

# CARLOW

UNIVERSITY  
MAGAZINE











## Letter from the President

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Dear Faculty, Staff, Students, Alumni, Parents and Friends,

Each new school year brings with it a sense of excitement as new students arrive, returning students and faculty come back to campus, and we are energized by the students and the plans we've laid out for the year ahead. 2018-19 promises to be an especially transformative year for Carlow University because our new College of Professional Studies is officially open for business. We are actively developing new corporate and institutional partners who need educational resources for employees; we are directing a new advertising sub-brand campaign to adult students who want to upskill, complete or earn a degree; and our academic community is focused on assuring we have curriculum and support services needed by adult learners.

Carlow's program offerings are the right ones for today's students. For the adult, returning student, Carlow has 36 different degrees or certificate programs available for adult learners, and we are moving forward with new options for offerings in multiple modalities that offer flexible options for taking courses while balancing work and family. Carlow understands the unique needs of adult students, and we have a long track record of helping them accomplish their educational goals. We are uniquely poised to address this in our region—our students are the key to the talent needs for companies and businesses needing a graduate that Carlow University produces.

Today's universities don't operate in a silo—partnerships are essential in providing students with the game-changing experiences that help them develop experience, skills and competencies. Today, over 200 organizations are partnering with Carlow in innovative ways that enhance our ability to deliver qualified professionals out to the workforce. An example is our new partnership with St. Vincent College wherein students can enroll at St. Vincent's, remain there all four years, but in their final two years become Carlow students to earn a Nursing degree, a program where we are the regional leader. Another is with the National Cyber-Forensics & Training Alliance, an organization that works to mitigate cyber threats in all its forms. They have partnered with Carlow to offer graduate-level training and credits in the techniques and tools that professionals need to investigate, respond to, and stop cyber-related crimes. Other programs in health informatics, data analytics (for 2019), and our Masters in Social Work are putting Carlow at the forefront of programs and competencies in high demand by regional employers.

Our campus is transforming too. Carlow's new Nursing Simulation Laboratories opened in September, a remarkable learning space for our nursing students, who again recorded a 100% pass rate on the NCLEX licensure exam for the 2nd year in a row. We are now in the midst of rebuilding St. Joseph Hall into a 21st century athletic and fitness center for our students and sports teams. It will open in April and deliver an important new resource and vitality to the upper campus.

Relying on our Catholic values is more important than ever. In a world where women are still struggling for voice and agency, where rhetoric in the public square encourages discord, and a shocking number of our people—children in particular—are living in poverty, we are strengthening our commitment to our core values of mercy, hospitality, service, equity and sacredness of all creation. Our Social Justice Institutes and Atkins Endowed Center for Ethics will host programming throughout the year to provide a forum to address and wrestle with these issues.

Our students, as they leave here and embrace the challenges of their world, take with them all of the lessons instilled here. We know from our alumni that they are marked by their experience at Carlow, and we take pride in their commitment to building a just and merciful world. In the pages that follow you will find stories about our students, donors, faculty—they are indeed transforming our world.

None of our work would be possible without you, our friends, donors, partners and alumni. We thank you for supporting Carlow University and helping us to continue providing the world with Carlow graduates ready to "Do Good and Do Well."

Sincerely,

A handwritten signature in dark ink that reads "Suzanne K. Mellon". The script is elegant and cursive, with a long, sweeping underline.

Suzanne K. Mellon, PhD

# CARLOW

## UNIVERSITY

### MAGAZINE

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Educational Advertising Gold Award  
2016

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Carlow University, as an educational institution and as an employer, values equality of opportunity, human dignity, and racial/ethnic and cultural diversity. Accordingly, the university prohibits and will not engage in discrimination or harassment on the basis of race, color, religion, national origin, ancestry, gender, age, marital status, familial status, sexual orientation, disability, or status as a disabled veteran or a veteran of the Vietnam era. Further, the university will continue to take affirmative steps to support and advance these values consistent with the university's mission. This policy applies to admissions, employment, and access to and treatment in university programs and activities. This is a commitment made by the university and is in accordance with federal, state, and/or local laws and regulations.

*On the cover: Carlow's Frances Warde Hall overlooks a bustling Fifth Avenue in Oakland.*



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# PLACES *And* SPACES

*an inside look at Carlow's  
personal and public spaces*



## THE CELTIC CAFÉ

Good food at affordable prices is always in style. Add a convenient location in the atrium of the A.J. Palumbo Hall of Science and Technology, and the Celtic Café—operated by the university and its dining services partner, Aladdin—was a guaranteed hit.

Joe Colantuono, Aladdin's director of food service, said students were uppermost in mind when the Celtic Café was transformed over the summer into a new full-service eatery and Starbucks.

"Our goal is to provide an expanded, exceptional student-centered dining experience to accommodate the additional classes that will be relocated to this area of campus," Colantuono said.

Aladdin's culinary team designed the new and expanded made-to-order food offerings, which include breakfast sandwiches, deli and flatbread sandwiches, salads, hoagies, wraps and a robust selection of homemade soups. All are available for lunch or dinner for eat-in or take-out.

Those with a sweet tooth will be excited about the cookies, donuts, muffins and other pastries baked and delivered fresh daily by Potomac Bakery in Mt. Lebanon. Students can use their block meal plans during lunch and dinner hours, and faculty and staff can take advantage of commuter meal plan options.

Pre-packaged salads, sandwiches, fruits, healthy snacks and bottled beverages are available to go for those in a hurry. "This is especially convenient for our evening students who are rushing from the office to class," said Colantuono.

Comfortable seating for up to 100 offers a social environment for students to relax with friends or have a quick bite to eat before class. Charge ports allow students to easily hook up electronics to learn and stay connected to the campus community.

The Celtic Café is open weekdays from 7:30 a.m. to 9:30 p.m. The menu is available online at [carlow.edudine.com/ajp](http://carlow.edudine.com/ajp).



# NOTED — and — QUOTED

**"Tom and I are proud to honor these incredible women for their profound contributions to the people and communities of Pennsylvania. Our commonwealth is a better place because of their selfless dedication and hard work, and we cannot thank them enough."**

✦ Pennsylvania First Lady Frances Wolf, at the 2018 Distinguished Daughters of Pennsylvania event, where Carlow University Woman of Spirit® Mary Lou McLaughlin was one of the six honorees. [US Fed News, Oct. 3, 2018]

**"There has been an increase in trafficking locally, more than likely related to fracking and related to the opioid issues."**

✦ Mary Burke, professor of psychology at Carlow University, who in 2004 founded the nonprofit Project to End Human Trafficking. [Pittsburgh Post-Gazette, Sept. 1, 2018]

**"The seven Sisters of Mercy are true exemplars of the university. Having left home and country and traveled to Pittsburgh, they turned their attention and compassion to the needs of the poor and disenfranchised, transforming lives through education, healthcare, social services and countless other ministries across our country. Carlow University's values of mercy, hospitality, service, discovery and the sacredness of creation are rooted in their lives and witness."**

✦ Suzanne K. Mellon, PhD, President of Carlow University [Pittsburgh Post-Gazette, Aug. 29, 2018]

**"Speaking at Carlow University's 2018 Commencement ceremony on behalf of my incredibly intelligent and passionate classmates was a privilege like no other. The Joseph G. Smith Award recognizes not only academic achievements, but, more importantly, a student's distinguished service to his or her community—something that each and every one of us can incorporate into our lives."**

✦ Devan Stanko, valedictorian and 2018 Joseph G. Smith Awardee [In Woodland Hills Magazine, Fall 2018]

**"Prior to the 19th Amendment, women had the right to vote in 15 states, starting with Wyoming in 1890. But Pennsylvania women could not vote until the 19th Amendment became federal law. Pennsylvania was the seventh state, however, to ratify the constitutional amendment—on June 24, 1919—after Wisconsin, Illinois, Michigan, Kansas, New York and Ohio."**

✦ Ellie Wymard, PhD, Professor Emerita, Carlow University [Writing in an op-ed in the Pittsburgh Post-Gazette, Aug. 26, 2018]

**"Images by Pittsburgh-based photographers Brian Cohen, Scott Goldsmith, Nate Guidry, Lynn Johnson and Annie O'Neill include a naturalization ceremony, the recent arrival of a Bhutanese family, and places of worship and community centers built by earlier generations of immigrants."**

✦ Out of Many – Stories of Migration, Carlow University Art Gallery Exhibit [Pittsburgh Post-Gazette, Sept. 20, 2018]



# GETTING FOOD TO STUDENTS IN NEED

## COFFEEHOUSE

*Engaging in lively conversation over a cup of java*

Originally formed to provide gently used clothing to students in need, the Carlow Closet was expanded this year to include non-perishable food items. Food scarcity is a problem for many college students today, and Carlow Magazine sat down with **JANICE MCCALL, PHD, LSW** to talk about the reasons for this.

**Carlow University Magazine:** How real is the problem of food scarcity on college campuses right now? Is there a reason this has come to light?

**McCall:** We work in higher education. It behooves us to know these sorts of issues for our students so they can be more successful. The issue of food scarcity and hunger has been around forever. It was in the 1990s when it became a source for data collection.

**Carlow University Magazine:** Was there an “a-ha” moment that led you to expand the Carlow Closet to include nonperishable food items, or was it just a natural evolution?

**McCall:** I’ve been at Carlow since 2017, and around that time, Sara Goldrick-Rab and her colleagues at Wisconsin Hope Lab came out with their massive report about the state of collegiate basic needs. Around that time the University of Pittsburgh had

their first annual regional conference about having this conversation. As I would read these reports, it became very clear to me that many of the most vulnerable groups around basic needs and securities are very much on our own campus. Our mission is so well aligned with taking care of our students and our community, I thought, “What the heck are we doing about this issue?” There was a grant opportunity for me to build off of what we had here at Carlow. I learned there was a clothing closet to collect items that students had at the end of the term and maybe didn’t want to take home with them. The grant allowed us to expand that, so the “a-ha” was really the timing; knowing the existing population of our students and seizing on the grant opportunity. I teach grant writing here, so I’m always looking for opportunities to use existing resources and also someone else’s money to address how do we serve our students in a better way.

