the crime, and his confession freed the five men from jail, turning the Central Park Five into the Exonerated Five.

Despite serving time in jail for a crime he did not commit, Salaam said he is not bitter. He quotes poet Maya Angelou: "You should be angry, but do not be bitter."

He said his mother calls it a miracle that all five of them not only survived but have turned out well and not embittered.

"The Central Park jogger case is a love story between God and his people," said Salaam. "We went to jail but just like how the phoenix emerged from the ashes, so did we. I went to jail, but I got a college degree."

During his imprisonment, he worked on his rap and poetry and read "everything I could get my hands on."

"The biggest mistake is not that we went to jail for something we didn't do, but the biggest mistake is that the real perpetrator of this horrible crime continued to commit

more crimes," including the murder of a pregnant woman, he said. "That young woman would have been alive today if the right person (in the Central Park jogger case) was arrested."

As a board member of the Innocence Project, Salaam works to reform the criminal justice system, and had surprisingly gracious comments about police.

"Bad policing represents only a small part of the police," he told his audience. Pointing to a small discolored spot on the stage, he said, "If this spot represents bad police officers, the rest of the stage stands for all of the good police."

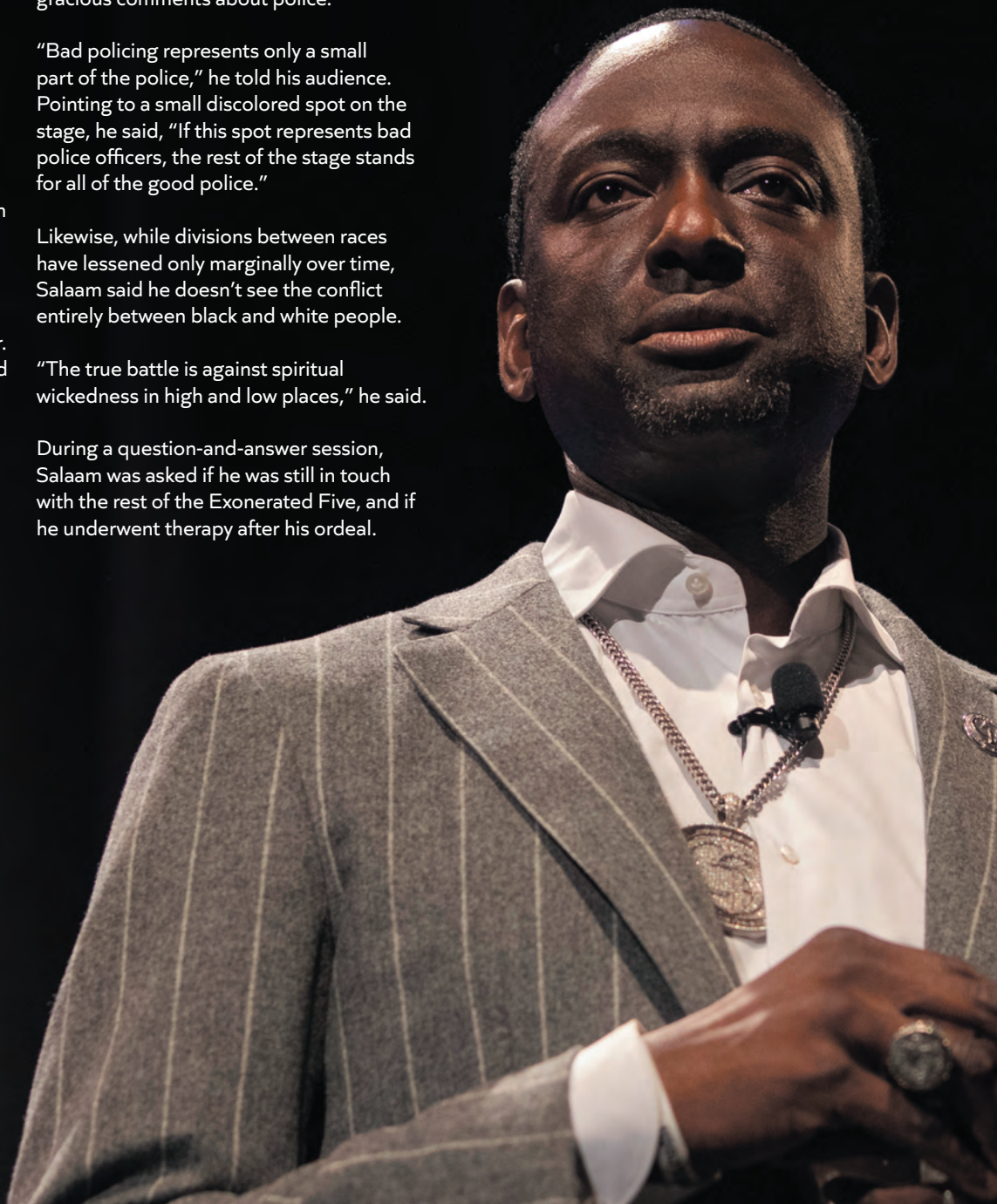
Likewise, while divisions between races have lessened only marginally over time, Salaam said he doesn't see the conflict entirely between black and white people.

"The true battle is against spiritual wickedness in high and low places," he said.

During a question-and-answer session, Salaam was asked if he was still in touch with the rest of the Exonerated Five, and if he underwent therapy after his ordeal.

He replied that the five are "a band of brothers" and still stay in touch, and that his therapy is telling his story in front of audiences.

"Being in front of you all and being able to get this collective embrace is therapy, because we were pariahs." ■





FROM ZAMBIA TO PITTSBURGH TO CARLOW ADJUNCT:

ONE DREAMER'S JOURNEY

by ANN LYON RITCHIE

She recently earned a master of science in nursing, education and leadership at Carlow, where she now also serves as adjunct faculty.

"Carlow helped me develop all the skills to be an effective leader in nursing. I really did need all of that preparation that goes into my daily responsibilities to be able to navigate difficult conversations, oversee a budget, manage employees and a variety of other tasks," Mwape said.

At an AJAPO fundraiser in June, Mwape spoke about her experiences. She credited her mother for never ceasing to strive for a better life for her children, and she thanked Carlow University for her education.

Sister Susan Welsh, RSM, and other board members of McAuley Ministries attended the event. She saw Mwape's mother "beam through her tears as her daughter spoke."

"What most impressed me was the arduous process any refugee faces; it takes years, not weeks or months. The bureaucratic changes they faced, the 'starting over' when barriers were met, dogged persistence and final achievements of each speaker were a testament to the work of AJAPO," Sister Susan said.

