Tips for an Attractive Traditional/Posed Photograph

1. Posture/Stance:
   As you accept your diploma from Dr. Mellon, stand erect at graduate-marked 'stage center-right' position.

2. Diploma Acceptance:
   To avoid 'glared reflection' from the metallic CARLOW emboss on your Diploma, grasp with your left hand (in lower-right corner) and tilt slightly upward to direct reflection out-of-image frame.

3. Cap Placement:
   To eliminate Forehead/Eye shadowing from the Hall's overhead lighting, attempt to place your Cap at a suitable 33-45 degree angle.

4. Facial Focus:
   Look directly into the centered camera with your face slightly turned towards Dr. Mellon, on your left.

5. Smile:
   This may require some 'mirror-practice'.
   If you are uncomfortable or want an alternative to your natural smile try this...
   Place the tip of your tongue to the uppermost rear inner ridge of your front teeth, then hold that position and smile. This procedure will help reduce: eye squint, wrinkling of face and frown lines, as it results in muscle constricting of the face.

6. Facial Cosmetics:
   To reduce lighting artifacts avoid high-gloss or metallic cosmetics. This applies most specifically to eye, lip and nail applications.

7. Feet:
   As Dr. Mellon naturally distributes the diploma with her left foot forward, attempt to naturally place your right foot forward to create a more balanced Image.

*Candid Imagery:
   If you are the subject of any candid imagery during the Commencement ceremony, try to not look directly into camera or in any way interrupt your natural ongoing activity. The photographer is trying to capture that moment as it naturally occurs.