**Carlow University Magazine:** How has the Carlow Closet been received by students? And is it possible to quantify the need on campus?

**McCall:** I would say now we have a fairly consistent number of students who are returning users. We have achieved some sort of status on campus. I’m pretty comfortable to say that most people know what it is, or, at least, know where to go if they need help. I think it has been well received by students. Quantifying need ... the literature always talks about number of orders filled, pounds distributed or number of new faces, and that’s important, but, in the end, I think what’s more important for me is, do our students know where to go, have we empowered them with questions

to ask, places to go, skills to use, so that maybe they don’t have to use the Closet, right?

**Carlow University Magazine:** Aside from creating something like the Carlow Closet, are there other ways to address the problem of food scarcity among college students?

**McCall:** The neat thing about the Closet is that it still serves those basic human needs, regardless of who the student is. They could easily be one paycheck away from a catastrophic life event, so that’s a nice unifying factor. So if we maintain the messaging so that we are non-threatening, that’s one way to talk about it. Find safe spaces on campus so you’re kind of lumped in with the other student supports. It’s nice if I can talk to our residence life office or disability services or our health office, and I’m happy to reach out to those colleagues to collaborate. It’s never an issue about “who are your students and who are my students.” It’s a lot more students than we think. Collegiate food insecurity can affect anywhere from one-third of college students in some studies all the way up to 70 percent at other colleges. I think at our college, it is somewhere around 30 percent, if not more, depending on the pocket of students that are using it, but any number in that range is something we can change. I try to adhere to our theme, stating clearly that it is about hospitality. It’s really about welcoming that student and making sure that they feel welcome on campus. I would hate for a student to feel that just because they can’t afford food, they don’t feel connected to the campus. ■

For more information about the Carlow Closet, email [carlowcloset@carlow.edu](mailto:carlowcloset@carlow.edu).



# 3333 FIFTH

news + notes

**CARLOW**  
UNIVERSITY



SAINT VINCENT  
COLLEGE

## ► CARLOW UNIVERSITY PARTNERS WITH SAINT VINCENT TO OFFER NURSING

Carlow University and Saint Vincent College jointly announced that the State Board of Nursing has approved their collaborative plan to offer Carlow's four-year bachelor of science degree in nursing (BSN) program on-site at Saint Vincent beginning in the fall of 2019.

Saint Vincent will be benefiting from Carlow's expertise in nursing education.

"Carlow's BSN nursing program graduates have had the highest NCLEX first-time pass rate in the Pittsburgh area for the past four years," said Lynn E. George, PhD, Dean of the College of Health and Wellness. "Nurses who graduate from the BSN program will be well prepared for careers in health care systems regionally and nationally."

Brother Norman W. Hipps, OSB, PhD, president of Saint Vincent, praised Carlow's expertise in nursing and this partnership, saying "This collaboration will serve our students well and fulfill an extraordinary regional need to meet the nursing shortage."

Such recognition by a president of another college is both gratifying and understandable to Carlow's President Suzanne K. Mellon, PhD. "Carlow nurses graduate ready to care for the sick and promote and maintain the highest possible levels of health and wellness. We look forward to this unique collaboration with Saint Vincent College."



## ► CARLOW RECOGNIZED AS A COLLEGE OF DISTINCTION FOR 2018-2019

For the third consecutive year, Carlow University has been recognized as a College of Distinction by CollegesofDistinction.com.

In addition to the overall honor, Carlow was named a Catholic College of Distinction and a Pennsylvania College of Distinction and received special certifications for its programs in business, education and nursing.

Colleges of Distinction is a trusted resource for more than 40,000 guidance counselors across the United States, thousands of parents and students, and hundreds of colleges and universities. The organization's mission is to help parents and students find not just the "best college, but the right college."

CollegesofDistinction.com's sister website, Abound.college, geared toward adults seeking undergraduate or graduate degrees, ranks Carlow University among the best colleges in America for adults.

**100%**  
**2018 NCLEX PASS RATE!**

Carlow's 2017-2018 Bachelor of Science in Nursing graduates were a perfect 49-for-49 in passing the National Council Licensure Examination (NCLEX-RN).

This is the second year in a row that Carlow's nursing graduates have achieved a 100 percent pass rate, the highest pass rate in western Pennsylvania, and marks the fifth year in a row that Carlow has led the schools in our region in pass rate on NCLEX, the exam that allows graduates from pre-licensure nursing programs to be licensed to practice nursing.





### ► DIANA KOZLINA-PERETIC RECEIVES THE CAMEOS OF CARING AWARD FOR 2018

Diana Kozlina-Peretic, DNP, CRNP, MSN, RN, has found professional satisfaction as both a clinician and a nurse educator. She'll receive professional recognition when she is

honored with the Cameos of Caring award at the Cameos of Caring Awards Gala Dec. 1 at the David Lawrence Convention Center.

"Teaching students for the past eight years provides a sense of 'giving back' for me to the profession," said Kozlina-Peretic. "Serving the needs of others as a clinician has helped evolve my ability to be a good listener, comforter, supporter, educator and, ultimately, healer."

She credits her father for encouraging her, when she reached the age of trying to decide what she wanted to do with her life, to go into nursing. She entered the nursing program at a local community college and met a nursing instructor who became her mentor.

"She instilled confidence in my ability to perform technical and assessment skills that served as a foundation for my career path," she said.

After receiving her bachelor's degree from Carlow in 1982, Kozlina-Peretic continued her graduate education at the University of Pittsburgh, earning an MSN in the family nurse practitioner program. She earned her DNP from Carlow in 2012. Her scholarly project and research interest includes care and management of the heart failure patient population.

Whether working as a nurse educator or a family nurse practitioner, she enjoys building the collaborative culture that is so integral in healthcare today.

"Witnessing the ever-changing healthcare needs of our patients being met by multidisciplinary teams striving for excellence in practice and patient outcomes has been a pure joy, and makes the hard part of all this work ever so special," she said. "I am blessed to have found a lifelong profession that has been truly rewarding and fulfilling."

### ► MISSION MOMENT: RECOGNIZING THREE FACULTY MEMBERS FOR LIVING THE MISSION

During a Mission Moment at the October meeting of the Carlow University Board of Trustees, three faculty members were recognized for academic excellence, innovation in their disciplines, and upholding the Carlow mission and values.

Rae Ann Hirsh, DEd; Janice McCall, PhD, LSW; and Janice Nash, DNP, RN, were recognized for special contributions in education, social work and nursing, respectively.

Hirsh was the point person on several large grants received in education this year, particularly a \$330,000 grant from the Pennsylvania Department of Education's Office of Childhood Development and Early Learning, which is a model for Pennsylvania. The grant represents a priority needed for high-quality child-care education and the preparation required of educators and caregivers working with children from birth to grade 4.

McCall recognized a problem with food scarcity among students and expanded the Carlow Closet—which provides free, gently used clothing to students in need—to also include nonperishable food items that can be ordered confidentially online.

Nash was instrumental in developing a perioperative internship so nursing students can become acquainted with the duties and responsibilities of surgical nurses. A shortage is predicted in this area since many surgical nurses are approaching retirement age. Through the internship, Carlow students will be prepared to meet the needs of operating rooms in hospitals and short-stay surgical facilities.

### ► CARLOW UNIVERSITY BOARD OF TRUSTEES ADDS FIVE NEW MEMBERS

The Carlow University Board of Trustees welcomed five new members for 2018-2019.

"Our five new trustees bring valuable experience and expertise to our board as well as a passion for Carlow and our community," said Suzanne K. Mellon, PhD, president of Carlow University. "I am excited to welcome them to the board and look forward to working with them to further the mission of the university."

**Bart Gabler, JD**, is director of pricing and legal project management for the law firm K&L Gates, LLP.

**Suzanne Paone, PhD '85**, is president of Innovation Advising, LLC.

**Guhan Venkatu** is the group vice president, regional analysis and outreach, for the Federal Reserve Bank of Cleveland.

**Sister Linda Werthman, RSM, PhD**, of Trinity Health, chair of Catholic Health Ministries and chair of Mercy Housing, Inc.

**Lois Wholey, JD**, is a fundraising professional and former director of development for the Pittsburgh Ballet Theatre.





Enrique Mu, PhD, MBA, MS with his MBA students in Croatia.

### ► MBA STUDENTS MAKE PRESENTATIONS OVERSEAS

Professor Enrique Mu, PhD, MBA, MS and several of his MBA students built new overseas connections this summer while making presentations in Croatia and Hong Kong.

In June, three MBA students—Sarah Snyder, Hailey Mancuso and Allison Cox —presented at the 8th Student Research Symposium: Research Topics and Intercultural Learning in the International Context, organized by the University of Zagreb in Croatia. Their presentation was titled Design Thinking in Action: Membership Renewal at the Training Centre Gym.

“Hailey Mancuso’s experience has been very interesting,” Mu said. “Based on her work for my class (Managing Organizational Change and Innovation) and her preparation for this symposium, she has become very knowledgeable of the design thinking approach. She was hired to join a design thinking team in PNC Bank, and she indicated that it was her preparation for this research that gave her the level of knowledge and confidence to succeed in the interviews.”

Mu’s faculty presentation at the conference, A New Approach to Eyewitness Identification, was based on his research in the forensic area.

In mid-July, Abigail Hebb and Julie Forbes, nurses in a local health system who are in Carlow’s MBA program healthcare management track, joined Mu in Hong Kong for the International Symposium on the Analytic Hierarchy Process (ISAHP).

Their presentation, Ethical Decision Making in Action: Evaluating Patient Care Approaches, used the Analytic Hierarchy Process, which Mu teaches in his Decision Making for Leaders class.