The immigration process gave Mwape not only permanent resident status but also a deep sense of empathy for others, especially people in need, that she applies in her everyday life.

"Many people granted me the miracle I needed and were there for me during suffering. Volunteering for AJAPO, nursing, teaching and being a mentor is my way of giving back. If others are facing the struggles that I did, I want their hard efforts to manifest as hope in times of despair," she said.

In addition to serving as a Carlow adjunct, Mwape is a clinician in nursing management at UPMC Passavant. ■

MPANDE MWAPE '19 grew up in the suburbs south of Pittsburgh, went to Mt. Lebanon High School and entered a community college program in nursing. In many ways, she was like other college-bound teenagers in America, except for a critical detail: American citizenship.

After a difficult divorce, her mother brought 9-year-old Mwape and her three younger brothers to the U.S. from Zambia in 1999 to pursue a brighter future. When Mwape graduated from high school and began preparing for a career, uncertainty loomed over her head.

Mwape was eventually granted employment authorization under the Deferred Action for Childhood Arrivals (DACA) program. The journey left her "helpless and frustrated" as she watched others enjoy freedom in their daily lives while she was held back. Among her struggles, she waited two years after earning a nursing degree before she was permitted to take a licensure test (which she passed the first time).

At times during the harrowing process, she faced the prospect of deportation to a home country she could scarcely remember.

AJAPO (Acculturation for Justice, Access and Peace Outreach) is a Pittsburgh nonprofit organization that helps refugees and immigrants become self-sufficient and better integrated into their communities. With AJAPO's support and legal consultation, it took 10 years for Mwape to transition to permanent residency status. She, her siblings and her mother now have green cards.

TODAY IT IS NOT UNCOMMON to create a social media page dedicated to your pet, but how many people's pets have more followers than they do? Alumna Michelle Drager '88 can say her golden retriever, Bean, has more than 77,000 followers and counting because his mission is simple—to share joy.

Since the day she stepped off Carlow University's campus, Drager has carried Carlow's core values of mercy and service with her, encapsulating them into her life and work. Today, with the help of Bean, she has brought hope, encouragement and kindness to many children and adults across the country.

Drager lives in Morgantown, Pa., with her husband, Jim, stepchildren, and four golden retrievers, including certified therapy dog Bean, whose registered canine name is Neversink's Never Bean Better. Bean has traveled throughout the country comforting those he visits. Whether he is making the rounds in a children's hospital or spending some quiet time with the elderly, Bean is there to share what Drager calls "the Bean wuv" with those who need a companion, and even with other dogs in need.

Bean's adventures of visiting his friends are documented on his own Facebook page Drager started for him. All who follow consider Bean their own dog.

"So many people have told me that because they can't have a dog where

they live, or are just not able to take care of a pet, they consider Bean their own dog. He has enough love and joy to go around to everyone, so why not share it?" Drager said.

Along with his ever-growing fan club, Bean has his own trademark of cartoon books and a stuffed animal dog that resembles him.

"I thought it would be wonderful to be able to expand the love and kindness to even more children. That's when we started Never Bean Better," Drager said. Never Bean Better encompasses Bean as a public figure, the encouragement he shares around the nation, and the Never Bean Better Buddy™ toys sold.

A special part about Never Bean Better is that for every toy that is purchased, one is donated to a child in need.

The mission of Never Bean Better is rooted in Drager's own work ethic and the values she learned while at Carlow.

"My experience and education prepared me to be the business woman I am today. The core values that were instilled in me play a role in my work every day," said Drager, who earned her bachelor's degree in journalism and communications and a minor in business at Carlow.

Back in 2002 while earning her master's degree, Drager took a risk by stepping out of her corporate role to start her own marketing firm in order to spend more time with her family. She now co-owns The Drager Group Inc. with her husband

"I could not have done it if I did not surround myself with the right people who encouraged me to succeed," Drager said. Some of those encouraging people span back to her friends at Carlow.

The Drager Group Inc. works with numerous clients, helping them succeed in business, especially during times of transition, or in the development of strategic planning. Bean, of course, is a client, but many of their other clients are centered around women's physical, mental and financial well-being.

"We need to be more merciful to one another. Kindness is a common thread to success. Being more open to the world and taking time to understand others is part of who I am. I think through Never Bean Better we are doing just that," Drager said.

For more on Bean's adventures, visit neverbeanbetter.com and follow Bean on Twitter/Facebook at Never Bean Better. ■

by SARAH NORRIS

CARLOW ALUMNA AND HER GOLDEN RETRIEVER'S MISSION TO SPREAD JOY

NEVER BEAN BETTER



STUDENTS LEAVE ARTISTIC LEGACY TO CARLOW WITH OUTDOOR ART PROJECT

by
ANDREW
WILSON

THE VIEW FROM THE FIFTH-FLOOR BALCONY of University Commons has always been impressive, but the public art project that now graces the balcony rivals the view.

Designed by six Carlow University art or art therapy majors—seniors Emily Armstrong, Jasmine Cho, Katie Winter and Tori Hirsh and recent graduates Taylor Humes and Katie Krall—the Outdoor Art Gallery project is unlike any work of art on the Carlow campus. Made of die-cut designs on 4-foot-by-8-foot sheets of aluminum interspersed with similar-sized glass that encircles the western, southern and eastern sides of the building, the project depicts scenes from the history, mission and daily life of Carlow University.

“Our students acted like real contracted designers,” said Sarah Jacobs, MFA, assistant professor of art and head of the 2-D art

program at Carlow, who taught the summer Advanced Art and Media Projects class that the students took in preparation for designing the project.

“They made their own decisions in consultation with the architectural firm and the university’s administration.”

The students worked collaboratively with the architects and received critiques of their work throughout the design process. The feedback made them adjust some of their original ideas.

“This was a great group who worked together well,” said Hirsh. “As a group, we had both given and received critiques before, so we were prepared for that part of it. Our first designs were very broad and we tried to incorporate everything we learned about the history of Pittsburgh, Carlow and the Sisters of Mercy.”

As part of the course, the students visited public art displays in other areas of the city and determined what worked and what didn’t. In addition, history professor Joel Woller, PhD, presented historical context about Carlow and Pittsburgh that the students tried to incorporate into their designs.

To say the students were excited about participating in the project is an understatement.

“I was blown away that Carlow was opening up the opportunity to students to design a physical installation on campus,” Cho said. “The chance to leave such a tangible legacy on a main building on campus was definitely the most appealing part of the opportunity for me.”

Armstrong said she felt “honored to leave my mark at my university, especially alongside such an amazing group of women.”

“I think what mattered most to us in the design process was creating designs that had symbolism and meaning and could be communicated to others,” said Winter.

“We wanted everyone to be able to look at the designs and connect with some part of the project. We wanted to put emphasis on Carlow’s heritage and past and show that heritage shining into the future.”

“I usually create smaller works of art, and I was interested in creating something even bigger,” Krall said. “Also, in addition to it being a work of art, it also provided functionality and safety to the new balcony area. It was challenging to visualize how our work would look as bigger versions and if the cutouts were within the measurements that were safe for the viewers.” ■





JASMINE CHO

Recent grad recognized for art
that depicts under-recognized,
minority historical figures

by ANN LYON RITCHIE



DURING AN INTERVIEW WITH CBS NEWS IN OCTOBER, Jasmine Cho '19 welled up as she viewed her art, noting that it was difficult to look at. She stood before the mural running the length of the University Commons fifth-floor balcony. Die-cut aluminum panels comprise the project completed by Cho, an art therapy major, and students Emily Armstrong, Victoria Hirsh, Taylor Humes, Katie Krall and Katie Winter, supervised by Sarah Jacobs, assistant professor of art.

Cho's panel depicts the Selma march, a seminal point in the civil rights movement, and also a representation of Cho's and Carlow's shared value for social justice. Cho added minority historical figures such as Grace Lee Boggs, a Chinese-American civil rights activist and author. Subtle touches, such as bridges and a depiction of Leon Ford, a Pittsburgh activist, give the piece local context.

"A group of students from Mount Mercy College (now Carlow University) basically answered Martin Luther King Jr.'s call to come to Selma, and they took part in that historic march. I connected strongly with their story," Cho said.

Celebrating the achievements of minorities, specifically Asian-Americans, is something Cho has sought out her entire life. Growing up, she was alienated and made fun of by others at school because of her ethnicity. She longed to see role models who looked like she did.

Now she celebrates under-recognized minority historical figures and works for social justice, especially through her art.

Cho's preferred artistic medium is baking. She makes shaped cookies on which she paints intricate and beautiful portraits of famous Asian-Americans. Her cookie art has drawn national attention from CBS, The Huffington Post, NPR, and The Korea Daily, and she was dubbed champion on a 2019 episode of the Food Network's *Christmas Cookie Challenge*.

She aspires to help others find a sense of accomplishment in baking. Carlow's Jennifer Roth, associate professor in the Psychology and Counseling Department, helped her pursue research projects on the mental health benefits of baking. The pair received a grant to complete research on the impact of baking on stress and anxiety in adults.

"It quickly evolved to an interdisciplinary study with Dr. Beth Surlow from Carlow's Biology Department and her team of students Zachary Harris, Anastasia Bruno and Samantha Campos. While Dr. Roth and I analyzed anxiety through the State-Trait Anxiety Inventory, Dr. Surlow and her students helped with analyzing stress through salivary cortisol," Cho said.

Over the past year, Cho has built a relationship with Center for Victims, a nonprofit organization in Pittsburgh that provides services to victims of violence, including witnessing violence. She has been testing out the idea of a therapeutic kitchen.

"I'm very interested in research. I think the more research that is happening to support the intuitive knowledge that baking can be therapeutic will help create more accessibility to baking as a therapeutic activity," Cho said.

After earning her bachelor's degree in art therapy in December, she will look to pursue a graduate degree in the same area. She is the first in her family to earn a college degree, but since joining Carlow, her sense of family has grown.

"Carlow has been a kind community, whether I met adult students like me or traditional students. I especially bonded with everyone on the student mural project. I definitely think I was able to join a family," Cho said. ■



MAKING A MEANINGFUL DIFFERENCE

Nancy Wisnom Stuever '73
and Larry Stuever.

by SARAH NORRIS

Carlow alum is working to make a positive difference in student lives

Born in Brooklyn N.Y., and raised by her single mother in Pennsylvania, Nancy Wisnom Stuever graduated from Carlow College in 1973 with her bachelor's degree in nursing. She went on to earn her master's in cardiovascular nursing and nursing education as well as an EdD in educational leadership and nursing education. She held positions as an urgent care nurse and a critical care nurse before becoming a nurse educator. Today, Nancy serves on the Carlow Board of Trustees and as a member of the Development and Alumni Engagement Committee.

Between Nancy and her husband Larry, they have degrees from four different universities, but they've always held Carlow University's mission close to their hearts.

In 2007 Nancy and her husband felt called to give back, and they established a renewable scholarship for first-generation full-time college students from single-parent families who are majoring in nursing. The named Maysie E. Wisnom Endowed Scholarship is in honor of Nancy's mother.

"If it was not for all the support I received from Carlow, I would have not been able to pursue my education or career. I am thrilled to be able to give back to students so they, too, can be successful in their future." Ten students have received the Maysie E. Wisnom Endowed Scholarship since its creation.

The couple was honored at Carlow University's annual President's Legacy Reception on Oct. 16. They received the second annual David and Barbara Capozzi Kirr '60 Leadership in Philanthropy Award—named in honor of the Kirrs' transformational, philanthropic leadership at the university.

The award honors benefactors of Carlow University who demonstrate dedication and commitment to the transformational mission of Carlow University through their financial support in the form of lifetime contributions, pledges or planned gifts, as well as service to the university and the community.

"I am pleased beyond measure to count Nancy and Larry among the Carlow family. Their commitment to the university is passing on a legacy of service and compassion," said Suzanne K. Mellon, PhD, president of Carlow University.

The reception was also an opportunity for Carlow's endowments benefactors to meet face-to-face with dozens of Carlow students

who are recipients of academic scholarships made possible through these endowments. It was a time for students to say "thank you."

This year, respiratory care student Jason Grubbs spoke about the positive impact receiving a scholarship award has made on him and the rest of his family. "I want to thank Carlow and all those who willingly gave to a scholarship fund to support students who otherwise could not afford to go to college—and for easing the financial burden on families," Grubbs said.

According to Dr. Mellon, through giving to Carlow, donors offer endless possibilities to students in building a brighter future for themselves, their families and the community.