Mu is president of the ISAHP executive council and editor-in-chief of the International Journal of the Analytic Hierarchy Process.

## STUDENT SUCCESS

*Carlow students are earning recognition for their accomplishments.*

► Seventeen students participated in the study abroad to Ireland program this year including six students from St. Mary’s College in Nebraska. This fantastic group of students worked alongside Irish mentors in providing services to individuals with disabilities. They visited Mercy International, hiked Croagh Patrick and discovered Ireland’s history and culture through a variety of experiences.

► Janna Arnold, senior ceramics major, received the prestigious Judy Cheteau Scholarship at Contemporary Craft in the Strip District for summer 2018.

► 61 Carlow student-athletes earned the NAIA’s Scholar-Athlete award for the 2017-18 year. The Carlow women’s soccer team had the most Scholar-Athletes in the River States Conference, with 13. The Carlow women’s cross country team tied for the most Scholar-Athletes in the RSC, with six.



## ► CARLOW UNIVERSITY RECEIVES \$173,000 GRANT FROM BENEDUM FOUNDATION

Carlow University has received a \$173,000 grant from the Claude Worthington Benedum Foundation that will uncover new career opportunities for education majors in settings outside the formal school structure.

Through this grant, Carlow will establish partnerships with key consultants in the community to develop the university's first undergraduate experiential learning/out-of-school learning undergraduate and graduate major. One such partner is the Children's Museum of Pittsburgh.

"The Children's Museum is thrilled to partner on this grant with Carlow University," said Jane Werner, executive director

of the Children's Museum of Pittsburgh. "We see this as the beginning of a conversation between educators about what works for learners in different environments."

Keely Baronak, EdD, chair of the Education Department at Carlow University said, "Out-of-school learning environments play a critically important role in the lives of children and the communities in which they reside."

Museums, science centers, local theaters, arts organizations, youth ministry programs, after-school and recreation center programming, and libraries are among the nonprofit organizations that can benefit. Baronak believes any organization that seeks to engage children and young adults can benefit from knowledge gained from grant research.



## ► MOVE-IN DAY 2018

The fall 2018 semester got off to a great start with Move-In Day on August 23. Professional movers, staff volunteers and a valet service made the transition as smooth as possible.

## NEW! BS IN DATA ANALYTICS

Grounded in the liberal arts with coursework in big data, data mining, and data visualization, the BS in Data Analytics will equip students with the business acumen, critical thinking and analytical skills necessary to hit the ground running as a data analyst upon graduation.

**Carlow is accepting applications to begin in the fall of 2019.**

## FACULTY RESEARCH

*Research highlights from the desk, lab and field*

► Mary Burke, PhD presented "Human Trafficking" at the Pittsburgh Chapter of the Association of Certified Anti-Money Laundering Specialists (ACAMS) meeting in conjunction with the MFF program, which hosted a vendor table.

► Dale Huffman, MFA, chair of the art department, was invited to exhibit his work in Artists Who Teach at the Westmoreland Museum of American Art from August to November, 2018.

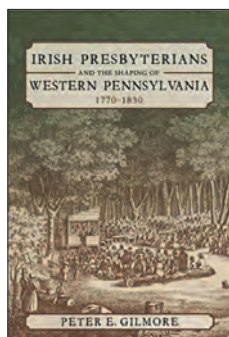
► Maria Flavin, DNP, was one of only 30 nursing faculty from across the nation selected to participate in the inaugural AACN-Apple Digital Innovation Bootcamp: From Content to Action, which was held July 9-12 in Austin, Tex.

► Felicia Cianciarulo, associate professor of biology, published an

article titled "The Effects of Flooding: The Results of a Two-Year Study" in the international *Cleaning and Restoration Magazine*. June 2018. Vol. 55. No. 5.

► Sandi DiMola, JD was selected by the Institute for International Education as a peer reviewer for the Fulbright Scholars Program in the program area of political science for applications in the gender and race category.

➔ **Online extra!**  
For more faculty research, visit [www.carlow.edu/research](http://www.carlow.edu/research).



## ► READ ALL ABOUT IT! CARLOW AUTHORS PUBLISH FOUR BOOKS

Four different faculty members of the Carlow community recently published books that are being received well in their respective fields.

Matthew Gordley, PhD, dean of the College of Learning and Innovation, published his book, *New Testament Christological Hymns: Exploring Texts, Contexts, and Significance*. The book examines the earliest Christian hymns preserved in the New Testament and places them in historical context, not just within the early Christian communities, but also how they contrasted with Roman political power of the day.

Jessica Friedrichs, MSW, MPA, program director of the undergraduate social work program, is a co-author of a book titled *Community Based Global Learning: The Theory and Practice of Ethical Engagement at Home and Abroad*. Drawing on Friedrichs' research and experience into community-driven learning and community service, as well as cultural humility and exchange, the book establishes a framework in which to integrate any discipline or collaborative project into the curriculum and throughout formal and informal community-based learning partnerships.

Jan Beatty's fifth full-length book, *Jackknife: New and Selected Poems*, won the Paterson Poetry Prize. Beatty is director of the MFA in creative writing and the Madwomen in the Attic writing workshops. The Paterson Prize is a \$1,000 gift given annually by the Poetry Center, which was founded in 1980 in Passaic, New Jersey, and has recognized thousands of poets over the years.

Adjunct history professor Peter Gilmore's new book, *Irish Presbyterians and the Shaping of Western Pennsylvania, 1770-1830*, published by the University of Pittsburgh Press, will be released in November. Gilmore has researched and written about Presbyterians and how they have come to shape the history of western Pennsylvania.



## ► CARLOW UNIVERSITY FIRST YEAR BIOLOGY MAJOR RECEIVES ARMY ROTC SCHOLARSHIP

Dustin Yuhas, a first year biology major, received an Army Reserve Officers' Training Corp (ROTC) Scholarship that pays full tuition and fees for four years at Carlow.

Upon graduation from Carlow, Yuhas, a native of Macedonia, Ohio, and a graduate of Nordon School District, will be commissioned in the United States Army as a second lieutenant. For his Army Reserve training, he will be attached to the 316th Expeditionary Support Command headquartered in Moon Twp., Pa., near the Pittsburgh International Airport.

In addition to paying for the tuition and fees, the scholarship provides Yuhas with \$600 to pay for books each semester and a monthly stipend of \$420.

"I thank Carlow for opening up this opportunity to serve my country," Yuhas said.

L-R: Matt Gordley, PhD; Dustin Yuhas; and Sibdas Ghosh, PhD



## ► PARTNERSHIPS: CARLOW UNIVERSITY'S SUMMER HIGH SCHOOL TO COLLEGE PROGRAM STEPPINGSTONE TO SUCCESS

What can you say to 45 students from Pittsburgh Public Schools spending eight weeks of their summer vacation taking a college course at Carlow University? You can start with, "Great job!"

That's what Pennsylvania Secretary of Labor and Industry Jerry Oleksiak told the students when he visited campus in late July and sat in on their classes.

This was the third consecutive year Carlow University partnered with the Neighborhood Learning Alliance and Partner4Work to host an eight-week high school to college immersion program for students from Pittsburgh Public Schools.

"This program provides local high school students with the opportunity to take college-level courses here on campus," said Suzanne K. Mellon, PhD, president of Carlow University, who welcomed Oleksiak to Carlow. "As part of the students' course requirements, they write weekly papers, conduct library research, and work on group projects and presentations. They perform to the same standards and expectations as any college student, which helps them realize that, if they put in the necessary work, college can be a real part of their future."

The high school to college program is administered by Howard Stern, PhD, director of Carlow's MBA program, and is aided by staff from the Neighborhood Learning Alliance. Students who pass the course with a C or better are eligible to earn college credit at Carlow or any other institution that will accept the credits.

"While we hope that the students will consider coming to Carlow for their college education, our goal is that each of the students who comes through the program will start to believe that college could be in their future," Stern said.



L-R: Debra Caplan, chair of the board for Partner4Work; Allegheny County Executive Rich Fitzgerald; Suzanne K. Mellon, PhD; and Jerry Oleksiak, Pennsylvania Secretary of Labor and Industry.

## NEW! MA IN STUDENT AFFAIRS AND MS IN PROFESSIONAL COUNSELING

This 63-credit dual degree program prepares students to pursue licensure and work in a college counseling center, other areas of student affairs, and opportunities in professional counseling. Students complete one semester of practicum and two semesters of internship. Learn more at [www.carlow.edu/MAStudentAffairs](http://www.carlow.edu/MAStudentAffairs).

## ► CARLOW UNIVERSITY GIVEN TWO GRANTS FOR NURSING BEHAVIORAL HEALTH EDUCATION

Carlow University has received two grants totaling \$130,000 that will be used to develop and implement behavioral health experiential activities for its graduate and undergraduate nursing programs.

In today's healthcare system, the mental health needs of patients are often not well addressed by medical providers. Carlow University will use these grants to enhance the preparation of nurses to meet the behavioral health needs of their patients.

"Rather than offer a separate behavioral health class in isolation, Carlow decided that a more holistic approach would be to offer integrated content throughout the undergraduate and graduate nursing programs," said Lynn George, PhD, RN, CNE, dean of the College of Health and Wellness at Carlow.

The grants—\$100,000 from the Jewish Healthcare Foundation and \$30,000 from the Fine Foundation—will be used to provide a blend of classroom education, simulated interviews with patients and case studies to prepare Carlow family nurse practitioner (FNP) graduate students and pre-licensure bachelor's of science in nursing students to effectively care for patients with behavioral health challenges. The Fine Foundation grant is specifically targeted toward the FNP program and will focus on women's health.

"These grants will be used to create sustainable educational models that will prepare graduates with the necessary knowledge and skills to address the workforce shortage," George said. "They will be used to strengthen the expertise of nurses and nurse practitioners to care for teens, young adults and adults with behavioral healthcare needs."