Carlow University extends a special thank you to JonesPassodelisPLLC law firm for its sponsorship of the President's Legacy Reception. ■

CONSIDER GIVING

Nearly 15 years ago, David and Barbara Capozzi Kirr '60 created a unique way to grow Carlow University's endowment. This year, in celebration of 90 years of Carlow University providing transformational learning opportunities that inspire students to make a meaningful difference, the Kirrs proposed a new challenge.

Capozzi Kirr challenge to grow scholarship support for adult and graduate students*:

The Kirrs pledged \$50,000 to use as a dollar-for-dollar match for all gifts up to \$10,000. The goal is to raise \$100,000 for adult and graduate students by June 30, 2020.

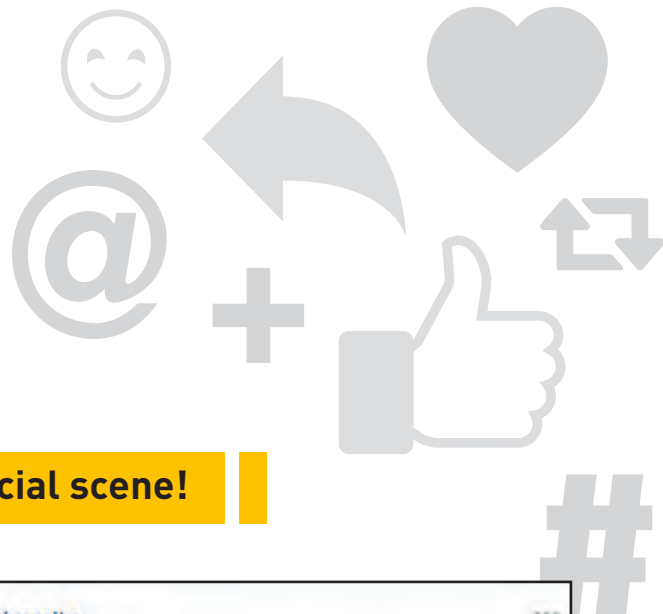
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To make a gift, visit carlow.edu/give or contact Carlow University's Office of Advancement at 412.578.6120 or giving@carlow.edu.



1. Sister Marie Immaculée Dana and scholarship recipient Yousef Mohammad **2.** Sibdas Ghosh, PhD, provost and vice president, Academic Affairs, and Pat Gimper Donohoe '75 **3.** Marie Millie Jones and Dean Passodelis, JD

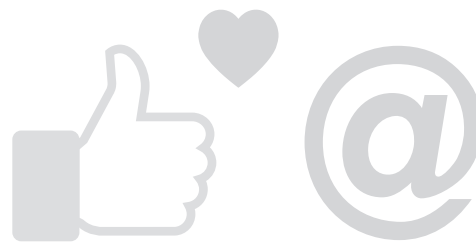
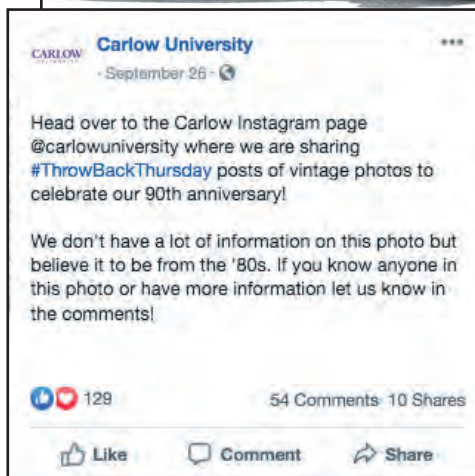
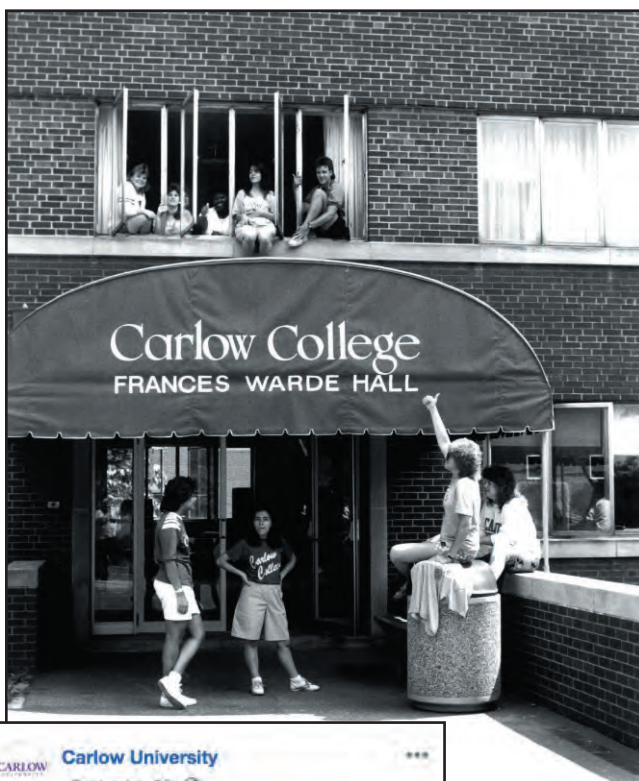
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AS SEEN ON TWITTER



Suzanne Mellon
@PresidentMellon

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A photo with the class of 2023. It is going to be a fantastic year with all of them as an addition to the Carlow family. [#carlow2023](#)



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carlowuniversity Join us tomorrow as two of our students take over the Carlow Instagram stories for Giving Tuesday! Olivia Kissell (right) is a junior Nursing major and a VIH, Ann McGowan, and Rose Marie Beard scholarship recipient. She just studied abroad to Australia, and is eager to be a great nurse! Amanda Gutiérrez (left) is also a junior Nursing major and a Presidential scholarship recipient. She is a Phonathon Leader and Carlow Peer Tutor. She can't wait for what her future nursing career holds! They are both in the class of 2021.

Carlow University

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Congratulations to Carlow alumna Sara Oliver-Carter, Duquesne Light's first Chief Diversity Officer. [#carlowproud](#)



Duquesne Light hires its first chief diversity officer

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Reactions



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carlowuniversity It's the day after Halloween. Are you in the Christmas spirit or do you wait until after Thanksgiving? 🎃 Drop a comment! Where do you stand?



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WINTER 2019



FORMER CARLOW BASKETBALL STANDOUT ACRIE PLAYING OVERSEAS

by SEAN MEYERS



WHEN FORWARD TONY ACRIE joined the Carlow University men's basketball team for the 2017-2018 season, he immediately became an impact player. An Altoona, Pa. native who transferred to the Celtics after playing two years at Pennsylvania Highlands Community College, he averaged more than 15 points and eight rebounds per game, ranking second on the team in both categories. His play helped the Celtics achieve a historic season, as they won six games and reached the River States Conference tournament for the first time.