# SHINING A LIGHT INTO THE DARK WEB

► **Carlow University and NCFTA partnership will teach students to analyze and investigate Dark Web threats.** BY ANDREW WILSON

**THE DARK WEB** is a corner of the Internet not easily found. Traditional search engines like Google and Yahoo won't take you there, and if you do venture into it, then you better know what you're doing.

"The Dark Web is the common name for websites hosting many types of illicit activities, such as selling stolen personally identifiable information (PII), drug trafficking, human trafficking and child pornography," said Steve Mancini, chief technology officer and director of strategic operations at the National Cyber-Forensics & Training Alliance (NCFTA) and an adjunct professor at Carlow University. "Offenders use online aliases and shield their internet protocol (IP) address so they are difficult for law enforcement to track."

The FBI states in its 2017 Internet Crime Report that the total victim losses exceed \$1.4 billion. In Pennsylvania alone, there were 11,000 victims, many over the age of 60.

Carlow University and NCFTA have formed a partnership to shine a light on both the Clear and Dark Web with a nine-credit graduate certificate program providing graduate-level training and credits in the techniques and tools needed to investigate, respond to and stop crime and cyber-enabled crime.

"Carlow's program leverages the expertise of professionals in accounting, finance, business and law enforcement who daily are working with government and the private sector to disrupt criminal activity and prevent cyber attacks that steal personal information," said Mary Onufer, MS, an assistant professor who teaches undergraduate business management and also at the graduate level for the Fraud and Forensics program.

Through the partnership with NCFTA, Carlow's courses cover training for topics such as understanding cyber threats, identifying threat actors and conducting online investigations.

"There are special techniques involved in investigating the Dark Web," Onufer said. "There is a very focused skill set involved. It's not as simple as logging onto the Dark Web and searching for crime and criminals."

There are three online courses in the certificate in Cyber-Threat Research and Analytics which can be completed in 14 weeks. The program concludes with a two-day residency at the NCFTA office in Pittsburgh, where students work alongside government and industry professionals in a hands-on experience in profiling and investigating cyber-enabled crime.

For more information about the certificate in Cyber-Threat Research and Analytics, please visit [www.carlow.edu/cyberthreatresearch](http://www.carlow.edu/cyberthreatresearch). ■







**TOGETHER,  
WE CAN DO THIS.**

## COLLEGE OF PROFESSIONAL STUDIES: MEETING EDUCATIONAL DEMANDS OF THE KNOWLEDGE ECONOMY

Carlow University's College of Professional Studies is changing the way education is delivered to adult learners—at both the undergraduate and graduate levels.

The College of Professional Studies was launched in June with the following strategic objectives: increase adult and graduate enrollment; maximize the adult learner experience; deliver new interdisciplinary programs; and provide support for regional corporations in their workforce development efforts.

"Western Pennsylvania's workforce needs are changing," said Jim Ice, EdD, Dean of the College of Professional Studies. "To compete in today's rapidly changing knowledge economy requires a commitment to continual learning. By 2020, 11.6 million jobs will require some form of a post-secondary credential. As companies automate and redesign work, they must continually evaluate and enhance their workforce capabilities.

Forty-three percent of this region's higher education student population are adult learners seeking to enhance their knowledge and skills to meet today's workforce demands, according to Ice.

"Carlow understands the special challenges of the adult learner and is prepared to offer customizable educational programming at all levels

that will fit their schedule and help them make their unique mark on the world," Ice said.

To accomplish this, Carlow's College of Professional Studies is making its processes adult-friendly—from recruitment and admission, through course delivery to graduation and beyond. Carlow offers flexible, custom educational programs tailored to the specific needs of students or companies, which can be delivered on campus, in the workplace or online.

Ice said educators need to be responsive to the evolving needs of the rapidly changing economy and partner with companies to deliver innovative, educational solutions for the good of the region and its workforce.

"Carlow University wants to partner with companies to help them build and maintain the knowledge base and skills needed to succeed in an increasingly competitive world," Ice said. Our flexibility, educational design and delivery capabilities allow us to provide innovative, often custom, solutions to the corporate partner.

Carlow's Hub for Workforce Development and Innovation, for example, has unique capabilities to develop and deliver online technology-enriched programs designed to meet the unique demands

of a company's workforce. The Hub has created online professional leadership and targeted upskilling programs available to regional organizations to assist in workforce development.

According to Ice, as the region's first institution to deliver competency-based credit programs, Carlow can develop programs that measure skill acquisition and application through competency-based programs, which allow students to demonstrate that they have gained—either through work experience or classroom experience—the skills needed to predict future success. Expanded certificate, continuing education and "stackable" degree completion programs are also a priority for the new college.

"We need to ensure that our students are prepared to adapt to future shifts in the workforce—to prepare for jobs that do not exist today," Ice said. "That can be a challenge, but Carlow believes it can provide the signature education that supports the needs of the student, the employer and our region: Together, we can do this!"

To see where you might fit into the College for Professional Studies, visit [www.carlow.edu/CollegeofProfessionalStudies](http://www.carlow.edu/CollegeofProfessionalStudies) or contact Dr. Jim Ice at [jwice@carlow.edu](mailto:jwice@carlow.edu) or 412.578.6557.



# The 175th Anniversary of the Seven Sisters' Journey from Ireland



BY ANN LYON RITCHIE

**ON NOV. 4, 1843**, seven missionaries left a tearful crowd gathered at Mercy Convent in Carlow, Ireland. They set their sights on Pittsburgh, Pa., to stake the first foothold of the Sisters of Mercy in the United States and the future site of Carlow University.

Like the work of their founder, Catherine McAuley, the gutsy sisters would help expand the global reach of the Sisters of Mercy and build upon their mission.

This fall, Carlow University's Sheila Carney, RSM, went to Mercy Convent with something different. She carried copies of diplomas for the seven sisters' living relatives and the convent.

At Carlow's Academic Convocation in August, Suzanne K. Mellon, PhD, president of Carlow University, bestowed the women with posthumous honorary doctoral degrees. The names of Josephine Cullen, Veronica McDarby, Agatha O'Brien, Philomena Reid, Aloysia Strange, Elizabeth Strange and Frances Warde were read in recognition of their impact and in honor of the 175th anniversary of their travels.

"The seven Sisters of Mercy are the true exemplars of the university," Mellon said. "Having left home and country and traveled to Pittsburgh, they turned their attention and compassion to the needs of the poor and disenfranchised, transforming lives through education, healthcare, social services and countless other ministries across the country. Carlow University's values of mercy, hospitality, service, discovery and the sacredness of creation are rooted in their lives and witness."

Mercy heritage is still alive on campus today. Sister Sheila, who is the special assistant to the president, channels opportunities for students, faculty and staff through the Center for Mercy Heritage and Service, where events such as Founder's Day and Mercy Service Day are coordinated.

Carlow Mercy Leaders is a student organization involving community service and discussion on the historical, spiritual and critical concerns of the Sisters of Mercy. For

faculty and staff, the McDarby Institute offers a year of deep learning about Carlow's heritage, history and core values.

The Center for Mercy Heritage and Service plans pilgrimages every other summer for members and alumni of these two organizations.

Regular exchanges between the convent and the university have formed a kinship. As a result, Carlow, Ireland, also planned festivities to recognize the 175th anniversary of the sisters' journey.

Sister Sheila joined Carlow County Council, St. Leo's College and the Mercy Convent for a ceremony on Nov. 4, where Denis Nulty, the bishop of Kildare and Leighlin, unveiled a commemorative plaque placed near the convent's gate.

The plaque lists the sisters' names and reads, "... set out from this convent on November 4th 1843 and from their first foundation in Pittsburgh, Pennsylvania established convents, schools and hospitals across the USA. Their liberal arts college founded in 1929 became Carlow University in 2004."

"We hope to remember them here in Carlow as fondly as they are remembered [at] Carlow University [in] Pittsburgh every year on Founder's Day," said Dermot Mulligan of Carlow County Museum.

A local musician performed a historical ballad. Local students exhibited projects about history, international cultures and the lives of the seven sisters, including a play performed by students about the journey.

"The people in Carlow have developed close ties with our university. It's that relationship that they are honoring," Sister Sheila said.

Carlow University will continue to recognize the anniversary throughout the year, including The University Hour's film screening about the journey Dec. 4 in the Gailliot Center. ■





Frank Ammer, PhD teaches his students about the digestive system of owls.

# BIOLOGY'S BODY SHOP MAKEOVER:

New Department Head, Frank Ammer, PhD, Talks about Growth and Change

BY ANN LYON RITCHIE

The Biology Department has two new areas of study: the BS to MS in cardiovascular perfusion degree and the intraoperative neuromonitoring program. Both areas tout highly attractive job prospects and will prepare graduates to hit the ground running in the workplace. Perfusionists monitor the heart and circulatory system of a patient undergoing surgery, while surgical neurophysiologists monitor the nervous system during brain and spinal cord operations.

Frank Ammer, PhD '97 launched the new programs in 2017, the first year he headed up the Biology Department at Carlow. His work is quite different from 25 years ago, when getting "under the hood" of a patient was a literal statement for Ammer, who worked as a body shop mechanic for a local automotive dealership.

"I woke up one day and said to myself, 'I don't want to do that anymore'," Ammer said.

A U.S. Army veteran and an adult learner, Ammer jumpstarted a career change at age 30 by studying biology at the Community College of Allegheny County. Next, in a search for a four-year

school, he applied and was accepted to multiple universities, but chose Carlow and earned his bachelor's degree in 1997.

"I liked the small class size and the interaction with faculty. I liked that I was not just a number, but I had a name at Carlow," he said.

He then received his MS in Biology from Clarion University. He kept in touch with his mentor at Carlow, former department head Michael Capp, PhD. Capp served on Ammer's dissertation committee and was an assigning member of his PhD at West Virginia University. In 2003, Ammer began teaching wildlife biology at Frostburg State University.

Ammer was approaching his 15th anniversary teaching at Frostburg when Capp gave him a call letting him know he was leaving his position.