"I got a great opportunity there at Carlow," Acrie said. "Coach (Tim) Keefer was really the only Division II (coach) that reached out to me. I got to play every Division II school that turned my tape down, said I wasn't tall enough."

Acrie continued his high level of play last season, leading the team in scoring and rebounding in his 16 games played. A scheduling error preventing Acrie from playing in the second semester, however, ending his Carlow career on a disappointing note.

With his four years of eligibility exhausted, it appeared as though Acrie had played his final collegiate game. Recently, however, he

found a path to continue his college career while also taking a big step toward his ultimate goal of playing basketball professionally.

On Oct. 1, Acrie left for Cambridge, England, where he will pursue his master's degree in sociology at Anglia Ruskin University and play in the professional-level National Basketball League (NBL) in England.

"Over here (in America), we get four years of eligibility. Overseas for college, you get five," Acrie said. "It'll be a celebrated master's program where I'll be playing for the school and getting my master's degree, and then on the weekends, I'll be playing in the NBL."

Because of his amateur status as a college athlete, Acrie will be on a club team and won't be compensated playing in the NBL. That could change within the next year, however.

"If I wanted to, I could stay after that year whenever school is done, being able to play on the national team again, and that would be paid," he explained.

Acrie had thought about playing overseas for quite some time. During and after his time at Carlow, he attended combines to gain exposure. Acrie also was introduced to a professional who competes overseas — Jakim Donaldson, who teaches the PROMISE basketball camp in Pittsburgh every year.

"Coach Keefer introduced me and said he was having a clinic. I started getting a little idea of what it's like overseas," Acrie said. "I ended up going to his camp and just talking to him a little bit. He definitely helped me and guided me in the right direction of what I'm supposed to do and what I'm supposed to look out for."

Ultimately, Acrie was contacted by Play Overseas, which helps identify post-graduate athletic scholarship opportunities, and his resume was sent to different schools. Based on his needs, Acrie was linked with Anglia Ruskin.

While Acrie will spend the next year adjusting to the culture and lifestyle of a different country, he's confident in his ability on the hardwood.

"I've always prepared myself during the summer to be ready for really anything I was going for," said Acrie, recalling that the summer before he came to Carlow, he lived in the basement of his strength and condition coach's house in order to maximize his workouts.

Keefer noted that Acrie possesses valuable attributes that should suit him well as he tries to find a niche with his new teams.

"He's a tremendous rebounder, but he's really improved his outside shooting. That's what he worked on in the spring and summer," he said. "In college, you're taught to be a well-rounded player. (In Europe) they have specific roles for you."

"This has been my dream ever since I was a little kid," Acrie revealed. "Ever since I was 7 or 8 years old, I always said NBA and stuff like that, then my goals started getting a little more realistic, and I wanted to play professional ever since coming out of junior college."

Acrie is the second Carlow men's player to play overseas, joining former guard Isaac Fullwood, who played in the 2016-2017 season.

His time in the purple and gold was something Acrie will remember fondly.

"Whenever I came to Carlow, I was able to start and be a big contributor in points and rebound columns, being able to be a leader," he said. "I enjoyed the staff. The professors were awesome. The community was great. It was really just a great overall experience, and I'm glad I can put Carlow on the map a little bit with professional basketball." ■

Photo by Robert Cifone



STILLE ACHIEVES 1,000-POINT MILESTONE EARLIER THAN EXPECTED

by SEAN MEYERS

WHEN CARLOW UNIVERSITY forward Emma Stille suffered a torn ACL during a game against Asbury University in January, she was closing in on a milestone. Stille was just 16 points shy of 1,000 for her basketball career, a mark she had in her crosshairs for quite some time.

While the serious knee injury prematurely ended her junior year campaign, Stille became determined to return to the floor for her senior season, with the milestone in the forefront of her mind.

"That was the first goal I wanted to make coming back," she said. "I never doubted it. I knew I was going to make it; I just didn't think I'd make it so soon."

To that point, Stille returned to action in the 2019-2020 season opener, weeks or even months ahead of the original time frame.

"The way my protocol was set up, I was supposed to come back a little later, but I just saw that I really wanted to get back into the game and help my team as much as possible," she explained. "I really pushed myself at physical therapy, and I talked to my surgeon and my physical therapist, and we were on the same page trying to get there as quickly as possible."

New head coach Albert DeSalvo, who worked with Stille the previous two years as an assistant coach, held Stille out of preseason

scrimmages as a precaution. The season-opening exhibition game Nov. 2 against Campbellsville University-Harrodsburg served as a scrimmage for Stille. Stille was limited to playing less than 19 minutes, and she scored just four points. Subsequently, Carlow dropped a close outcome, 75-72.

After the game, Stille told DeSalvo she was capable of playing more minutes, and the Celtics' bench boss agreed, as long as she proved to be effective and didn't show signs of fatigue.

Perhaps because the previous outing truly felt like a scrimmage to her, Stille thought she still needed 16 points heading into the next game against Saint Mary-of-the-Woods College the following day. Instead, she needed just a dozen points, and after a hot start, Stille knocked down a jumper with 4:28 left in the first half to reach 1,000 points.

While the rest of the Celtics players and coaches celebrated, Stille didn't immediately realize her accomplishment.

"I thought I was counting correctly, but when I scored it, a few of the girls started cheering me on," she explained.

"It shows that if you put the work in, you can be a 1,000-point scorer," DeSalvo said. "She comes to work every day, and she does what she's supposed to do, and she should be proud of herself."

The moment had added meaning for Stille, because she fell short of scoring 1,000 points during her high school career at Westerville in Ohio. The biggest factor in her failure to accumulate 1,000 points then was because she missed significant time with a familiar injury—a torn ACL.

In the home opener against WVU Tech Nov. 5, Stille was honored for her accomplishment before the game. She also had her own cheering section for the special occasion, as her parents and several high school friends, along with her friends and roommate at Carlow, attended the game.

That group nearly saw Stille achieve another milestone in the setback against WVU Tech, as Stille snagged 16 rebounds, leaving her just three shy of 1,000 boards for her career. Two days later, she grabbed nine rebounds in a win against Penn State Greater Allegheny to achieve the feat.