"Carlow is the only university for which I would have left my past position. I was not actively looking for a job, but Dr. Capp encouraged me to apply," Ammer said.

He admitted it felt like he never left, having maintained his Carlow relationship since 1997.

"I relocated geographically, but I remained engaged," he said.

From the start, Ammer was charged with growing the department, and he did.

Biology is the second-largest Carlow major after nursing. In the fall of 2018, biology attracted more majors than nursing for the first time, with 76 new students. The department added a new faculty member and is interviewing for two more.

It seems the Biology Department will benefit from Ammer's leadership.

"One thing we do very well here at Carlow: We care about our students. We're willing to work with them, and we're willing to help them succeed in their majors," he said.

Setting goals and setting his mind to them are two of Ammer's strengths. The Biology Department that mentored a car mechanic and changed his life decades ago will guide the next biology majors toward a bright future. ■



# APPLYING A LOVE OF SCIENCE IN HER WORK

BY ANDREW WILSON

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**FOR AS LONG AS SHE CAN RECALL, KRISTINA MATVEY '17 HAS BEEN INTERESTED IN SCIENCE, BUT HOW SHE PLANNED TO APPLY THAT INTEREST HAS CHANGED.**

"There was a time when I thought I wanted to be a pharmacist, but I changed my mind," she recalls. "I always found other interests that sparked me to follow science."

She came to Carlow as a transfer student intent on majoring in biology and following the autopsy certification track. She soon added chemistry as a second major and broadened her interests.

"The chemistry faculty make you think outside the box to find what you want to do," she said.

Thinking outside the box meant applying for a chemistry internship with Naval Nuclear Laboratory, a division of Bechtel BPML.

"I told everyone that I wasn't going to get this internship, but I did," Matvey said. "Carlow prepares you for the workforce. I didn't realize how much of my degree I would use (during her internship). It was all physical chemistry as well as a little bit of biology."

The summer internship led to a job offer with Naval Nuclear Laboratory. She now works as a compliance engineer at its Bettis Laboratory in West Mifflin, Pa., ensuring that the safety standards are followed.

"I work with technicians and other engineers who handle hazardous materials to ensure that both procedures and safety protocols are followed," said Matvey, adding that most of her work involves chemistry, but she has to apply

biology as well. "The biology is used to understand the effects that radiation has on the body and the environment."

Naval Nuclear Laboratories fulfills contracts for the United States Department of Defense, as well as other government agencies. The work often results in construction of nuclear submarines and aircraft carriers. Matvey witnessed firsthand a finished product of the company's work on St. Patrick's Day when the U.S.S. Colorado, a nuclear sub, was formally commissioned in Groton, Conn.

"Not a lot of females choose to work in the nuclear sector, but it's really cool," she said, adding that she is comfortable being in the minority. "I like to prove everyone wrong."

Matvey said she is grateful to a woman in her division for taking her under her wing and mentoring her.

"At first, I wasn't sure how to approach people, but she told me to be sure to take my seat at the table and speak up, because you never know who might be watching," she said.

One of the people who is always watching her is the woman to whom Matvey gives the most credit for her interest in science: her mother, Deborah, who earned her master's of science in nursing. They walked at Commencement together.

"She sparked my interest in science since the time I was in elementary school," Matvey said. "She encouraged me to go for it. You don't know what opportunities might be out there until you try." ■



A portrait of Mark Weir, a man with a shaved head and a light beard, smiling. He is wearing a light blue dress shirt, a red and blue striped bow tie, and a light-colored vest. The background is a blurred outdoor setting with trees and a building.

## STAFF SPOTLIGHT MARK WEIR

Assistant Director of  
Equity and Inclusion,  
Human Resources Office

BY JAMES FOREMAN

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**Safe space:** a designated place where people go to feel protected from offensive ideas and speech. Weir takes this idea further.

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Mark Weir knows exactly when he became aware of race. As the child of a multi-racial couple, he saw his mother's white parents proudly display photos of their white grandchildren on the kitchen refrigerator. Nine-year-old Mark noticed that photos of him and his two siblings weren't among them. He hunted everywhere and finally found them, hidden on a bookshelf in the last room of the house.

Ever since that moment, Mark has dedicated his life to saving people from that feeling, by reaching into hearts and minds and showing people that they already have the tools for feeling empathy toward those who may be viewed as different. But they might need a little help finding them.

"If you come from anger, your opinion is not going to be well received. You can't beat people over the head all the time," Mark says. "The best way to get people to change is to help them come up with their own ideas on how to take a different approach to things."

As the Assistant Director of Equity and Inclusion, Mark leads the university's diversity, equity and inclusion initiatives

and works closely with, as he says, "everyone." It was this opportunity to affect the whole population, from students to the highest administrative levels, that brought Mark to Carlow University, where he has also enrolled in the MBA program. He has an office, but he's hardly ever there. His duties take him all over campus, and one of his specialties is training.

If you are lucky enough to attend a Mark Weir training session, it's not much different from sitting with Mark Weir in his office. As a speaker he's naturally dynamic and animated, but he also has a degree in elementary and special education. He uses stories from his life to illustrate the points he makes. He's not afraid to show his vulnerability, and encourages that in others.

"This isn't just a safe space," he says, to a group of Carlow employees, faculty and students in one of his professional development workshops about microaggressions, seemingly insignificant behaviors or remarks that have the potential to further marginalize minority groups. "This is a brave space."

Mark later elaborated: "Language is important and may contribute to misconceptions of the goals involved in creating inclusive environments. In actuality, a safe space is never actually safe. The concept of a brave space encompasses all of what the sectors discussed in this work regard as safe spaces, but also clarifies that these environments are challenging and that students are expected to participate within them. Administrators, faculty and staff can replace the term "safe space," as it pertains to class-based dialogues, with brave space."

Mark makes brave spaces wherever he goes, whether it's in one of his classes or in a one-on-one interview. He's not afraid to be vulnerable, and he makes it safe to be vulnerable around him. Diversity and inclusion aren't just a matter of involving people from marginalized communities. It's also making them feel included.

That moment a nine-year-old boy didn't feel included in his own family is still alive in Mark, making sure an entire campus never makes someone feel unwelcome. ■









# ENTERING THE CHAOS OF IMMIGRATION

BY JAMES FOREMAN

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**Over the last few decades, the United States has opened its doors to 3 million refugees. The rate of intake has decreased in recent years, but the worldwide demand is high and shows few signs of abating. Refugees are a special kind of immigrant, and the United States has the highest population of immigrants of any country in the world. Statistically speaking, you might know an immigrant family or two.**

If you don't, you're not alone. While immigrants might be common in our country's population, we aren't all exposed to their lives or know their struggles. Jessica Friedrichs, assistant professor and director of the undergraduate social work program, seeks to change that by engaging students across all disciplines at Carlow with her service learning course titled Immigration in the United States.

"I wanted to reach beyond social work majors to help educate students what Carlow's values on this subject are," Friedrichs said. "Carlow's position on immigration is very clear."





Carlow University is a Mercy institution, but the definition of “mercy,” as it’s used by Carlow’s founding order, the Sisters of Mercy, is not a passive thing. As defined by James Keenan, S.J., “Mercy is the willingness to enter into the chaos of another.”

Friedrichs exemplifies this critical concern with direct engagement with immigrant and refugee populations and the social justice efforts being made to integrate immigrants and refugees into our society.

A good way to learn about the struggle of others is simply to talk to them. As part of this service learning course Friedrichs and her students visited the headquarters of Literacy Pittsburgh to meet people from all over the world learning English as a second—or third, or fourth—language. Carlow students and English students paired up just to have conversations. The Carlow students got to practice speaking to people with limited English proficiency, while the latter got to practice their English, all the while sharing stories about the refugee experience and their lives here and abroad.

That connection to the lives of actual refugees and immigrants continued with the Somali Bantu Community Association, which represents hundreds of Somali Bantu immigrants living in Pittsburgh. When she reached out to them for a tour of Carlow’s campus and some quality time with her students, “They said they didn’t want a standard tour that they got at other universities,” Friedrichs said. “They wanted to know what it was really like to be Muslim on campus, or to be black on campus, what it was like to be the first in their family to go to college. We had students who could relate to those experiences, and we put together a tour.” Panel discussions during the tour were illuminating for both Somali Bantu students and Carlow students, as they learned that their experiences are not so different.

This sense of camaraderie with immigrants continued with what Friedrichs called a “solidarity” project, also a part of the coursework. Her students took what they had learned and brought it back to their home communities or wherever they spent their spring breaks. They were free to decide for themselves what this meant. For some, a book report



on an immigrant-related subject was enough. For others, like Chandler Stockwell and Katie Baum, it was a little more involved. They drove from Pittsburgh to Michigan and back again as their normal college commute at the beginning and end of semesters, but this time with a twist: They stopped at immigrant-owned restaurants and stores along the way and left favorable reviews about the establishments on websites like Yelp. It seems like a small investment—a 5-star rating and some nice words on an app—but the benefit to a small business is enormous. Some students kept “microaggression journals” using the class’s social justice focus as a way to measure the tiny, almost imperceptible ways in which those around them talked about people from disadvantaged communities.

A major part of the course involved an awareness-raising project, for which the class was divided into groups. One group set up a table in the University Commons, an area of high traffic perfect for spreading the message of the immigrant experience. Another group made buttons with messages such as “Immigrants Make America Great,” “Different Does Not Mean Dangerous” and “Proud to Protect Refugees” and handed them out at Undergraduate Scholarship Day in A.J. Palumbo Hall of Science and Technology.

Friedrichs enabled her students to enter into the chaos of others, and they emerged with greater understanding.

Student Jessica Strochs reflected on her participation in the class: “At the beginning of the year I dreaded this whole experience. I wasn’t comfortable having a discussion about immigrants and refugees. I wasn’t ready to discuss the political aspects that play a part in it as well. ... As the days passed on, it became more and more exciting. I attribute this to the fact that it pushed me out of my comfort zone, helped me become aware of my own beliefs and allowed me to grow as a person. I am thankful for the challenges this class presented and thankful I had the opportunity to learn and grow.”