Stille became the seventh Carlow player to reach the 1,000-point plateau, and the first since Lynzi Mueller during the 2015-2016 season. With her rebounding milestone also conquered, Stille may shift her focus to the Celtics' all-time points total. Jacqueline Muir, who played from 2004-2008, concluded her career with 1,483 points. ■

Photo by Robert Cifone



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Women of Spirit® and 90th Anniversary Gala Sponsorship April 2, 2020 | Carnegie Music Hall of Oakland

The Women of Spirit® award program has earned a distinguished place as a Pittsburgh treasure. Since its inception in 1993, the program has recognized women leaders for their professional and personal leadership and their service to others. In turn, they share their expertise with the Carlow community by actively participating in the life of the university and in the development of its students. This renowned program also provides valuable scholarship assistance to Carlow students who demonstrate the spirit inherent in the award.

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REUNITED AND IT FEELS SO GOOD!

HOMECOMING 2019



Homecoming 2019, Sept. 20-22 marked the 50th reunion of the Class of 1969. Highlights of the weekend included a champagne reception and dinner at the Senator John Heinz History Center. Several current Carlow students also attended.

Above: *Members of the Class of 1969*

Left: *L-R: Maddie Canel, Clare Duffus, Emma Wilson, Noble Dixon*

Alumni ACTIVITIES

For information on upcoming events,
visit alumni.carlow.edu.

NEWS

60s

Mary Ann Sestili, PhD 1961 published *A Life Together that Changed Pittsburgh's Landscape*, recounting the founding of Sestili Nursery by her Italian immigrant parents, Max and Esther Sestili, in the Spring 2019 edition of the Senator John Heinz History Center's *Western Pennsylvania History* magazine.

Eileen Reutzel Colianni 1964 published an essay, *Watching Jane Fonda scramble eggs in Oakland*, in the *Pittsburgh Post-Gazette* July 21, 2019.

Monica Scanlon Rumsey 1966 is celebrating her 50th year in scholarly art book editing. She retired from a full-time career as publications editor and manager at the Virginia Museum of Fine Arts, Richmond, Va., in 2000 and has continued to work as a freelance art book editor. Clients include curators, independent scholars and publications managers at major art museums across the U.S. and Europe, including the Yale Center for British Art, the J. Paul Getty

Museum, the National Gallery of Art and Haus der Kunst (Munich). This fascinating and intellectually challenging career is due in no small part to the excellent education she received at Carlow. Rumsey says that the faculty who taught art history, studio art, literature, French, philosophy and religion at Carlow were intelligent, well-educated and inspiring. She hopes to continue working in this career for the rest of her life. It is a gift that came from her loving parents, who passed on to all their children their unending joy of learning, and that came to fruition during those four exciting and memorable years at Carlow.

Sister Anna Marie Gaglia, CSJ 1968 was appointed diocesan victim assistance coordinator for the Catholic Diocese of Pittsburgh by Bishop David Zubik. She began her duties in October 2019.

Margaret Campbell Lyday, PhD 1969 recently published her sixth collection of essays, *Even ... Against All Odds*. She lives with her husband, Leon, on the Florida Gulf Coast on Tampa Bay. They enjoy traveling, and visited Stratford, Canada in September for the Shakespeare Festival.

70s

Sister Maureen Clark, CSJ 1971 was a recent recipient of a Suffolk Cares Grant for the Sisters of St. Joseph Aftercare Program which helps "One Woman at a Time Regain Her Life."

Sandra L. O'Connor 1971 was elected vice chair of the North Carolina Real Estate Commission effective Aug. 1. She is a broker with the Greensboro Allen Tate Company office, where she served as broker in charge and manager from 2005-2018. A licensed real estate broker since 1983, she was the sole proprietor of Sandra O'Connor & Associates from 1985-2005. She was appointed to the North Carolina Real Estate Commission by Gov. Roy Cooper in 2017, and has been active with national, state and local Realtor® organizations and in community affairs in Greensboro, N.C.

80s

Marion David McGowan, PhD, MPH 1981 was appointed to the newly created position of president and CEO of Health New England and senior vice president of Payer Innovation



Barbara Grignano '66 and husband Chenz Grignano. Centre Hall, Pa.



Carlow on the Road in Philadelphia, Pa. L-R: Kimberley Hammer, vice president for advancement; Norma Jean Grazzini LeClair '66; President Suzanne K. Mellon, PhD; Lila Ammeen Russo '66, '67; and Mary Ann Linz Agar '74.



Anne Marie Sawyer '67. Camp Hill, Pa.

for Baystate Health (Springfield, Mass.). She joined the company in July 2015 from UPMC Health Plan in Pittsburgh, Pa., where she was the chief clinical administrative officer and senior vice president of population health.

Maureen Reilly Sahr 1981 retired from a career in childcare in July 2019. She enjoyed 31 years at the University of Pittsburgh Child Development Center and 6^{1/2} years at the Shady Avenue Child Care Center.

Marcia Stopp Cook, DNP, MPM, RN 1985, 2012 has been named chief nursing officer at Allegheny Valley Hospital in Natrona Heights, Pa. Cook comes from her most recent post as director of professional practice and education at AHN's Allegheny General Hospital in Pittsburgh. Before that, she was the corporate director of quality and clinical operations and HIPAA compliance officer for Adagio Health. She has held leadership positions at Excelsa Health, UPMC St. Margaret Hospital near Aspinwall, Pa. and Mercy Jeannette, Pa., and is an adjunct faculty member at Carlow University and Chatham University.

Jeananne Nicholls, DBA, MBA 1989 was selected by Slippery Rock University to receive a 2019 Woman of Distinction Award. The award was presented at the University's Gender Studies' Mentoring Dinner Oct. 8, 2019.

90s

Sherry Konick Hoback, MBA, BSN, RN 1996 was selected as a 2019 Businesswoman of the Year by the *Tampa Bay Business Journal*. Criteria for selection included business success, community involvement, leadership ability and influence on the region. Hoback is the president and CEO of Tampa (Fla.) Family Health Centers, Inc. and she attributes Carlow University to establishing mentoring as a cornerstone of her business philosophy.

Joey Linn Ulrich 1998 was hired as the new executive director of Economic Development South, an economic development agency in Brentwood, Pa. Previously, Ulrich was the executive director of Venture Outdoors in Pittsburgh.

Alison Zapata 1998 was chosen by the Armstrong County Historical and Genealogical Society to restore a building sign from the 1900s that was uncovered when a building at the corner of Ninth Street and Fourth Avenue in Ford City, Pa. was

demolished. Zapata works as a fine artist and has painted murals in many areas of Pittsburgh.

00s

Jennifer Donelli Adamski, DNP, ARNP, ACNP BC, CCRN 2000 was elected to the American Association of Critical Care Nurses Board. She will serve a three-year term from 2019-2022. Adamski is a member of the Critical Care Flight team at Cleveland Clinic and is a clinical professor at Emory University School of Nursing.

Rachel J. Sawyers 2002 was a speaker at Intermediate Unit 1's 2019 Summer Institute. She gave a presentation on easy ways to incorporate STEM into the classroom.

Denise Schreiber 2003 has been elected secretary of GardenComm International, formerly Garden Writers Association. She is working as a freelance writer since her retirement from Allegheny County Parks.

Amber Banfield Koah 2004 completed a Master of Public Health degree at Kent State University in May 2019.

Sara J. Oliver Carter 2004, 2010 was named the first chief diversity officer for Duquesne Light, an electric company headquartered in Pittsburgh, Pa. Oliver Carter has 20 years' experience in human resources and has previously held similar roles at Penn State University and Highmark.

Amanda L. Pelch 2004 became head varsity coach of the Jacksonville (Fla.) High School girls' soccer program in fall 2019. Pelch had been a sixth-grade teacher at Northwoods Elementary School before moving to Florida.

Natasha Higgins Williams, MBA 2007, 2013 was recognized by *The Incline* as a 2019 "Who's Next: Education" honoree. Together with fellow Carlow alum and spouse Anthony Williams, MBA 2006, 2009, Williams is the co-founder of Stairways to Success, a project of New Sun Rising. This out-of-school learning program provides equitable resources and access that will lead to students' ability to make attainable matriculation from high school to postsecondary education opportunities for underrepresented youth.

Kira Yates Henderson, MEd 2008 was recognized by *The Incline* as a 2019 "Who's Next: Education" honoree. Henderson is the

principal at Pittsburgh Public Schools' Weil PreK-5 school.

Erica L. Pullen 2009 has launched the release of her new children's book *I am America's Most Wanted*. Pullen's books connect children to their value and embolden positive self-identity.

10s

Maria S. Allshouse 2010 was named Best Woman Owned Business of the Year by the South West Communities Chamber of Commerce Excellence Awards. Allshouse is the founder of Maria S. Allshouse Healthy Lifestyle Coaching & Corporate Wellness.

Tariro Chapinduka 2012 was named executive director of finance for Hopkins Schools in Minnesota in August 2019. He had previously served in a similar role for the Minneapolis Public Schools since 2015.

Beth Peyton, MFA 2012 presented a series of writing workshops at the Mental Health Association in Chautauqua County, N.Y. The workshops, titled "Writing Your Life," taught participants the basics of creative nonfiction, how to read articles and essays that capture the best of creative nonfiction, give and receive feedback, and ultimately tell a true story about themselves with a completed essay.

Mark Craven 2013 owes a lot of the success he has achieved to his time at Carlow. He has enjoyed a career in higher education administration, having held positions with Community College of Allegheny County and University of Southern California in Los Angeles. He has authored five books, the most recent of which was released at a major release event at Barnes & Noble in the Pittsburgh Waterfront in June 2019.

David Debenham, MSC, LLM 2013 has been appointed a Fellow by the Certified Professional Association of Canada, the highest honor an accountant can receive in Canada.

Joshua Allenberg, JD 2015 passed the July 2019 Pennsylvania Bar Exam.

Bernadette Harris, MS, MBA, CFE 2015 was recognized as a 2019 Woman of Influence by the Atlanta Business League.

Corrin Fesko, CRNP 2016 joined Conemaugh Physician Group Plastic Surgery

(Johnstown, Pa.) in June 2019. She will apply her experience in emergency medicine, anesthesia care and acute pain services to provide outpatient care in the plastic surgery unit.

Olivia Bennett 2018 won the Democratic nomination to represent Allegheny County Council District 13 May 21, 2019.

Lori Cooke, DNP 2019 was named one of three recipients of a Nurse Faculty Award from the Parkinson's Foundation. The grant was made to graduates of the foundation's prestigious Edmond J. Safra Visiting Nurse Faculty Program. Cooke will use the funds to enhance Parkinson's education for baccalaureate nursing students through virtual reality (VR) simulation at Malone University in Canton, Ohio.

BIRTHS

00s

Janelle Crisp LPC 2009, 2012 and Michelle Crisp welcomed their first daughter, Finley Crisp, April 28, 2019.

10s

Brittany Henderson 2015 has welcomed two daughters: Kayden Faith Crawford Oct. 13, 2017 and Ryan Grace Crawford June 25, 2019.

IN MEMORIAM

40s

Marjorie Schaub McMahon 1945, Jan. 9, 2019.

Anna Mae Matkovich 1946, Feb. 10, 2019.

Mary Dobda Virgil 1946, April 16, 2018.

Barbara Peoples Speaker 1949, Nov. 18, 2018.

50s

Lorraine Bukowski Jedlick 1950, March 19, 2019.

Alberta Collinger Rogers 1950, Feb. 9, 2018.

Roberta Kenna White 1950, Dec. 13, 2018.

Mary Eileen Cahill Bates 1951, Sept. 4, 2019.

Dian Morell Holdship 1951, May 20, 2019.

Joan G. Kraft 1951, Sept. 8, 2018.

Beatrice Malone Nicholas 1952, Jan. 7, 2018.

Nina Parco Barton, MEd 1953, May 1, 2019

Sema Rogal Coppersmith 1955, April 8, 2018.

Katharine Pryce Collins 1958, Aug. 3, 2018.

Sister Christopher (Rita Marion) Wahl, RSM 1958, Aug. 22, 2019.

Eleanor Szemborski, PhD 1959, Aug. 11, 2019.

Carol Linder Zeltner 1959, Aug. 31, 2019.

60s

Wanda Phillips Cianfichi 1960, March 12, 2019.

Mary Ann Patrick Reilly 1960, July 19, 2017.

Sister Tulia DiBenedictis, RSM 1962, May 28, 2019.

Regina Collins Owen 1962, Nov. 8, 2018.

Sister Mary Dominic Ravotti, CSJ 1962, Sept. 18, 2019.

Margaret Huber Rice 1962, Oct. 6, 2019.

Sister Bridget James O'Brien, CSJ 1963, Oct. 20, 2019.

Patricia Murphy Prucnal 1963, Nov. 10, 2018.

Helen Korba Cesari 1964, June 14, 2019.

Margaret K. Craig, EdD 1964, April 4, 2019.