Jessica Friedrichs will be offering this class again in spring 2019. ■

Opposite page: Buttons created and distributed by students with messages of support for immigrants and refugees.

Right: 1. Professor Jessica Friedrichs MSW, MPA.  
2. Shaelyn Cole '20 shares contact details with Isha, a member of the Somali Bantu youth who toured Carlow.  
3. Friedrichs with the leaders of the Somali Bantu contingent—Doudi, Omar, Yussef and Abdulahi.







# GIVING SELFLESSLY

CARLOW ALUM EMBODIES FINDING A PASSION, FOLLOWING A DREAM  
AND WORKING TO EFFECT POSITIVE CHANGE IN THE WORLD

— BY ELIZABETH FAZZINI —

Suzanne K. Mellon, PhD with  
Michele Rehfeld Atkins '82  
and Patrick Atkins



Over the course of their respective careers in the corporate and nonprofit worlds, **Patrick and Michele Rehfeld Atkins '82** readily acknowledge they've experienced the best and worst of ethical decisions in the marketplace.

And they've not only done something to address the worst of them, they've given abundantly to many organizations in the region that make a positive and lasting impact on the lives of others—including Carlow University.

"It is this commitment to the next generation, and to passing on a legacy of ethics and corporate responsibility to a greater good, that separate Pat and Michele from people who are intent on simply doing 'business as usual,'" said Suzanne K. Mellon, PhD, president of Carlow University.

Feeling a need to increase public discourse about the role of ethics in business and society, the Atkins founded The Atkins Endowed Center for Ethics at Carlow University in 2017 through a generous \$1.5 million grant. The center serves as a resource in the study and applications of ethics in the region in the hopes that Carlow may become a national leader in conversations surrounding the ethical issues of our day.

To date, the Atkins have contributed more than \$1.7 million toward Carlow University's mission and the enhancement of its programs.



The couple was honored at Carlow University's annual Legacy Reception Oct. 11 at Mansions on Fifth and awarded the inaugural David and Barbara Capozzi Kirr '60 Leadership in Philanthropy Award, named in honor of the Kirrs' transformational, philanthropic leadership at the university.

The award honors benefactors of Carlow University who bestow their time, goodwill, assets and energy to achieve ambitious financial goals in advancement of Carlow's mission.

The reception was also an opportunity for Carlow's endowments' benefactors to meet face-to-face with dozens of Carlow students who are recipients of academic scholarships made possible through these endowments—scholarships that offer endless possibilities to students in building a better tomorrow for themselves, their families and the community.

Patrick, who holds a PhD in environmental engineering, retired from Alcoa in 2007. Michele attended Carlow as an adult student, graduating in 1982 with a bachelor's degree in sociology. She went on to serve in several positions in nonprofit management, including the Make-A-Wish Foundation, and served on the Carlow Board of Trustees for 10 years. She subsequently was elected as a Trustee Emerita for exceptional commitment to her alma mater.

▼ Benefactor, Robert Lee; scholarship recipient, Olivia Kron; benefactor, Kathleen McClain Lee '55; and scholarship recipient, Yousef Mohammad

"Carlow taught me many things," Michele said. "The most valuable lesson was gleaned by watching the ethical values of the Mercy nuns who founded this university."

Lauding them as "feisty, smart, dedicated and very caring women," Michele said they thought about the things that were most needed by the people in the community and identified ways to do something about it.

Patrick said that when he and Michele think about organizations to which they will contribute, they look for creativity, smart people, dedication, enthusiasm and leadership.

"We're very pleased to be able to support an organization like Carlow," Patrick said. "Carlow is making a difference. It's making more and more of a difference every year."

Michele upheld the students in attendance as "the future of philanthropy"—and she accepted the award with the hope that each of them would find their passion and a vision for a better world, and share their resources to effect positive change in the world.

*Carlow University extends a special thank-you to Fort Pitt Capital for its sponsorship of the Legacy Reception. ■*

▼ Benefactor, Peggy Urzúa '62 and scholarship recipient, Sarah Hanson



## CONSIDER GIVING

Nearly 15 years ago, Barbara Capozzi Kirr '60 and her husband, David, created a unique way to grow Carlow University's endowment. Most recently, they've proposed two new challenges.

Capozzi Kirr Challenges to grow Carlow University's endowment\*:

- ✦ The Kirrs will add \$5,000 to every \$20,000 given toward the establishment of a new named endowment.
- ✦ NEW: The Kirrs will add \$1,000 to every \$5,000 given toward an existing endowment.
- ✦ NEW: The Kirrs will add \$2,500 to every \$10,000 given toward an existing endowment.

*\*Includes a gift given by an individual, group of individuals or organization.*

To make a gift, visit [www.carlow.edu/give](http://www.carlow.edu/give) or contact Carlow University's Office of Advancement at 412.578.6120 or [giving@carlow.edu](mailto:giving@carlow.edu).





*F.E. McGillick Foundation trustee  
Thomas X. Corbett with McGillick scholars.*

## CARLOW AND THE F.E. MCGILICK FOUNDATION: SUSTAINING A 30-YEAR PARTNERSHIP FOR NEED-BASED SCHOLARSHIPS

By Ann Lyon Ritchie

**The story of the McGillick Scholarships at Carlow University** is a tale of honor and smart thinking. Back in 1998, five trustees wanted to ensure a fund established in 1937 would long continue to award scholarships according to the wishes of the benefactor, late Pittsburgh real estate investor Francis Edward McGillick.

The five trustees—Robert D. Barozzini, W. Timothy Barry, Matthew P. Collins, Thomas J. McCaffrey and Thomas French-Corbett—visited colleges and conducted interviews with college leaders. They wanted to solve the challenge of how to qualify scholarship recipients year after year. The trustees wanted to establish a review process and a university partnership that was both sustainable and true to the fund's mission.

"Mr. McGillick valued education, above all else, as the best path out of poverty. Motivated by his Catholic faith, he established the F.E. McGillick Foundation to provide educational opportunities by granting scholarships to young men and women of the Roman Catholic faith, without regard to color or nationality, but only to applicants who exhibit undoubted talent, are of good moral standing and who for want of means would be prevented from pursuing the desired course of instruction," Barozzini said.

After a meeting with then-Carlow President Sister Grace Ann Geibel and the Office of University Advancement's Anita Dacal '69, the trustees selected Carlow

for an eight-year agreement to distribute need-based scholarships for up to 40 students each year.

"We were impressed by Carlow as being knowledgeable, compassionate, willing to work with us and having a great system for qualifying McGillick scholars," Barozzini said.

In 2007, the trustees arranged for Carlow to award the scholarships indefinitely.

Thomas X. Corbett, the great-grandson of McGillick, has since joined the small group of trustees.

"Donating to Carlow is meaningful because we see firsthand the impact these partial scholarships have for the recipients, gaining opportunities to meet with the students and see their growth," Corbett said. "Also, the university and the Sisters of Mercy are like family to many on our board."

Corbett's great-aunt was a past president at Mount Mercy College and a Sister of Mercy. Fellow trustee McCaffrey attended grade school at Carlow, and his aunt was a Sister of Mercy.

"The students' appreciation for the help is always felt by our board, and Carlow instills the values my great grandfather was looking to help foster," Corbett said.

The McGillick Scholarships are awards of up to \$2,500 per year for a maximum

of four years at Carlow. To be eligible, students must be of the Roman Catholic faith, remain in good academic standing, be between the ages of 16 and 50 and reside in Pennsylvania.

Carlow has awarded more than \$2.2 million in McGillick Scholarships since 1998, including \$106,250 during the 2017-2018 academic year alone. Patricia Beaumont, director of corporate and foundation relations in University Advancement, helps administer the funds.

"The McGillick Foundation has given so much to Carlow University, for which we are deeply grateful. Its impact on our student scholars is recognized campus-wide and goes beyond Carlow. The trustees are a great group of gentlemen, and it is my pleasure to work with them," Beaumont said.

Barozzini added, "We've been very satisfied and very happy with Carlow. In addition to a very detailed report Carlow sends every year, the trustees also receive many letters from the McGillick scholars thanking us for the help."

**Hundreds of recipients of the McGillick Scholarship join Carlow in celebrating the 30-year anniversary of the partnership with the F.E. McGillick Foundation. The McGillick Scholarship and its trustees are living and sustained proof that working for the greater good can truly make a meaningful difference. ■**





Carlow Fund gifts provide essential support to our students, making their educational goals and dreams a reality. Your gift makes a critical difference in helping Carlow enroll and retain students for whom financial barriers can be a roadblock on their pathway to great success.

**Make a difference in a student's life.  
GIVE TODAY AT  
[CARLOW.EDU/GIVE](https://carlow.edu/give)**





# Mercy SERVICE DAY 2018

On Sept. 21, hundreds of Carlow University students put down their books and laptops and picked up a paintbrush, scrub bucket or broom to assist 18 nonprofit organizations throughout Allegheny County as part of the university's annual Mercy Service Day.

The students painted kettles at the Salvation Army, pulled weeds at Our Clubhouse and sorted and packed medical supplies at Global Links, to name just a few sites where they volunteered.

Students were there to lend a hand and help the organizations accomplish some work that they can't do during the normal course of their workweek.

Mercy Service Day has been an annual activity at Carlow University for 14 years. It is held during the third week of September to honor Carlow's founding by the Sisters of Mercy in 1929. For the past several years, it has been an integral part of Mercy Founders Fortnight, Carlow's two-week celebration of its heritage. ■



Photo by Marty McGough, Campos Inc.

Students wait for the bus downtown to go to Light of Life Mission on the North Side.



Sorting clothes in the clothing bank at Light of Life.



Students set up chairs for an event at Our Clubhouse.





# RETURNING TO THE ROOTS OF THE CIVIL RIGHTS MOVEMENT

By Ann Lyon Ritchie

**FEW PEOPLE SHAKE HANDS WITH A HISTORICAL FIGURE**, but that is exactly how social work major Brigid Stuart '21 felt on Carlow University's Returning to the Roots of the Civil Rights Movement Tour last summer.

More than a history lesson, the nine-day tour covers thousands of miles by bus through Alabama, Georgia, North Carolina and Tennessee under the guidance of Communication Department Chair Linda Schifino, PhD, who designed a course on the American civil rights movement and began taking students on the tour in 2010.

Afterwards, participants better understand the sacrifice and concentrated efforts of many, united individuals who struggled for social justice.

"People, real people like you and me, were able to make a change so great and so necessary. They banded together and made a difference. They risked their lives to do so," Stuart said in a YouTube video she helped create. (Watch the video at <https://youtu.be/nwTy-wpsTmM>.)

Michelle Fisher '18, a criminology major from North Braddock, was also among the students on the 2018 tour.

"One of the main reasons I chose to participate in the Returning to the Roots of the Civil Rights Movement Tour was to learn more about my history. I knew what I was taught in school was only a small part of the movement," Fisher said.

Students visited the sacred ground of monumental events, such as the Edmund Pettus Bridge in Selma, Ala., and explored the museums that honor the movement, including the Rosa Parks Museum in Montgomery, Ala.

Places and people were part of the experience. Fisher treasured her face-to-face moments with a protest singer and member of the Freedom Singers, Rutha Mae Harris;

two Freedom Riders who worked to desegregate the public bus system, Kwame Lillard and Earnest "Rip" Patton Jr.; Joanne Bland, who co-founded the National Voting Rights Museum and marched from Selma to Montgomery at age 9; and Phyllis Brown, a younger sister of Minnijean Brown of the Little Rock Nine.

The tour impressed Fisher so much that, like Stuart, she was moved to share it with others. She spoke passionately about her experience as the student speaker at Carlow's Convocation in the fall.

"I learned more about the movement in nine days than I did throughout my entire life," Fisher said.

Not every student who wants to join the tour can participate. The cost of travel can be too much for college students to juggle with living and education expenses, but a special group of alumni wants to help.

Upon her recent death, Gloria Miket '68 left funds to seed a class endowment. Kimberley Hammer, Esq., vice president of University Advancement, worked with the Class of 1968 to select the tour as the focus of its giving.

The newly established Civil Rights Movement Tour Endowment will ensure all students with an interest can join the tour regardless of finances.

"Teaching the living history and legacy of these civil rights advocates fits perfectly with Carlow's Mercy values," Hammer said.

Members of the Class of 1968, many of whom participated in civil rights advocacy in the past, now have the opportunity to pass on its importance to students. Alumni from any class are welcome to contribute to the endowment. The gifts will impart a lasting impression about the pursuit for a just and merciful world. ■

*If you would like to make a contribution to support the Civil Rights Movement Tour Endowment, please call Kimberley Hammer at 412.578.6294 or email her at [kahammer@carlow.edu](mailto:kahammer@carlow.edu).*

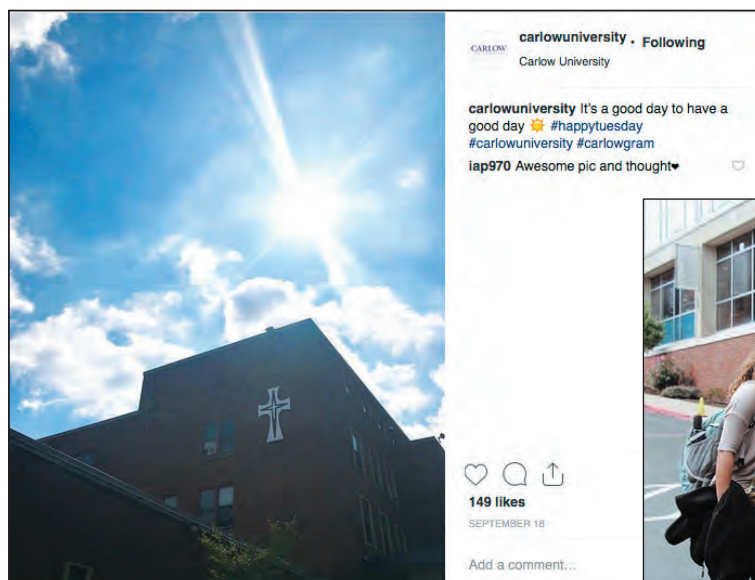
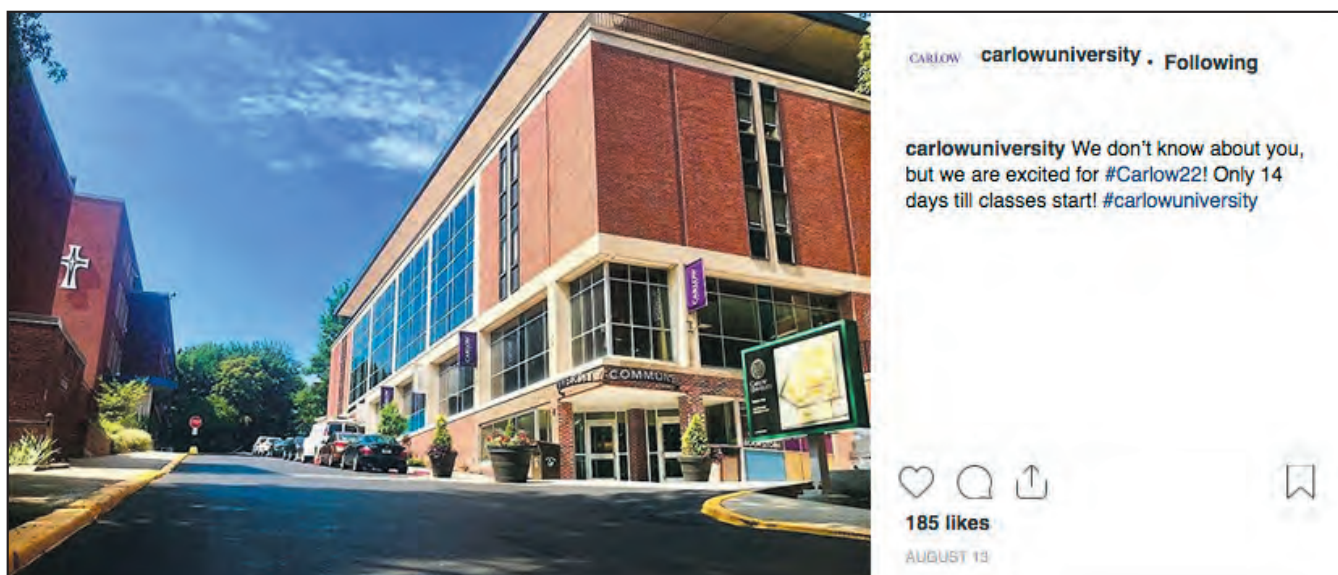
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**Back row:** *Gregorie Paluku, Nabin Kadariya, Pabeli Diafouka, Daniel Nicolaus, Wyatt Schueler, Adam Myers, Colt Zappa, Zach Straub, Brandon Biss, Matt Cannon, Cole Waszil* **Front row:** *Launthar Eh, Dustin Yuhas, Dinesh Nepal, Franck Kada, Mario Balestreri, Tim Kuehn, Zach Wagner, Janvier Ramson, Matthew Kirkwood*

# SOCCER SEASON IN REVIEW

The Carlow University men's and women's soccer teams have finished up another exciting season. Carlow is part of the National Association of Intercollegiate Athletics (NAIA) and is a member of the River States Conference. The Celtics are also affiliated with the United States Collegiate Athletic Association (USCAA).

**BY KARINA GRAZIANI**





**Back row:** Madison Amaro, Rachel Flory, Gabbie Plumer, Emily Emge, Michaela Pry, Alexa Schwab, Rachel Toogood **Middle row:** Kelsie Balsam, Maggie Schwartz, Allison McLaughlin, Katlyn Kennedy, Paige Schindehette, Lauren Forte, Ashley Howard, Kristina Wallace, Franki Berarducci, Malak Shuman **Front row:** Karina Wallace, Abigail Marinucci, Gabby Adams, Jessica Horgan, Allison Lohr, Riley Walsh, Lauren Womer, Lexie Houk



The Carlow University men's soccer team (4-13, 1-8 RSC, 2-3 USCAA) completed its third season of competition. The Celtics faced tough competition early on against NAIA nationally ranked teams, including No. 3 University of Rio Grande (Ohio) and West Virginia University Institute of Technology.

During its inaugural season in 2016, the Celtics were 5-9 overall with a 1-7 record in the RSC and a 4-1 record in the USCAA. Head coach Marcus Pollidore—who began his career at Carlow leading the women's team—is once again at the helm for the men's team. Pollidore was actively involved in establishing the men's team.

After much success leading the women's team the past 10 years, Pollidore turned over the reins to head coach

Allen Duda this season. Pollidore was named the Kentucky Intercollegiate Athletic Conference (KIAC) Coach of the Year in 2012 after the women's team earned the regular season champions title and won the KIAC Championship.

Always a competitor in the RSC, the women's soccer team currently sits near the top of the conference standings.

The Celtics (8-7-1 overall, 6-2-1 RSC, 3-0 USCAA) faced No. 1-ranked Spring Arbor (Mich.) University and a tough Madonna (Mich.) University team early in the season, but the games only better prepared the team for RSC action. After going 0-4 in the beginning of the season, the women turned the season around to end with a winning record. At press time, the Celtics were the No. 3 seed in the RSC Women's Soccer Championship Tournament and set to face No. 6 seed Ohio Christian University. ■



2018

# HOMECOMING

*It's good to be home!*



1.



2.



3.

1. L-R: Kimberley Hammer, Esq., Vice President of University Advancement; Suzanne K. Mellon, PhD; Heidi Meier '77; Annette Condeluci '79 and David Condeluci.