Patricia A. Monahan 1964, Oct. 2019.

Eugenia Donatelli Mulle 1964, March 24, 2018.

Barbara Auth O'Connor 1965, July 13, 2019.

Beatrice Gazzola Pitassi 1965, May 1, 2019.

Karen Cameron Scanlon, EdD 1966, May 21, 2019.

Mary Elizabeth "Missy" Weber 1966, Aug. 13, 2019.

Sister Patricia Ann Foley, CSJ 1967, Aug. 9, 2019.

Grace Zieles Feczko 1968, Aug. 1, 2019.

Elizabeth Lee Woodruff Wood 1968, June 24, 2019.

Linda Francis McKavish 1969, May 20, 2019.

70s

Vincenza Lauri Bataille 1972, Sept. 19, 2019.

James F. Guentner, Jr. 1972, Nov. 22, 2018.

Joan Werber Little 1972, Jan. 12, 2019.

Fay A. Bishop 1973, Aug. 21, 2018.

Nancy Stephenson Pedrera, BSN 1973, Sept. 28, 2019.

Pamela Happel Spinale 1977, May 6, 2019.

80s

Denise Cronin Thomas 1982, May 15, 2019.

Jill Young Newmeyer 1983, Sept. 15, 2019.

Lenore E. Dixon 1985, June 30, 2019.

Joan Olsen Dunham 1985, Nov. 30, 2018.

Virginia P. Biggs 1986, Aug. 8, 2018.

Nancy Uzarski Pease, JD 1989, Sept. 17, 2019.

90s

Ethel L.J. Edwards 1993, Jan. 11, 2018.

Audrey L. Fincher 1993, Jan. 4, 2018.

Mark J. Rutter 1993, 1997, June 18, 2019.

Cheryl H. Estep 1995, Aug. 15, 2019.

Dolores Lee 1996, April 2, 2018.

Judith A. Savolskis 1998, May 24, 2019.

Karen L. Wolfe Gallagher 1999,
Sept. 25, 2019.

00s

Munah Hashim Pavlik 2002,
July 27, 2017.

10s

Barbara Lee Gilles 2010, Oct. 24, 2019.
Gilles was the former executive assistant to the current and past three Carlow University presidents.

FRIENDS

Dorothy Radziak Hopkins, Aug. 12, 2019.
Hopkins was the wife of the late Thomas A. Hopkins Jr., a beloved former professor of speech, administrator and provost of Carlow University and namesake for the Hopkins Communication Lab.

Elicia Parkinson, executive assistant for the College of Leadership and Social Change and student in the Master of Fine Arts program, Oct. 12, 2019.

SYMPATHY TO

50s

LaVerne Vaughan Madancy 1952 for the loss of her husband, Robert, Jan. 29, 2019.

Clarice Withum Dohanich 1957 for the loss of her husband, John, Nov. 1, 2018.

60s

Judith Lamb Schuerger 1960 for the loss of her husband, Jerald, April 16, 2017.

Joanne Beitler Beyer 1961 for the loss of her husband, Richard, Jan. 21, 2018.

Genevieve Godish Minni 1962 for the loss of her husband, Francis, June 11, 2019.

Rebecca "Becky" Matheson Richardson 1965 for the loss of her husband, Darian Richardson, Aug. 10, 2019.

Karen Scully Dadich 1966 for the loss of her husband, Richard, Jan. 24, 2019.

Karen Barber Kolcun 1968 for the loss of her husband, Jack, Jan. 22, 2019.

Linda Vecchiola Alberts 1969 for the loss of her son, Frank, May 14, 2019.

Miriam Huesken Minnis 1969 for the loss of her husband, John, Oct. 5, 2018.

70s

Patricia Dawes Slosar 1970 for the loss of her husband, Frank, Dec. 30, 2018.

Margaret Gabis Parker 1974 for the loss of her brother, Joseph A. Gabis, MD, Oct. 15, 2019.

Christine A. Vertosick 1974 and **Suzanne M. Vertosick 1974** for the loss of their mother, Veronica Vertosick, April 5, 2019.

Patricia Foley McMillin 1977 for the loss of her sister, **Sister Patricia Ann Foley, CSJ 1967**, Aug. 9, 2019.

Kathleen Kajder Moyer 1977 for the loss of her daughter-in-law, Maily Marlo Moyer, Feb. 23, 2019.

Sophia Kutch Gardner 1978 for the loss of her husband, David, Oct. 21, 2018.

Caryn Setcavage Siegfried 1979 for the loss of her husband, Harry, Sept. 19, 2018.

80s

Margory Eichenlaub Cassidy 1980 for the loss of her husband, Dale, Jan. 9, 2019.

Margaret Crowley Walsh 1983 for the loss of her husband, John, March 8, 2019.

Debra Griffith Brewer 1984 for the loss of her mother, Donna Jean Schultz, April 14, 2019.

Donna Johnston Metz 1988 for the loss of her husband, Chuck, Sept. 21, 2018.

May Wickline Rutter 1989 for the loss of her husband, Mark, June 18, 2019.

90s

Julie Zamborsky Barnett, MD 1992 for the loss of her father, George Zamborsky, Aug. 9, 2018.

Kimberly Chambers Graves 1993 for the loss of her husband, James, March 14, 2019.

Lisa M. Vogler 1995 for the loss of her husband, Edward, Feb. 16, 2019.

Nancy Flamman Gannon 1996 for the loss of her husband, Robert, Dec. 7, 2018.

Amy L. Alfonsi 1997 for the loss of her mother, Mary Ann, Sept. 15, 2018.

Courtney Brown Buggs 1998 for the loss of her mother, Alisa "Lisa" Byrd, March 24, 2019.

00s

Kara L. Finkel 2000 for the loss of her father, Raymond, April 15, 2019.

Janene Szpak 2000 for the loss of her husband, Adam, Oct. 1, 2018.

Julianna Matthews Debrah 2002 for the loss of her mother, Julianna T. Matthews, March 5, 2019.

Renada Waters Washington 2003 for the loss of her mother, Joyce Waters, March 12, 2019.

Crystal Bracken Monaghan 2004 for the loss of her mother, Karen, June 8, 2018.

Maria Rogalski Ayers 2009 for the loss of her father, Anthony, March 25, 2019.

Class notes as of Oct. 31, 2019. Share your news with us and we'll publish it in the next Carlow Magazine. Visit alumni.carlow.edu/ShareYourNews to submit a class note.

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April 2, 2019

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