2. L-R: Mary Duff '43 and Olivia Bennett '18.

3. The Class of 1968.





4.



5.



6.



7.

**HOMECOMING 2018**, September 21-23 marked the 50th reunion of the Class of 1968. Highlights of the weekend included a Pirates Game, Color Your Carlow painting party and dinner at the Heinz History Center. Alumni also worked on a service project to assemble hygiene supplies for homeless veterans.

4. Alumni paint the University Commons during Saturday's Color Your Carlow event.

5. Alumni board member, Stacey Payne '99 participates in a service project to fill hygienic "I Care Kits" to be distributed to homeless veterans.

6. L-R: Hannah Rich-Martinez and Mary Clydesdale '58.

7. L-R: Sydney Allenberg '13 and Joshua Allenberg '15 with Sister Sheila Carney.

# Alumni ACTIVITIES

For information on upcoming events,  
visit [alumni.carlow.edu](http://alumni.carlow.edu).

## NEWS

### 60s

**Eileen Reutzel Colianni '64**, mental health counselor and speaker, announces the opening of her coaching practice, Life Coach for Aging Well. Her practice offers consultations on the emotional and spiritual aspects of aging through individual sessions, workshops or retreats.

### 90s

**Christine Osman, DPT '95** was appointed Executive Vice President of Operations Northeast for PHOENIX Rehabilitation and Health Services, Inc. Osman will report to PHOENIX's Chief Operating Officer, David Angelo, PT, MPT and will be responsible for the development and implementation of strategic direction, best practices and business plan objectives for the Northeast territory.

**Dana Jenkins '97** began a new role as Executive Director of Reach of Washington County (Maryland) on May 29, 2018. Reach, a faith-based nonprofit, supports residents facing housing crises or having other urgent needs.

**Melissa Bundy Turkal, DNP '97** received a Doctor of Nursing Practice Degree from Robert Morris University. Her doctoral research, "The effect of a mindfulness based stress reduction intervention on the perceived stress and burnout of RN students completing a doctor of nursing practice degree," was published in the *Journal of Nursing Education and Practice*.

### 00s

**Tisha Gadson '13** earned a PhD in Community Engagement from Point Park University in May 2018.

**Kimberly Albert Jurich '03** retired in June 2018 from her position as South East General Sales Manager with the leading international architectural manufacturer Construction Specialties. She will devote her time to fully growing the business she began six years ago, Kimberly Kathleen Group. Her privately owned sales and marketing firm based out of Palm Beach, Fla. specializes in content writing, speaking and corporate training programs to help business owners, managers, nonprofits and employees foster success, growth and leadership development within their teams.

**Denise Schreiber '03** received the Silver Award from GWA: The Association for Garden Communicators for her column in *Pennsylvania Gardener* magazine, Ask the Expert. This is the second time she has been awarded the honor for the column. She is also co-chair of the association's Outreach Committee and



**Legacy Reception.** Endowment donor of the Michele S. Fabrizi 1975 Endowed Women of Spirit® Scholarship, Michele S. Fabrizi '75 with scholarship recipients Molly Mitchell and Maia Williams.



**Legacy Reception.** L-R: Sibdas Ghosh, PhD and Jackie Dixon '11.



is employed as a freelance writer with Corona Tools of Corona, Calif.

**Rebecca A. Jones, MSML '08**

was named Senior Director of the Center for Student Success for Trident University International in August 2018.

**Amy Palatucci '08** was recently promoted to Interim Principal of Coronado High School in the Scottsdale Unified School District, Scottsdale, Ariz.

**Emily Starn, DNP, CRNP '09** has earned Family Nurse Practitioner and Mental Health Nurse Practitioner certifications and a Doctorate of Nursing Practice degree from Robert Morris University. She is currently working as a CRNP for Psych Med Associates, Inc. in New Castle, Pa.

## 10s

**Lacey Benton, '13, '16** recently passed the Certified Fraud Examiner (CFE) exam and has fulfilled the experience requirements to become licensed. She is a Detection and Investigation Analyst Lead for PNC. Benton says about Carlow's Master of Fraud and Forensics program: "The program helped me make the career change that I desired by setting me up with the necessary skills needed to thrive in white collar crime investigation. The program also provided me with the essential knowledge needed to obtain my CFE certification and further my career."

**David Debenham, MSC '13** recently received his Master's in Forensic Accounting from the University of Toronto. Debenham calls his time at Carlow University the most important educational experience of his life, and he remembers his peers and professors fondly. He continues his practice in Canada, his home and native land.

**Daniel Esterly, PsyD, MBA '13** is pursuing a PhD in Community Engagement (2020). He founded a consulting company in 2016 called Public Waves, LLC, is forming a nonprofit in addiction medicine and serves on the board of directors for two Pittsburgh nonprofit organizations, Glade Run Foundation and Ten Thousand Villages. He was named by PopularHispanics.com as one of the Top 10 Hispanic American Leaders Under 30 Who Inspire & Innovate and was featured in an August 2018 article by *Hispanic Network Magazine*.

**Ashley Blair '14** began a full-time kindergarten teaching position at Propel Schools' Hazelwood, Pa. location in October 2017.

**Joshua Allenberg, JD '15** graduated from Duquesne University School of Law in May 2018.

**Deirdra DiVittis '17** started a new position as a Client Service Specialist at Rea & Associates, CPAs and Business Consultants, on June 4, 2018.

**Jeimy Ibarra '18** was selected as a recipient of the 30 Under 30 Award for 2018 by the *Pittsburgh Business Times* and Leadership Pittsburgh.

## BIRTHS

**Abigail Schwartz Hodnick, DPT '06** and her husband, Nicolas, welcomed their second child, Zoe Grace Hodnick, on April 10, 2018.

## MARRIAGES

### 10s

**Jesse Kisner '14 and Justin Armstrong '12** were married on Aug. 5, 2017.

**Stacey Trbovich, MSN '16** married Nicolas Holland, Aug. 18, 2018.

**Kathleen Margaret Stewart, BSN, RN '16 and Cory James Hanlon, BSN, CEN, RN '17** were married on Aug. 11, 2018.

## IN MEMORIAM

### 40s

**Mary Jane Menk Ellis '42**, Aug. 18, 2018.

**Mary Isabelle Langdon Duff '43**, Oct. 5, 2018.

**Virginia Span Kelly '46**, June 18, 2016.

**Gertrude Burek Mellett '47**, July 29, 2018.

### 50s

**Eileen Rosneck Hauris '51**, June 20, 2018.

**Catherine "Sally" Wright Smith '53**, May 4, 2018.

**Laura Sigmund Kindlin '55**, June 8, 2018.

**Sister Gertrude Melissa, RSM '57**, Aug. 9, 2018.

**Sister Ignatius Rooney, RSM '58**, June 22, 2018.

### 60s

**Eileen Dolan Protin '61**, July 5, 2018.

**Mary Jane Polinsky Treichel, PhD '62**, Aug. 20, 2017.

**Isabel Aiello Sestrich '63**, May 30, 2018.

**Margaret Halterlein '64**, Aug. 2018.

**Ester Perrier Seguiti '65**, June 26, 2018.

**Mary Mahoney Reed, PhD '66,**  
June 15, 2018.

**Sister Jean Marie Cihota, OSBM '68,**  
May 18, 2017.

**Sister Grace Marie Herrle, CSJ '68,**  
July 20, 2018.

**Doris Atmanchik Sobehart '68,**  
May 29, 2018.

## 70s

**Sister Rita Washington, SFCC '70,**  
Aug. 13, 2018.

**Debra Krausa '79,** May 4, 2018.

## 80s

**Marilyn Anderson Connelly '85,**  
July 18, 2018.

**Hilda V. Blade '88,**  
Nov. 2, 2017.

## 00s

**Regina E. Calloway-Jones '08,**  
July 25, 2018.

## 10s

**Jennifer Geisler DeJulio '12, '15,**  
July 24, 2018.

## FRIENDS

**Carole Jayne (CJ) Coleman,** poet and member of Carlow University's Madwomen in the Attic program, May 23, 2018.

**Catherine G. Murray,** Retired Master Sergeant, US Marine Corps, member of the Mercy Associates, Dec. 20, 2017 at age 100.

**Sister Michele Van Voorst, LB,** member of the Ladies of Bethany, July 13, 2018.

**Sharon McGinnis Young,** 1998 Woman of Spirit®, Sept. 10, 2018.

## SYMPATHY TO

### 50s

**Mary Jo Dunn Wuenschel '52** for the loss of her brother, James Edward Dunn, Jr., April 13, 2018.

### 60s

**Sheryl Coates '67** for the loss of her husband, Merlin Duane Steiner, Aug. 17, 2017.

**Janine Mutnansky Fiesta, JD '68** for the loss of her husband, Richard J. Fiesta, Oct. 13, 2017.

### 70s

**Denise M. Petras, DNP '79** for the loss of her mother, Matilda "Tillie" Frankovich, Aug. 14, 2017, and her husband, Harvey J. Petras, June 17, 2018.

### 80s

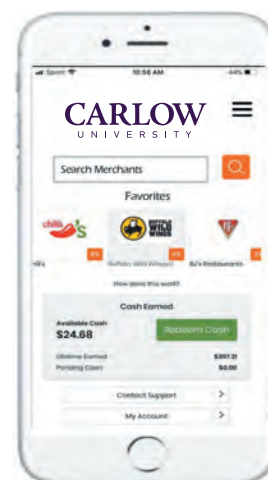
**Laura Kindlin Anderson '80** for the death of her mother, **Laura Sigmund Kindlin '55,** June 8, 2018.

### 00s

**Amanda Duff Rosencrance '09** for the loss of her grandmother, **Mary Isabelle Langdon Duff '43,** Oct. 5, 2018.

### 10s

**Robin Geisler Konieczka '13** for the loss of her sister, **Jennifer Geisler DeJulio '12, '15,** July 24, 2018.



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